<table>
<thead>
<tr>
<th>Class Year</th>
<th>Careers in Medicine Phase</th>
<th>Careers in Medicine Activities and Tasks</th>
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</thead>
</table>
| Year 1     | Introduction              | • AOA Student Presentation on Careers in Medicine (CiM)  
• Orientation to Careers in Medicine  
• Seek out the Docent  
• Self-exploration: Why Did You Choose Medicine?  
• Introduction to the MSPE  
• Extracurricular Activities – Making the Most of Them  
• Career Fair  
• Residency Training: Introduction  
• The Curriculum Vitae: Building a CV  
|            |                           | • Professionalism Series  
• Residency Training – A day in the Life of a Resident  
• Curriculum Vitae – Your CV Needs Annual Updates  
• MSPE –Your Work in Progress  
• Career Fair  |
| Year 2     | Understanding Yourself    | • Orientation to Careers in Medicine  
• Seek out the Docent  
• Career Fair  |
| Year 3     |                           | • Meyer-Briggs Type Inventory: Improving Team Work  
• Attend CiM workshops and begin completing self-assessment exercises  
• Continue Self-assessment  
• Initiate the MSPE  
• Complete Self-assessment Exercises  
• Review Completed Personal Profile with Your Docent  |
| Year 4     | Exploring Options         | • Begin gathering basic information about specialties of interest through CiM Specialty Pages, other online sites, and library research  
• Attend specialty panel and informative Special Interest Group sessions provided by the UMKC School of Medicine  
• Career Fair  
• Compare self-assessment information to the information gathered about specialties; narrow preferences to 3-4 top specialty choices; explore alternative career paths in medicine  
• Consider Career Advising Elective  
• Plan Your 5th Year Schedule, including a description of Required Rotations by a student panel  
• Review MSPE at semi-annual Interview with Docent  |
| Year 5     |                           | • Begin clinical rotations; Record your reflections on the Clinical Rotation Evaluation  
• Identify potential referees for future letters of reference  
• Specialty Exploration: Review the "Charting Outcomes in the Match" report to assess qualifications and competitiveness for different specialties  |
<table>
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<tr>
<th><strong>Year 6</strong></th>
<th><strong>Getting into Residency</strong></th>
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<tbody>
<tr>
<td><strong>Choosing a Specialty</strong></td>
<td><strong>Getting into Residency</strong></td>
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</table>
| • Specialty Exploration: Conduct informational interviews and/or participate in preceptorships  
• Specialty Exploration: Contact associations and specialty organizations  
• Program Directors’ Forum  
• Career Fair  
| • Meet with your advisor to discuss your top choices  
• Complete the Specialty Indecision Scale if you're having difficulty making a decision and consider the Career Advising Elective  
• Complete the "Choosing Your Specialty" Exercise  
• Personal Statements/Curriculum Vitae – Refine and Update  
• Letters of Reference  
• Review MSPE at Semi-annual Interviews with Docent  
| • Preparation for Residency Application: Curriculum Vitae and Personal Statements (The Finishing Touches); Interview Skills  
• Research residency training programs through AMA's FREIDA or the AMA's Graduate Medical Education Directory (Green Book)  
• Rate preferences using the Residency Preference Exercise  
• Begin reviewing and comparing residency programs  
• Register with ERAS and begin preparing residency applications (CV, letters of recommendation, personal statements, etc.)  
• Register with the NRMP for the Main Residency Match  
• Register for early Match programs, if applicable  
• Complete applications and designate programs to which materials will be submitted  
• Program Directors’ Forum: Strengthening Your Application  
• Mock Interview  
• Interview with residency programs  
• Post-Interviews Feedback at Class Meeting  
• Rate programs using the Residency Preference Exercise  
• Early match deadline, early-mid January  
• Rank-order your selections in the NRMP Main Residency Match  
• Residency Training: Preparing to make the move to residency training  