

Summary of Policy Guidelines
For
Management of Physicians, Allied Health Professionals, Medical Students, Residents and Fellows with Accidental Exposure to Blood and Body Fluids or Other Infectious Conditions

1. Initial post-exposure treatment will be offered by Employee Health Services to all Saint Luke's Hospital (SLH) staff physicians, medical students, residents, fellows and credentialed SLH allied health professionals (AHPs), who are not currently contracted with an outside agency.
2. Initial post-exposure treatment for blood borne pathogen exposures will consist of:
 - Appropriate care of the wound/mucous membrane.
 - Baseline testing of the exposed individual for HIV, Hepatitis B Surface Antibody and Hepatitis C.
 - Baseline testing of the source patient for HIV, Hepatitis B Surface Antigen and Hepatitis C.
 - Assessment for appropriateness of post-exposure prophylaxis (PEP) using the current CDC guidelines and in consultation with the Employee Health Medical Director.
 - Baseline laboratory prior to the initiation of PEP.
 - For UMKC residents, fellows and medical students: Three days of doses of any prescribed PEP medications. The cost of these medications will be at the expense of the hospital. Subsequent doses/prescriptions are to be submitted to UMKC Risk Management office. Contact information below.
 - Tetanus Diphtheria (or Tdap) immunization, if applicable.
 - First dose of Hepatitis B vaccine and/or HBIG, if applicable.
 - Exposed individual and source laboratory results will be provided to the exposed individual with appropriate follow-up recommendations. A follow-up report will be provided to the exposed individual's personal physician (or physician of their choice), if the exposed individual gives permission via a signed consent.
3. The procedure will follow the established SLH Infection Prevention/Employee Health policies for blood borne pathogen exposures. This service will be offered by SLH Employee Health Services M-F, 7:30 am to 4:00 pm. The Nursing House Supervisor will provide initial post exposure treatment after hours, weekends, holidays and any additional times when Employee Health is not available; and will send the individual to the SLH Emergency Department for post-exposure prophylaxis and/or care, if necessary.
 - a. **For staff physicians and AHPs**, The Employee Health RN or the Nursing House Supervisor (when EHS is not available) will provide initial post exposure treatment only. If treatment is deemed to be beyond the RN's capability, and/or the individual is referred to another physician and/or the Emergency Department; the incurred charges will be the staff physician's/AHP's responsibility; and they should follow their employers' process for reporting an occupational exposure or injury. If subsequent and/or follow-up care is necessary, that care should be provided by their personal provider or their employer's occupational health provider.
 - b. **For residents and fellows**, all follow-up care will be provided by SLH Employee Health Services.

UMKC medical students, residents and fellows should direct any question regarding an exposure to:
UMKC Risk Management Office/Workers' Compensation
4747 Troost Avenue, #23
Kansas City, MO 64110
Office: 816-235-5357 or 816-235-5241
Fax: 816-235-6559

 - c. **For medical and other students**: Students should go to Employee Health when an exposure occurs. If the exposure is outside of normal business hours, the student should go to the Saint Luke's Emergency Department if the evaluation cannot wait until business hours (blood, body fluid, and some respiratory exposures should be evaluated immediately; other exposures such as TB could wait for normal business hours). If Emergency Department care for a student exposure is needed after hours, that care should be billed to the student's personal health insurance and they are accountable for the expense. Follow up should occur with the student's own health-care provider. Care may, in isolated situations, be covered for students of certain programs, pending the individual contract agreement; however the above process is standard.
4. The exposed individual will be required to report to the Employee Health Services to complete the required exposure incident report. This is required for OSHA reporting and is mandated by law.
5. All procedures for maintaining the source patient and exposed individual's confidentiality will be maintained.

6. For other contagious conditions, the Medical Director for SLHS Employee Health Services will be contacted. Treatment will be provided in accordance with his/her orders.

This procedure is provided to Saint Luke's Hospital staff physicians, allied health professionals, medical students, residents and fellows as a service only. Saint Luke's hospital accepts no responsibility or liability for the incident that led to the individual's exposure.

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