Getting to Know

Karla Martinez

Department: SOM Dean’s Office
Title: Executive Staff Assistant
Birth date: October 24th

If you could go on vacation anywhere, where would you go? There are three places that I must see before my time is up: 1. Victoria Falls – Border of Zimbabwe and Zambia. 2. Thailand – I need to experience it, I’m fascinated by Asia. 3. India – I love all the colors of India, anytime I see pictures of India the colors just seem so much more vibrant than anywhere I am.

What is your best memory? I have many, but I would say my absolute favorite memory is of my wedding day. You could just feel the love and happiness radiating. I think that’s why the day was so hot it was just love pouring out of everyone and into the atmosphere. There were surprises, dancing, and great company.

What was the worst grade you ever got and in which class was it? I got an F in Finance during college (K-State), I had to retake it ended with a B ☹️. It was notorious for being one of the hardest classes in the College of Business. Ironically, I ended marrying the guy that received the highest grade in our Finance class (400 student lecture hall).

If you could be any animal, what would you be and why? I would be an elephant. They’re such thoughtful majestic creatures, so gentle. I also wouldn’t mind being tall.

Which song do you have playing on repeat right now? Daft Punk featuring Pharell – Get Lucky – ahhhhhh, I love this song! It’s so refreshing. Can’t wait for the whole album.
Safety Reminders

Top 10 safety tips

1. Look up!
Don't get so engrossed in text messaging or iPod surfing that you let your guard down.

2. Lock it up.
Never leave your room or personal items unattended.

3. Don't walk alone.
Use the buddy-buddy system to make sure you're never alone after normal campus hours.

4. Know the people you live with.
Never let strangers into the residence halls or apartment complex without proper ID.

5. Memorize 1515.
Keep the Campus Police phone number in your cell and in your room.

6. Plan the safest route.
Know the locations of emergency call boxes.

7. Sign up for UMKC Alert!
Take responsibility for your safety.

8. Trust your gut.
If something seems suspicious, call Campus Police.

9. Be aware of your surroundings.
Don't take unnecessary risks with personal safety.

10. Play it safe.
Obey campus rules and state laws about alcohol and drug use.

Council Reps

Please see below for the 2013-2014 Student Representatives on Councils, OSR, and Color Officers. Congratulations to the newly elected representatives!

Council on Curriculum
Lisa Brown
First Alternate: Brandon Carney
Second Alternate: Megan Litzau

Council on Evaluation
<table>
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<tr>
<th>T-Shirt Sale</th>
<th>Order Form is attached to this email</th>
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- Steven Curti
- Hibba Aziz

**Council on Selection**
- Katy Nickols
- Prasanthi Kandula

**Council of Docents**
- Blue-Neal Akhave
- Gold-Raza Hasan
- Green-Craig Raphael
- Purple-Poorvi Desai
- Red-Wasfia Alikhan

**OSR-AAMC**
- Vikram Chakravarthy-Year 6, Voting Member
- Amit Roy-Year 4, 1st Alternate

**Color Officers**
- Blue 4 Junior-Loreley Robie
- Blue 4 Senior-Tim Hanaway, and Marsha Xiong
  - Blue 5, Junior-Azka Afzal
  - Blue 5 Senior-Krupa Patel
- Gold 4 Junior-Roshaan Babu
- Gold 4 Senior-Hibba Aziz
  - Gold 5 Junior-Isha Jain
  - Gold 5 Senior-Katy Nickols
- Green 4 Junior-Ali Hasnie and Anatoliy Kuznetsov
  - Green 4 Senior-Amna Hilal
  - Green 5 Junior-Medhi Khalafi
  - Green 5 Senior-Melanie Ruiz
- Purple Junior-Sneha Chintamaneni and Meryll Pampolina
- Purple Senior-Poorvi Desai and Vidhi Srivastava
  - Red 4 Junior-Sahar Safavi
  - Red 4 Senior-Sweta Shah
  - Red 5 Junior-Vanya Tumati
  - Red 5 Senior-Neil Patel
Sojourner Free Health Clinic

**T SHIRT SALE!**

*Gotta have one?*

Please fill out an order form and return it to Apurva Bhatt by JUNE 5! T shirts are $10. Please leave money and order form in an envelope and slip it under her office door (in the Red 5 unit, 3rd floor). Checks may be made out to Sojourner Health Clinic.

T shirts will be available for pickup in early June!

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**Event**

Who wants to be a Gastroenterologist?

What is the anatomic landmark that divides the upper GI tract from the lower GI tract?

1. Ligamentum teres
2. Ligament of Treitz
3. Falciiform ligament
4. Ligament of cardium

Interested in playing?
Come to the GIG meeting on June 5th at 5:30 PM Theatre B SOM

Read Ch 41 & 293 of Harrison's (found at www.accessmedicine.com.proxy.library.umkc.edu)

Email umkcgig@gmail.com for more info!
Are you feeling anxious about applying for residency?

