Getting to Know

Cary Chelladurai

Department: Student Affairs
Title: Manager of Student Affairs
Birth date: August 30th

What is your family setup? Husband (Stephen) and our new baby, Lilly

If you could go on vacation anywhere, where would you go? Everywhere! I love to travel and have been to India, Dubai, Russia, and most of Europe. The most relaxing place I’ve been is at a resort in Ras al-Khaimah in the UAE. If it wasn’t half-way around the world, I’d go back there often!

What did you last read? I listen to audiobooks on my commute to and from work. The last one was Winter of the World by Ken Follett

What is your favorite food?—Chips and salsa

What is your favorite family tradition?—Most of my extended family gets together for 3-day weekends in Warrensburg, MO. However, we never miss the homecoming parade at University of Central Missouri. It’s one of our favorite family events!
**Inclement Weather Policy**

The SOM Inclement Weather Policy can be located at http://www.med.umkc.edu/m/docenthb/weatherPolicy.php.

When the Volker campus is not in session (breaks or weekends), SOM personnel will assess the weather and road conditions to make a decision about student participation. A notice will be placed on the SOM website by 6 am only if students are excused from their clinical and academic responsibilities for the day.

**USMLE Step 1 Changes**

Dear Students,

We recently received a notice from USMLE that the minimum passing score on **USMLE Step 1 will be raised from 188 to 192**. The change will be applied to Step 1 examinees testing on or after **January 1, 2014**.

Accordingly, the School of Medicine has also adjusted **CBSE readiness criteria** to take effect for students testing on or after **January 1, 2014**:

<table>
<thead>
<tr>
<th>Score Range</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>67+</td>
<td>The student can sign up for a Step 1 window, set a test date, and sit for the exam.</td>
</tr>
<tr>
<td>62-66</td>
<td>The student can sign up for Step 1 window but may not set a test date yet. The student must take a 2nd CBSE and must score 67+ in order to sit for Step 1.</td>
</tr>
<tr>
<td>61 and below</td>
<td>The student will be required to meet with the Manager of Student Affairs to discuss readiness for a 2nd CBSE. The student may not set a window or a test date until after this meeting.</td>
</tr>
</tbody>
</table>

**USMLE Step 2 Changes**

**Changes to USMLE® 2014 – 2015**

As medicine and medical education have changed over the years, so have USMLE examinations evolved since they were first administered in 1992. This is a brief summary of planned changes for the next few years.
## USMLE STEP 2 Clinical Knowledge (CK)

<table>
<thead>
<tr>
<th>What WILL change?</th>
<th>What WILL NOT change?</th>
</tr>
</thead>
<tbody>
<tr>
<td>In 2014 and 2015, examinees will see an increased focus on quality improvement principles; safety science; epidemiology, biostatistics, and population health; professionalism; and interpersonal and communications skills. These may be tested using item formats currently under development. If new item types are introduced into the examination, sample materials will be available on the USMLE website for examinees to review well in advance.</td>
<td>Step 2 CK will continue to focus on patient care and diagnosis. The format will continue to be a computer-administered examination, using multiple-choice questions.</td>
</tr>
</tbody>
</table>

## USMLE STEP 2 Clinical Skills (CS)

<table>
<thead>
<tr>
<th>What WILL change?</th>
<th>What WILL NOT change?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Further enhancements to the assessment of communications skills are being piloted. If the pilots are successful, these enhancements to Step 2 CS will be introduced into the exam no earlier than 2015, and will be announced well in advance.</td>
<td>Step 2 CS will continue to focus on examinees’ ability to gather information from patients, perform physical examinations, and communicate their findings to patients and colleagues. The examination will continue to use standardized patients to simulate patient encounters.</td>
</tr>
</tbody>
</table>

## USMLE STEP 1

<table>
<thead>
<tr>
<th>What WILL change?</th>
<th>What WILL NOT change?</th>
</tr>
</thead>
<tbody>
<tr>
<td>In 2014 and 2015, examinees will see an increased focus on quality improvement principles and safety science.</td>
<td>Step 1 will continue to focus on traditional content areas in the basic sciences within a clinical context. The format will continue to be a computer-administered examination, using multiple-choice questions.</td>
</tr>
</tbody>
</table>

**Questions?**

Please check the USMLE website ([www.usmle.org](http://www.usmle.org)) for the latest updates and most complete information. You may contact us at [http://www.usmle.org/contact/](http://www.usmle.org/contact/).
ATTENTION ALL SOM STUDENTS:

Flu shots are now offered FREE through Concentra. Flu shots are REQUIRED for all CMH rotations, and STRONGLY RECOMMENDED for all TMC rotations. Please go to Concentra (address below) for your FREE flu shot on any of the following dates during normal business hours, 8:00am – 5:00pm. Please remember to bring your student ID.

