

Summary of Policy Guidelines
For
Management of Physicians, Allied Health Professionals, Medical Students, Residents and Fellows with Accidental Exposure to Blood and Body Fluids or Other Infectious Conditions.

1. Initial post-exposure treatment will be offered by Employee Health Services to all Saint Luke's Hospital (SLH) staff physicians, medical students, residents, fellows and credentialed SLH allied health professionals (AHPs), who are not currently contracted with an outside agency.
2. The procedure will follow the established SLH Infection Prevention / Employee Health policies for blood borne pathogen exposures. This service will be offered M-F, 7:30 am to 4:00 pm. The SLH Emergency Room will provide initial post-exposure treatment after hours, weekends and holidays. All Emergency Room charges are the staff physician's / allied health professional's responsibility.
3. SLH Employee Health will offer initial treatment only to the exposed staff physician or AHP. The exposed individual's personal physician must provide all subsequent and follow-up care. For medical students, residents and fellows, all follow-up care will be provided by SLH Employee Health Services.

UMKC medical students, residents and fellows should direct any question regarding an exposure to:

UMKC Risk Management Office/Workers' Compensation

4747 Troost Avenue, #23

Kansas City, MO 64110

Office: 816-235-5357 or 816-235-5241

Fax: 816-235-6559

4. Initial treatment for blood borne pathogen exposures will consist of:
 - Appropriate care of the wound/mucous membrane.
 - Baseline testing of the exposed individual for HIV, Hepatitis B Surface Antibody and Hepatitis C.
 - Baseline testing of the source patient for HIV, Hepatitis B Surface Antigen and Hepatitis C.
 - Assessment for appropriateness of post-exposure prophylaxis (PEP) using the current CDC guidelines and in consultation with the Employee Health Medical Director.
 - Baseline laboratory prior to the initiation of PEP.
 - For UMKC residents, fellows and medical students: Three days of doses of any prescribed PEP medications. The cost of these medications will be at the expense of the hospital. Subsequent doses/prescriptions are to be submitted to UMKC Risk Management office. Contact information above.
 - Tetanus Diphtheria (or Tdap) immunization, if applicable.
 - First dose of Hepatitis B vaccine and/or HBIG, if applicable.
 - Exposed individual and source laboratory results will be provided to the exposed individual with appropriate follow-up recommendations. A follow-up report will be provided to the exposed individual's personal physician (or physician of their choice), if the exposed individual gives permission via a signed consent.
5. The Employee Health RN will provide all services. If treatment is deemed to be beyond the RN's capability and the individual is referred to another physician and/or the Emergency Room for treatment, this treatment will be at the expense of the staff physician or AHP.
6. The exposed individual will be required to report to the Employee Health Services to complete the required exposure incident report. This is required for OSHA reporting and is mandated by law.
7. All procedures for maintaining the source patient and exposed individual's confidentiality will be maintained.
8. For other contagious conditions, the Medical Director for SLH Employee Health Services will be contacted. Treatment will be provided in accordance with his/her orders.

This procedure is provided to Saint Luke's Hospital staff physicians, allied health professionals, medical students, residents and fellows as a service only. Saint Luke's hospital accepts no responsibility or liability for the incident that led to the individual's exposure.