Doctor's orders! Take 2 ☺ and get yourself to the

RESIDENCY PROGRAM DIRECTORS FORUM!

Saturday, June 8
12 noon – 2 p.m.
Theatres A, B and C

Learn from program directors from various specialties about what they seek
(experiences, skills, Board scores/grades, personal qualities)
in residency applicants!

Anesthesiology
Dermatology
Emergency Medicine
Internal Medicine
Medicine-Pediatrics
Ophthalmology
Otolaryngology
Plastic Surgery
Psychiatry
Radiation Oncology
Urology

Free Lunch ☺ Free Lunch ☺ Free Lunch ☺ Free Lunch ☺ Free Lunch
Sponsored by UMKC School of Medicine Career Services
Event

Event Neurosurgery

Student Interest Group of Neurological Surgery Elections are June 3rd at 5:30 in the Bamberger Conference Room.

Neurosurgery program directors forum June 12th at 11:30-2:30 in the Bamberger Conference Room. Dr. Nazzaro, KU neurosurgeon, will be the guest speaker.

Questions? Contact Blake Montgomery at bkmb93@mail.umkc.edu

Event

Neurosurgery

Unlike more visible underrepresented groups, lesbian, gay, bisexual, transgender, queer, questioning and intersex (LGBTQI) persons cannot readily be identified. Likewise, there is no easy method of identifying allies who are supportive of LGBTQI issues. As one component of UMKC LGBTQIA Programs & Services, our Safe Space Training strives to provide a way for understanding and supportive persons within the University community to prominently display themselves. These students, faculty, and staff prominently display a “Safe Space” sign on their doors and in their offices to signal their commitment as a resource and open ear to our LGBTQIA community.

There are multiple campus-wide Safe Space Trainings per semester open to anyone interested. You can also request a Safe Space Training for your organization, campus department, staff training, or class by contacting Jonathan To-Pryce at lgbtqia@umkc.edu or 816.235.1639.

The next campus-wide Safe Space Training is:

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<tr>
<th>Date:</th>
<th>Monday, June 10th, 2013</th>
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<tbody>
<tr>
<td>Location:</td>
<td>School of Medicine M4-C05 -- Hospital Hill</td>
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<tr>
<td>Time:</td>
<td>9:00 a.m. - noon</td>
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*RSVP to LGBTQA@UMKC.EDU by June 5th*

umkc.edu/lgbtqia
COOKING 101 WORKSHOP!! FREE FOOD, FREE PRIZES, and FREE GOODIE BAGS!!!!

When: June 18th 4:00PM-6PM
Where: Oak Street Residence Hall Kitchen

What:
Breakfast – Quinoa Breakfast Bars
Main Dish – Mediterranean Quinoa Salad
Dessert – Energy Bites

At this workshop you’re going to feel like you’re watching a live Food Network event! Move over Paula Deen, Emeril Lagasse, Giada di Laurentis...this is the Niloofer show! Actually, this year, the star of the show is QUINOA! Come learn more about this superfood (and how tasty it is!)

The lovely Ms. Robin Hill will be cohosting, giving us the details on tips and tricks for getting affordable groceries [how to use coupons, take advantage of sales, and budget for food]

The rest of the time we will be COOKING! You will get to watch me (and HELP ME if you so wish) prepare the dishes above and best of all...you all get samples! (And copies of the recipes of course)

Throughout the night we will also be giving away raffle prizes including a Mr. Coffee Coffee Maker...fancy colanders and more!

And THE FIRST 20 PEOPLE to attend get a reusable grocery bag FULL of "kitchen starter" items like measuring cups, utensils, and much much more!!

This is going to be the BIGGEST WELLNESS EVENT YET and a lot of FUN!!! Please repost this to your profile, tell all your friends, and most importantly BE THERE!! You don’t want to miss it!

P.S. Please tell all your classmates so that more people will know about it and enjoy the fun!
SAVE THE DATE/RSVP

UMKC LEADERSHIP SUMMIT WITH DEAN DREES

06.22.13

Student Union, Fourth Floor/ FOOD WILL BE SERVED.

9AM-3PM

@UMKCleadershipsummit@gmail.com
More information to come.
Interested in volunteering at The Kansas City Free Eye Clinic? Now's the time to sign-up!

It's not just for students interested in ophthalmology! You'll learn techniques that will help you in Clinic and your core rotations.

If you used to be on the list-serve but didn't fill out the new preferences email sent out a few months ago, email loreley@kcfreeeyeclinic.com to be placed on the new list-serve and receive KCFEC volunteer sign-up emails.

KCFEC is open to all years, so come check us out!

Clinics run on Saturdays from 10am-2pm. You will have the chance to take a visual history, do visual acuity testing, use the auto-refractor machine, take eye pressures, and shadow our TMC Ophthalmology residents as they see patients. It's a great opportunity to learn AND you're helping the underserved community of Kansas City!