Address:

Center Operations Director-Crossroads
Concentra
200 Southwest Blvd
Kansas City, MO 64108
(p) 816-842-1146 (f) 816-283-3603

STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS

Event

Year 5 PBA Information Session

In February, year 5 students will complete the Year 5 Performance-Based Assessment (PBA) exam. This will help assess your readiness for the USMLE Step 2 CS exam you will take next year and give you feedback on areas that may need to be addressed prior to taking the exam.

To help you prepare for the exam, Dr. Miranda Huffman, the exam director, and Courtney McCain, standardized patient coordinator, will offer an informational session on

Monday, January 6th at 5:30 p.m. in Theater A.

Please feel free to bring dinner or a snack.

We will review the exam format, how you will be graded, and strategies to prepare for the exam. You will be given the opportunity to ask questions. The event will be recorded for those students whose schedule do not allow them to attend.

Hope to see you there!

Fitbit Checkout – Please Return

Any student who checked out a Fitbit this semester is asked to please return the Fitbit to the Wellness Office by Friday, December 20th, 2013. Fitbits are checked out one semester at a time. Fitbits will be available for checkout again on January 23rd, 2014. If the Fitbit is not returned by December 20th a hold will be placed on your account until it is returned or replaced.

If you have questions or cannot locate your Fitbit, please contact Niloofar Shahmohammadi shahmohammadin@umkc.edu

Fitbit Returns

If you have questions or cannot locate your Fitbit, please contact Niloofar Shahmohammadi shahmohammadin@umkc.edu
On September 23\textsuperscript{rd}, 2013, the brand new Wellness Points Program App went live. The app allows students to earn points for various “wellness behaviors.” At the end of the school year, the docent team who earns the most wellness points wins a Yogurtini party.

To access the app visit \url{www.med.umkc.edu/wellness/app}
Begin logging your points and help your team win TODAY!

Please direct any issues, questions, or suggestions to Niloofar Shahmohammadi at shahmohammadin@umkc.edu

Wellness Points Program Leader Board

<table>
<thead>
<tr>
<th>Team</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y2-Neubert</td>
<td>299.45</td>
</tr>
<tr>
<td>Y2-Keeler</td>
<td>277.17</td>
</tr>
<tr>
<td>Y1-Strasser</td>
<td>20.46</td>
</tr>
<tr>
<td>Green 4</td>
<td>16.00</td>
</tr>
<tr>
<td>Y1-Greenspan</td>
<td>15.50</td>
</tr>
</tbody>
</table>
**Weekly Inspiration**

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**SCHOLARSHIPS**

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Cole County Medical Society Scholarship</th>
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</thead>
<tbody>
<tr>
<td><strong>Eligibility:</strong></td>
<td>3-6 year students that graduated from high school in Cole, Moniteau or Osage county.</td>
</tr>
<tr>
<td></td>
<td>Looking from a student that has demonstrated exceptional intellectual and humanistic qualities in interactions with patients, peers and teachers.</td>
</tr>
<tr>
<td></td>
<td>Selection will be based on financial need, scholastic achievement and community involvement.</td>
</tr>
<tr>
<td><strong>Amount:</strong></td>
<td>$3,000</td>
</tr>
<tr>
<td><strong>Deadline:</strong></td>
<td>Applications due before January 2, 2014</td>
</tr>
<tr>
<td></td>
<td>Please contact Robin Hill for further details at <a href="mailto:hillrob@umkc.edu">hillrob@umkc.edu</a></td>
</tr>
</tbody>
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**DO NOT CHASE PEOPLE. WORK HARD AND BE YOU. THE RIGHT PEOPLE WHO BELONG IN YOUR LIFE WILL COME FIND YOU AND STAY. DO YOUR THING.**
<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Doctor William Jones McElhiney Medical School Scholarship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requirements:</td>
<td>Must be a student at a Missouri medical school and have graduated from high school in either Saint Charles County or Lincoln County.</td>
</tr>
<tr>
<td>Amount:</td>
<td>$5,000</td>
</tr>
<tr>
<td>Deadline:</td>
<td>February 2, 2014</td>
</tr>
<tr>
<td>Please contact Robin Hill at <a href="mailto:hillrob@umkc.edu">hillrob@umkc.edu</a> for further details.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Boone County Medical Scholarship</th>
</tr>
</thead>
</table>
| Eligibility: | Must be from and have graduated high school in Boone, Howard or Cooper county  
Must have completed his/her first semester of your clerkship year  
Demonstrates exceptional intellectual and humanistic qualities in interactions with patients, peers and teachers |
| Financial need is NOT a selection criterion for this scholarship. |
| Amount: | $2,000 |
| Deadline: | February 15th |

