Getting to Know

Michelle Schrader

Department: Student Affairs
Title: Administrative Assistant

Job Description: I handle Student Travel reimbursements, Student Personal holiday requests, updating schedules on poster boards, and basic office duties.

Birth date: January 25

What is your family setup? We’re a family of 5. I have an older sister, younger brother, and my parents

Where did you grow up? St. Louis, MO

When you were a kid what did you want to be when you grew up? Veterinarian

What is one thing you can’t live without? My cell phone!!

If you could have any superpower what would it be and why? Fly
Changes to USMLE® 2014 – 2015

As medicine and medical education have changed over the years, so have USMLE examinations evolved since they were first administered in 1992. This is a brief summary of planned changes for the next few years.

### USMLE STEP 2 Clinical Knowledge (CK)

<table>
<thead>
<tr>
<th>What WILL change?</th>
<th>What WILL NOT change?</th>
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<tbody>
<tr>
<td>In 2014 and 2015, examinations will see an increased focus on quality improvement principles, safety science, epidemiology, biostatistics, and population health; professionalism; and interpersonal and communications skills. These may be tested using item formats currently under development. If new item types are introduced into the examination, sample materials will be available on the USMLE website for examinees to review well in advance.</td>
<td>Step 2 CK will continue to focus on patient care and diagnosis. The format will continue to be a computer-administered examination, using multiple-choice questions.</td>
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### USMLE STEP 2 Clinical Skills (CS)

<table>
<thead>
<tr>
<th>What WILL change?</th>
<th>What WILL NOT change?</th>
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<tr>
<td>Further enhancements to the assessment of communications skills are being piloted. If the pilots are successful, these enhancements to Step 2 CS will be introduced into the exam no earlier than 2015, and will be announced well in advance.</td>
<td>Step 2 CS will continue to focus on examinees’ ability to gather information from patients, perform physical examinations, and communicate their findings to patients and colleagues. The examination will continue to use standardized patients to simulate patient encounters.</td>
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### USMLE STEP 1

<table>
<thead>
<tr>
<th>What WILL change?</th>
<th>What WILL NOT change?</th>
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<tr>
<td>In 2014 and 2015, examinees will see an increased focus on quality improvement principles and safety science.</td>
<td>Step 1 will continue to focus on traditional content areas in the basic sciences within a clinical context. The format will continue to be a computer-administered examination, using multiple-choice questions.</td>
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</tbody>
</table>

Questions?

Please check the USMLE website [www.usmle.org](http://www.usmle.org) for the latest updates and most complete information. You may contact us at [http://www.usmle.org/contact/](http://www.usmle.org/contact/).
ATTENTION ALL SOM STUDENTS:

Flu shots are now offered FREE through Concentra. Flu shots are REQUIRED for all CMH rotations, and STRONGLY RECOMMENDED for all TMC rotations. Please go to Concentra (address below) for your FREE flu shot on any of the following dates during normal business hours, 8:00am – 5:00pm. Please remember to bring your student ID.

Address:
Center Operations Director-Crossroads
Concentra
200 Southwest Blvd
Kansas City, MO 64108
(p) 816-842-1146 (f) 816-283-3603

FITBIT CHECKOUT – PLEASE RETURN

Any student who checked out a Fitbit this semester is asked to please return the Fitbit to the Wellness Office by Friday, December 20th, 2013. Fitbits are checked out one semester at a time. Fitbits will be available for checkout again on January 23rd, 2014. If the Fitbit is not returned by December 20th a hold will be placed on your account until it is returned or replaced.

If you have questions or cannot locate your Fitbit, please contact Niloofar Shahmohammadi shahmohammadin@umkc.edu

STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS

YEAR 5 PBA INFORMATION SESSION

In February, year 5 students will complete the Year 5 Performance-Based Assessment (PBA) exam. This will help assess your readiness for the USMLE Step 2 CS exam you will take next year and give you feedback on areas that may need to be addressed prior to taking the exam.

To help you prepare for the exam, Dr. Miranda Huffman, the exam director, and Courtney McCain, standardized patient coordinator, will offer an informational session on Monday, January 6th at 5:30 p.m. in Theater A.