Clinic Location: 705 Virginia Ave, Kansas City, MO 64108
Opportunities

The Association of Women – Opportunities for Medical Students and Residents

2013 Green Solutions for the Operating Room Competition:

To enroll in this contest, please submit an innovative solution that has been or can be implemented in the operating room to protect, restore, and/or preserve the environment. Your idea can incorporate one or more of the following energy efficiency, pollution prevention, preservation of natural resources, and/or waste management. This idea can be in the form of a proposal (not yet been implemented) or a summary of a project that has already been initiated. Entries will be judged on originality, feasibility, and potential impact. Please email Awsgreensolcontest@gmail.com for submission guidelines. Prizes: $1,000 and free registration to 2013 AWS Conference. Deadline: August 4th, 2013.

STARR Poster Contest for Medical Students and Residents:

This contest was designed to facilitate interaction and idea exchange between students interested in surgery, medical students, and faculty members of various institutions. Select numbers of medical students and residents will be invited to present their research posters at the AWS 121st Anniversary Conference on October 6, 2013 (held in conjunction with the American College of Surgeons Clinical Congress). Recognition and a monetary prize will be awarded for the top 3 medical student posters and top 3 resident posters. The top student and resident poster winner will also receive a complimentary ticket to the AWS Awards Dinner on Monday, October 7, 2013. Topics eligible for submission are suggested to be surgical in nature, and includes Basic Science, Clinical Outcomes, Epidemiology, and Health Policy. Case reports will NOT be accepted. Please include the following sections in all submissions: Title and Author(s) (including degree and affiliation), Introduction, Methods, Results, and Conclusion. Figures will not be accepted. Please limit the entire abstract submission to 400 words or less (including the title) and format your abstract submission as a Word Document. Abstract Deadline: 5:00 PM EST Monday July 1st, 2013 to awspostercompetition@gmail.com. Selected participants will be announced by Thursday, August 1st, 2013 with a deadline to submit a PDF of your poster by Sunday, September 15th, 2013.

Association of Women Surgeons (AWS) Medical Student Committee is Seeking New Members

Last year’s AWS medical student committee had one of the most productive years yet. For the coming year we are planning a number of exciting new and continuing initiatives. Anticipated projects include expanding the AWS mentorship program, running the AWS STARR Poster Competition for student research at the annual conference, starting AWS chapters at local medical schools, leading regional events with women surgeons, as well as member spotlights, video interviews, and writing feature stories in AWS publications. If you would like to serve on the Medical Student Committee and lead any of these projects, please complete this application form and return it to Christina_Grassi@HMS.Harvard.edu (chair 2012-2013). We will be accepting applications until June 15, 2013.

Opportunity

ATTENTION STUDENTS!
Wouldn’t you like to...
Travel?
Gain knowledge about healthcare in other countries?
Help your community through health education?
Improve your career portfolio?
Meet doctors who work in the public health field?

The Public Health Organization (PHO) is working hard to increase student activity among UMKC’s nursing, dental, medical, and pharmacy students. We are accepting early enrollment for the Fall 2013 semester. The cost is $15 for both fall and spring (2014) semesters or $10 for a single semester. Membership allows you to be notified of all volunteer events available throughout the summer as well as information regarding international trips.

Current volunteer opportunities/projects:
- Educating good hygiene at a women’s shelter
- Sojourner clinic
- “Gleaning America’s Fields” – harvesting crops for food pantries
- Dominican Republic – travel to provide health services to a small village
- Peru – travel to provide health services to a small village

The trip to Peru is scheduled for this month, so it isn’t open for more applicants. However, we are planning on a similar trip for December 2013. The Dominican Republic trip is generally every Fall.

If you have any interest in joining PHO, contact:

Bethany Baker – PHO President
Bdbwc3@mail.umkc.edu

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## Scholarship

### Lowell C. Kruse Healthy Choices, Healthy Lives Scholarship

Qualifications: Anyone promoting to year 3 and enrolled in at least 9 hours. Students must be permanent residents or originate from the following areas.

- Counties in **MISSOURI**: Andrew, Atchison, Buchanan, Caldwell, Carroll, Clinton, Daviess, DeKalb, Gentry, Grundy, Harrison, Holt, Livingston, Mercer, Nodaway, Platte and Worth
- **IOWA**: Decatur, Fremont, Page, Ringgold and Taylor
- **KANSAS**: Atchison, Brown, Doniphan and Nemaha
- **Nebraska**: Nemaha and Richardson

### Amount

$10,000

Student must agree to complete a paid internship between years 3 and 4 (we can look into details of that when applying).

### Application Deadline

June 14th

See Robin Hill or email for application and details.

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## Announcements Format

Items sent to Student Affairs prior to the previous Thursday at 5 p.m. will be included. Additional attachments may also be included with this announcement. You can also find calendar information at http://www.med.umkc.edu/calendar/default.html

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.