Agenda

• Introduce our resources
• Provide practical information about transition and first semester
• Discuss expectations you have for your student regarding finances, communication, and wellness
• Answer questions about the School of Medicine and anything brought up earlier today

Who are these people?

• Dr. Raymond Cattaneo – Asst. Dean for Years 1 and 2
• Ms. Cary Chelladurai – Manager, Student Services
• Ms. Niloofar Shahmohammadi – Wellness Coordinator
• Andrew and Prarthana – Peer Mentors

I get by with a little help from....

• Academic Resources – Tutoring, study skills, test preparation, SI
• Financial Literacy – Budgeting, loan repayment, financial education
• Wellness – Stress management, sleep, healthy behavior
• Career Advising – Specialty advice, residency application and prep
Academic Schedule

All students will take:
- Fundamentals of Medicine/Docent - 5 hours
- Medical Terminology - 1 hour
- Learning Basic Medical Sciences - 1 hour
- Anatomy and lab - 4 to 5 hours

All students will take additional courses, such as:
- Chemistry I or II or a biology course (major specific) - 4 to 5 hours
- General education courses
- Social Science courses

Total of no more than 22 hours

Scheduling Support

- Each student will meet with their ETC once a semester to discuss course selection, degree requirements, and transition to UMKC.
- PlanMyDegree - report of degree requirements (what they need, what they have completed), customized to individual student
- Major Maps - general plan of each course taken each semester throughout the 6 years
  - Biology
  - Chemistry
  - Liberal Arts
- Megan will work with biology and chemistry advisors regarding course selection—our advice will match

ETC Role

- Academic advisor
- Checks in when things aren’t going right
- Guide to resources on campus
- Challenges students to reach their full potential in and out of the classroom.

Year 1 and 2 Office

- Year 1 ETC—Ms. Megan Malcom
- Year 2 ETC—Ms. Kristen Kleffner
- Administrative Assistant—Ms. Wanda Saboor
- Asst. Dean for Years 1 and 2—Dr. Raymond Cattaneo

- Volker Campus—Atterbury Student Success Center
  116 (same building as cafeteria)

Promotion Guidelines

- Pass your classes
- Cumulative GPA of 2.8 or higher
- Excellent performance in all coursework
- Cumulative science GPA of 2.8 or higher
- Essentially, earn A’s and B’s in your courses

When things go wrong…

If students earn less than an A on an exam, they should:
- Talk to their ETCs
  - Ask advice on what can help, resources available
  - Talk to their professors
  - Ensure correct study technique
  - Take advantage of resources
  - SI sessions, educational resources, etc.
Remediation

“Second Chance”
• Year 1 Alternate Curriculum
• Year 2 Alternate Curriculum
• Less compact courses through the curriculum with basic science enrichment
• Considered a period of academic probation and must be reported to licensing and credentialing agencies

Progression Policies

• Council on Evaluation Policy Manual
• Updates are announced through class meetings, weekly electronic newsletter, school-wide emails
• Students should ask questions to ensure they understand their requirements

Faculty

• Teaching is our primary responsibility
  – many of the Volker campus science faculty who teach med students are Teaching Professors, as are all of the SOM basic science faculty
• We are interested in students and how they learn
  – encourage your student to talk with his/her professors

A full-time job?

How much time do you expect your student to spend on school-related work?
  a) 30 hours/week
  b) 40 hours/week
  c) 50 hours/week
  d) 60+ hours/week

Time Commitment

• Medical school is more than a full-time job
  – students should plan to commit 40–80 hours per week
• Each course is different
  – 1-4 hours of outside work per hour of lecture
• Each student is different
  – some need fewer hours of study, some need more

Beauty Sleep

How much should your student sleep at night?
  a) Just a few hours
  b) 8-10 hours
  c) When she falls asleep in her book while studying until the time her roommate’s alarm goes off
Sleep
• Sleep helps with
  – memory
  – mood
  – ability to concentrate
  – stress
  – metabolism
  – general health

First Month of School
• UMKC welcome activities
• Docent begins Tues and Thurs mornings
• Peer mentor activity
• First exams

Dress Code for Docent
• Females—skirts or slacks, blouse, tights/hose, comfortable dressy closed-toe shoes
• Males—slacks, button-up shirt (no wrinkles), tie, dress socks, dress shoes
• In general, dress conservatively
• White lab coats are worn during docent
• Most need to enhance their docent wardrobe

Residence Hall
• All in same residence hall—Oak Street Hall
• About 20% of the students in the hall are Year 1 medical students
• Year 1 students room together as much as possible

Vacations
• Years 1, 2, 3—a few weeks off between semesters
• Years 4, 5, 6—one month off per year
• Vacations are for relaxing and rejuvenating
  – Don’t overbook your student
• Students might use vacation as study time
• Don’t make travel plans for them until they give you their schedule.

Home Sweet Home
How often do you think your student should come home?
a) A few times a month
b) Once a month
c) Twice a semester
d) Between semesters
Let’s Talk

How often do you expect your student to communicate with you?

a) Several times a day
b) Once a day
c) 2-3 times a week
d) Once a week
e) I’m changing my phone number

Friends of Medicine

• Parent group for School of Medicine students
• Meets twice a year
• Sign-up available during move-in in August

Freedom and Choices

• Students have a lot of freedom at college.
• Prepare your student NOW for the freedom they’ll experience here.
• Let them make choices under your supervision before sending them here.

Money doesn’t grow on trees

Have you had a detailed budget conversation with your student?

a) Yes
b) No

Can you send money?

How much money do you expect your student to spend each month on dining out, clothes, gas, gifts, etc. (outside of tuition, room, board, phone, car insurance, similar bills)?

a) $0-150
b) $151-300
c) $301-500
d) Over $500

A for effort?

Do you expect your student to share his/her grades with you?

a) Yes
b) No
c) Yes, because I’m helping with the bill
What's my purpose in life?

My student is coming to college to learn:

a) Medicine
b) Interpersonal skills
c) Teamwork
d) Resiliency
e) All of the above

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Code of Conduct

- Professionalism—in and out of the classroom
- UMKC Code of Conduct and School of Medicine Code of Conduct
- Honor Council

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What'd you say?

- White Coat
- Step 1 and 2
- Residency
- Match

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Upcoming Dates

- Thursday, August 18-Move-In Day
- Friday, August 19-InDOCtrination and Orientation
- Saturday, August 20-Orientation (students only)

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What's next?

- Peer Mentors will escort you to the Student Union
- Your student will meet you there
- Roo Fair, Financials, and Destination Graduation

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Questions?