Please feel free to bring dinner or a snack.

We will review the exam format, how you will be graded, and strategies to prepare for the exam. You will be given the opportunity to ask questions. The event will be recorded for those students whose schedule do not allow them to attend.

Hope to see you there!
MSAC and Color Officers are sponsoring a
Winter Wonderland contest
Thursday, December 19th
(judging from 10 a.m. - Noon)

Winners will be announced in the Lobby at the Holiday Reception on Thursday, December 19th at 2:30 p.m. A prize will be given to first, second and third place winners.

Contact Gladys Zollar
Jones zollar-jonesq@umco.edu
by Thursday Dec 19th if you plan to participate.

The following have been approved for use in the competition: Candy Canes, Gingerbread house, Wreaths, Sleds and sleighs (not pulling Santa or elves), Red and Green colors, Garland, train set, presents wrapped in non-religious paper (plain colors, snow themed)
On September 23rd, 2013, the brand new Wellness Points Program App went live. The app allows students to earn points for various “wellness behaviors.” At the end of the school year, the docent team who earns the most wellness points wins a Yogurtini party.

To access the app visit www.med.umkc.edu/wellness/app
Begin logging your points and help your team win TODAY!

Please direct any issues, questions, or suggestions to Niloo Far Shahmohammadi at shahmohammadin@umkc.edu

Wellness Points Program Leader Board

UMKC School of Medicine Wellness Program

Leaderboard

<table>
<thead>
<tr>
<th>Name</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y2-Newhart</td>
<td>299.45</td>
</tr>
<tr>
<td>Y2-Keeler</td>
<td>277.17</td>
</tr>
<tr>
<td>Y1-Strasser</td>
<td>20.46</td>
</tr>
<tr>
<td>Green 4</td>
<td>16.00</td>
</tr>
<tr>
<td>Y1-Greenspan</td>
<td>15.50</td>
</tr>
</tbody>
</table>
### Cole County Medical Society Scholarship

**Eligibility:** 3-6 year students that graduated from high school in Cole, Moniteau or Osage county.

Looking from a student that has demonstrated exceptional intellectual and humanistic qualities in interactions with patients, peers and teachers.

Selection will be based on financial need, scholastic achievement and community involvement.

**Amount:** $3,000

**Deadline:** Applications due before January 2, 2014

Please contact Robin Hill for further details at hillrob@umkc.edu

### Boone County Medical Scholarship

**Eligibility:**
- Must be from and have graduated high school in Boone, Howard or Cooper county
- Must have completed his/her first semester of your clerkship year
- Demonstrates exceptional intellectual and humanistic qualities in interactions with patients, peers and teachers

Financial need is **NOT a selection criterion for this scholarship.**

**Amount:** $2,000

**Deadline:** February 15th
**Opportunity**

**Gold Humanism Honor Society Nominations**

Gold Humanism Honor Society is currently accepting nominations for Year 5 students who exhibit qualities of:

1. Integrity between values and behavior
2. Excellence in clinical performance
3. Compassion for identifying and relieving need
4. Altruism
5. Respect for self and others
6. Empathy
7. Service in dedication to need beyond what is required.

For more information and a nomination form, see the attachment included in this week’s In the Know email.

**Deadline for nominations: December 20th, 2013**

**Opportunity**

**Sojourner Health Clinic**

Whether it is your first time volunteering or your hundredth, Sojourner Health Clinic is more than just a learning service project; it is an opportunity for you to get involved! All UMKC Medical Students from Years 1 through 6 can participate at SHC. Generally, Year 1 and 2 students work the triage station by taking vital signs as patients come in. Year 3-6 students are able to see patients and work at the dispensary. Every week is a chance to learn something new while your efforts make a positive difference.

If you are a UMKC Medical Student and are interested in volunteering, please email us at umkcfreeclinic@umkc.edu to become a part of the weekly mailing list.

**Opportunity**

**A Call for Submissions:** The Living Hand* – Humanities Section for Residents and Medical Students -- Journal of General Internal Medicine - Web Edition

The Journal of General Internal Medicine (JGIM) has launched a new website with “The Living Hand” humanities section for residents and medical students to submit poetry, personal narrative prose, or original artwork for publication on the web. In “The Living Hand” humanities section, we are publishing articles written by medical students or residents every two weeks, thus providing opportunities for fresh voices to share their stories.

