Competency-Based Goals and Objectives of the Career Advising Program

UMKC School of Medicine, Career Advising Services, Office of Student Affairs

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CAREER ADVISING COMPETENCY	REQUIRED SKILL	SPECIFIC LEARNING OBJECTIVES FOR REQUIRED SKILL	LEARNING OPPORTUNITIES	SKILL ASSESSMENT			
Mission: The Career Advising Office will help the medical student use their understanding of themselves to make appropriate selections of career paths and entry into the specialty/residency program that is best suited for them.	Successfully identify, select, and gain admission to a specialty residency that is an appropriate fit for the student	Recognition and successful completion of the 4 phases of selecting and gaining admission into a residency training program	Workshops and counseling (individual and group) sessions	Match into a specialty and program of choice Graduation Questionnaire (GQ) – career advising			
Goal 1. Develop awareness of the resources for career options/selection through the UMKCSOM Office of Career Advising and AAMC Careers in Medicine (CiM) program	Identify career advising resources at UMKCSOM Recognize the different phases of career determination	The Y1-3 medical student will be introduced to the Career Advising Staff/ Docent/ETC The Y3-5 medical student will be able to navigate the CiM website to learn about relevant phases and resources for the process of selecting a medical specialty	Welcome orientation to UMKCSOM MD Program Workshop on Careers in Medicine Review evolving MSPE document	Meeting with assigned mentor Successful (80% correct) completion of a work sheet			
Goal 2: Developing a professional identify (Professionalism and Interpersonal/Communication Skills)	Develop an understanding of professional self 1. Personality type 2. Personal values 3. Personal influences 4. Interests 5. Skills 6. Educational experiences 7. Environmental factors/Practice needs 8. Specialty-indecisiveness	The Y3-4 medical student will able to articulate a sense of self and how personal values influence career choices and professional interpersonal/communication skills by attaining the following objectives; - Y3 - Learn about personality types - Y3 - define their personal values - Y3/4 - explore role of personal influences - Y3/4 - identify interests that may influence choice - Y3 - recognize skills applicable to specialty - Y3/4 - identify desired activities/subj/environments - Y5 - identify intrinsic and extrinsic factors that may contribute to daily work satisfaction (Fall/Summer) - Y5 - will identify areas of career indecision	Quarterly review of evolving MSPE CiM assessments / workshops - MBTI - "Values" assessment - Personal Influence Ex MSPI - Skills assessment - EE exercise semi/year-end - Environmental factors and Practice Needs Exercise - Specialty Indecision Scale	Report of the MBTI Record of completed activity Self-evaluation during - Meeting with an advisor - Group activity - On-line activity/Game			

Appendix C1: Career Advising Curriculum

Goal 3. Improve overall academic performance (Medical Knowledge)	Recognize learning style	The Y1 and Y3 medical student will - Identify their learning style - Identify resources for optimizing learning	Workshop on MBTI/Learning styles	Progress in academic performance
Goal 4: Knowledge of career- enhancing opportunities (Knowledge)	Readily identify research activities and electives that enhance opportunities for a range of desired specialties	The Y4 will explore options for electives and/or research activities that are relevant to the choice of specialty	Meeting with advisor to review assessments and discuss options for activities that are career-choice enhancing	At Y4 fall-review, the medical student will articulate their assumptions for their career choices
Goal 5: Understand the complete range of specialty options	Successful alignment of personal characteristics and desires with unique features of a range of specialties	The Y3-5 (August) medical student will - Identify information sources for specialty selection - Identify a range of specialty interest, including "alternative" careers - Research characteristics of specialties of interest - Identify institutions for specialties of interest	Specialty Interest Group (SIG) activities Repeat activities for "Environmental Factors and Practice Needs" assessment Online research - CiM Specialty Pages - AMA's FREIDA - CiM website list of links to major websites/journals, etc Library/Journal Research Experiential Activities – Career Fair (August) Externships viz. http://www.mo- afp.org/students&residents.htm	Docent's determination of fit between student profile, chosen-specialty information, and adviser/Docent's feedback
Goal 6: Choose a specialty	Informed selection of a specialty	The Y5 (Winter and Spring) identifies a specialty, and begins to explore programs, that are compatible with their goals, aspirations, and skill set	Visit CiM site and review - USMLE step I - "Charting Outcomes in the Match" - "Selecting Residency Training" exercise - http://www.facs.org/medicalstudents/britt.pdf	

Appendix C1: Career Advising Curriculum

Goal 7: Informed approach to the residency application process (Professionalism)	Develop appropriate skills including writing strong: Curriculum vita/personal statement	The Y5 (April) medical student will learn to write - a curriculum vitae - a personal statement explaining the process of determining specialty of interest and current career goals	Workshop on residency application process Review sample CV on CiM website	Evaluation of curriculum vita - Workshop - Office of career advising - Mock interviewers
	Procure reference letters	The Y4-5 MS will identify faculty for reference letters by the conclusion of their clinical rotations	Review sample letters on CiM website	OSA will confirm receipt of LOR by September
	Develop online application	The Y5 (July) MS will learn the processes involved in developing the electronic residency application	Work on application in MyERAS	Timeliness for meeting requirements
Develop accurate supporting academic records	Review academic records for residency application	The Y6 (August-October) medical student will confirm the accuracy of their MSPE and transcripts in writing	Review the MSPE/transcripts and attest to the same	Final review by OSA to confirm accuracy
Project a strong image in the residency application (Interpersonal/communication skills)	Project a strong image and successfully navigate the interview process	The Y6 (October – 1 week) medical student will learn how to successfully navigate residency placement interviews process (selection/schedule)	Workshop in development of skills for successfully navigating interviews	Student evaluation of workshop and mock interviews
		The Y6 medical student will learn skills to successfully present themselves and appropriately respond to interviewers	Panel Discussion with program directors (June) Mock interviews with faculty in the specialty of interest	Faculty evaluation/feedback Student assessment of class meeting
Informed approach to the Match process (knowledge)	Understand the processes of applying for and participating in the Match	Y6 (January) will learn the following i. Creation of a rank order list ii. Couples match iii. How the Rank algorithm works iv. NRMP Policy	Individual/group viewing of the webcasts on www.nrmp.org (under Communications) http://futuredocsblog.com/2010/02/14/making-amatch-list-checking-it-twice%E2%80%A6/ http://www.usmletomd.com/tips4match/2007/09/last-few-months-before-match-some-tips.html	Match/SOAP – March Meeting timeline for sending in required paperwork
Goal 7 : Preparations for transition to a residency training program	Plan a timeline for successful transition to residency program	The Y6 will develop a timeline to facilitate an organized transition to residency	Y6 meeting to address completion of paperwork for - graduation - residency (licensure, etc) Meeting with financial counselor (address loans, etc)	