**Submission Guidelines**

All submissions must be devoid of patient identifiers per HIPAA standards (see below), or must have written permission from the patient involved in the writing. Please send submissions and correspondence to the editors at humanities.webjgim@gmail.com.

In your email, indicate the following:

- Type of work you are submitting (poetry or prose)
- Title of the work
- Word count
- Brief bio (<100 words) of the author, including position (medical student or resident) and institution

Up to four submissions per author. **Please do not submit any new articles until you have heard back from the editors on previously submitted pieces.** This may take up to two months.

Articles should be less than 2000 words, submitted in Microsoft Word or Open Office document.

Poems should be less than 50 lines, submitted in Microsoft Word or Open Office document.
Naming convention: For the article, "Generic" by Dr. Jones, save as follows: *Generic_Jones.doc*

**Review process**
All submissions will be reviewed by the section editor. The editor will review contributions for originality, style, and content. The editor will respond in a timely fashion with either an acceptance, conditional acceptance, request for revision and resubmission, or rejection.

**Opportunity**

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**February 14-16, 2014**
Sterling, VA (Washington, DC)

**Application Deadline: Dec. 20th**

The Humanities Institute is designed for students who appreciate the power of using creative expression to bear witness to their patients and their own experiences in medicine. Participants will be encouraged to learn how to analyze and share stories of illness with the goal of improving their skills of diagnosis, facilitating healing, education of patients and physicians. The AMSA Humanities Institute is an intensive experience with both didactic and experiential learning components. It combines student-led and field expert-led sessions. This year, participants may also have the opportunity to contribute to a post-institute publication. AMSA institutes are open to pre-medical, medical, resident, and allied health members.

**Sessions Include:**
- Narrative Medicine
- Writing for Advocacy
- Medical Journalism
- Art, Perception, & Diagnosis
- The Physician-Poet
- Writing for Wellness
- How Language Shapes the Illness Experience
- One-on-One writing feedback
- Healers’ Voices: Open Mic Night
- Well Student Workshops: yoga, nutrition, managing stress

Program Fees: $0

Program fees for selected applicants are being covered by the Arnold P. Gold Foundation and Brown University Dept. of EM/Clinical Arts and Humanities Program.

Registration includes breakfast and lunch each day as well as 3 nights of hotel accommodations.

William Carlos Williams Poetry Competition

32nd William Carlos Williams Poetry Competition

The William Carlos Williams Poetry Competition, sponsored by the Department of Family and Community Medicine at Northeast Ohio Medical University (NEOMED) College of Medicine, is open to medical students attending schools of medicine or osteopathy in the U.S. and Canada.

Each year hundreds of entries are submitted to the competition and go through a rigorous screening by English faculty at NEOMED’s partner universities. The final judging is done by Richard Berlin, M.D., psychiatrist and poet from the University of Massachusetts Medical School.

The first-, second- and third-place winners will be invited to read their poetry at an awards ceremony at NEOMED. In addition, the editors of the Journal of Medical Humanities review the winning poems and consider them for possible publication in that journal.

Entry Guidelines
The entry deadline for the competition is Dec. 31, 2013. Learn more about complete guidelines and rules for submissions.

Winning Poems
The top three poets will be awarded $300, $200 and $100 respectively. In addition, the three winners will be invited to visit NEOMED on April 4, 2014, to read their poems. All travel expenses will be paid by the Department of Family and Community Medicine. Winning poems will be announced by March 31, 2014.

Opportunity

Student Research Opportunity
The Societies welcome applications from all qualified candidates and encourage women and members of underrepresented minorities to apply.

Consider a career in research related to pediatrics by participating in a Summer Student Research Program available from the America Pediatric Society and he Society for Pediatric Research.

The summer research program provides interested medical school students with the following:
- Research experience at an institution other than your own medical school
- Two to three months (40-hour weeks) in a research environment
- A stipend of $61.20 per day or a maximum of $5,508

Since 1991, more than 778 students have attained valuable experience in pediatric research groups. Currently more than 200 laboratories participate, allowing students to select a research program and group in their own area of interest.

U.S. and Canadian medical students seeking a research opportunity in pediatrics are encouraged to apply. Completed applications must be received by no later than January 24, 2014 to be eligible for evaluation for the 2014 Summer Student Research Program. Application packets and the Directory of Research Opportunities are available on our website at www.aps-spr.org.

American Pediatric Society / Society for Pediatric Research, Student Research Program
3400 Research Forest Dr, Ste B-7, The Woodlands, TX 77381 ~ Phone: 281-419-0052 ~ Fax: 281-419-0082
www.aps-spr.org ~ student-research@aps-spr.org
ANNOUNCEMENT
The American Osler Society

William B. Bean Student Research Award
Supporting Research by Medical Students in Medical History and Medical Humanities

- Candidates must be current students at accredited medical schools in the U.S. or Canada.
- The research award is $1,500.
- Successful applicants may be invited to present his/her research findings at a subsequent meeting of the American Osler Society (expenses paid, site below).
- The deadline for submission of applications is March 1, 2014.

William B. Bean, M.D. was the first president of the American Osler Society and, like Dr. Osler, was an outstanding physician, educator, humanist, and historian.

About Sir William Osler
At the time of his death, Sir William Osler (1849-1919) was the most famous physician in the English-speaking world. The American Osler Society was founded in 1970 to memorialize and perpetuate the just and charitable life, intellectual resourcefulness, and ethical example of Osler.

The Bean Award Committee will consider the following criteria in evaluating proposals:
1. The project should represent scholarship in medical history and/or the medical humanities
2. The goal should be stated clearly
3. The goal should be realistic
4. The applicant should demonstrate familiarity with the relevant literature, in part through appropriate citations
5. Originality and a scholarly approach

A letter of support from a faculty sponsor outlining the applicant’s qualifications to conduct this research, as well as the sponsor’s interest in the project and willingness to provide guidance and ensure completion of the project within the proposed time period, must accompany the application form, which can be obtained at the American Osler Society’s website: www.americanosler.org. Contingent on submission of a paper acceptable to the Bean Award Committee, the American Osler Society may make available additional funding to pay for travel to (not to exceed $750) and expenses (including hotel, meals, etc.) at the annual meeting.

Please send application materials via email to Renee Ziemer, AOS Administrator at aca@acnm.org. Completed applications must be received by March 1, 2014. Notice of awards will be made by April 15, 2014.
International Clinical Research Program

The Doris Duke Charitable Foundation International Clinical Research Fellowship Program at Yale offers students from all medical schools in the U.S. the opportunity to pursue a career in clinical research by completing a one year combined didactic and mentored clinical research training program for students. Yale University School of Medicine, a national leader in clinical and basic science research, ranks fifth nationwide amongst U.S. medical schools in total NIH funding, and ranks third in the percentage of graduates who select careers in research. With a world-renowned faculty, NIH-funded Clinical Research Centers, and expanding programs in clinical and translational research (NIH CTSA award), Yale offers extraordinary opportunities for DDCF Medical Student Fellows.

Program Benefits:
- Conduct at least 9 months of research at a preapproved international site
- Students will have a mentor who is a faculty member at Yale Medical School

Financial Support
- Annual stipend of $49,000
- Supplementary research allowance
- Travel allowance
- Health insurance

Eligibility
Students matriculated in the M.D. program at any U.S. Medical School or accredited U.S. osteopathic school who are in good academic standing are eligible to apply.

Request for a Program Brochure and Additional Information
Complete and mail this card, call us at 203.785.6633, or email at donna.conranzo@yale.edu for additional information and questions you may have regarding the program.

☐ Please contact me regarding the Doris Duke Charitable Foundation International Clinical Research Fellowship Program for Medical Students at Yale University School of Medicine.

Name ____________________________
Street Address ____________________________
City, State, Zip Code __________
Phone ____________________________ Email ____________________________
Medical School ____________________________
Year in School: [ ] 1 [ ] 2 [ ] 3 [ ] 4
Policy for In the Know Announcement Submissions

Beginning 11/11/2013:

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu

2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.