<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Welsford and Mildred Clark Medical Memorial Scholarship Fund</th>
</tr>
</thead>
</table>
| Eligibility Requirements: | Professional year 3 students(year 5 if BA/MD)  
Resident of Connecticut for 5 years or graduated from high school there  
Able to demonstrate financial need  
Transcripts and Step 1 score reflect academic excellence |
| Amount: | Up to $20,000 |
| Deadline: | April 30th |
| See Robin Hill for details if above criteria is met. |

**OPPORTUNITIES**

**Sojourner Health Clinic**

Whether it is your first time volunteering or your hundredth, Sojourner Health Clinic is more than just a learning service project; it is an opportunity for you to get involved! All UMKC Medical Students from Years 1 through 6 can participate at SHC. Generally, Year 1 and 2 students work the triage station by taking vital signs as patients come in. Year 3-6 students are able to see patients and work at the dispensary. Every week is a chance to learn something new while your efforts make a positive difference.

If you are a UMKC Medical Student and are interesting in volunteering, please email us at umkcfreeclinic@umkc.edu to become a part of the weekly mailing list.
A Call for Submissions: The Living Hand* – Humanities Section for Residents and Medical Students -- Journal of General Internal Medicine - Web Edition

The Journal of General Internal Medicine (JGIM) has launched a new website with "The Living Hand" humanities section for residents and medical students to submit poetry, personal narrative prose, or original artwork for publication on the web. In "The Living Hand" humanities section, we are publishing articles written by medical students or residents every two weeks, thus providing opportunities for fresh voices to share their stories.

Submission Guidelines
All submissions must be devoid of patient identifiers per HIPAA standards (see below), or must have written permission from the patient involved in the writing. Please send submissions and correspondence to the editors at humanities.webjgim@gmail.com.

In your email, indicate the following:
- Type of work you are submitting (poetry or prose)
- Title of the work
- Word count
- Brief bio (<100 words) of the author, including position (medical student or resident) and institution

Up to four submissions per author. Please do not submit any new articles until you have heard back from the editors on previously submitted pieces. This may take up to two months.

Articles should be less than 2000 words, submitted in Microsoft Word or Open Office document.
Poems should be less than 50 lines, submitted in Microsoft Word or Open Office document.

Naming convention: For the article, "Generic" by Dr. Jones, save as follows: Generic_Jones.doc

Review process
All submissions will be reviewed by the section editor. The editor will review contributions for originality, style, and content. The editor will respond in a timely fashion with either an acceptance, conditional acceptance, request for revision and resubmission, or rejection.
ANNOUNCEMENT
The American Osler Society

William B. Bean Student Research Award
Supporting Research by Medical Students in Medical History and Medical Humanities

- Candidates must be current students at accredited medical schools in the U.S. or Canada.
- The research award is $1,500.
- Successful applicants may be invited to present their research findings at a subsequent meeting of the American Osler Society (expenses paid, see below).
- The deadline for submission of applications is March 1, 2014.

About Sir William Osler
At the time of his death, Sir William Osler (1849-1919) was the most famous physician in the English-speaking world. The American Osler Society was founded in 1970 to memorialize and perpetuate the just and charitable life, intellectual resourcefulness, and ethical example of Osler.

William B. Bean, M.D. was the first president of the American Osler Society and, like Sir Osler, was an outstanding physician, educator, humanitarian, and historian.

The Bean Award Committee will consider the following criteria in evaluating proposals:
1. The project should represent scholarship in medical history and/or the medical humanities
2. The goal should be stated clearly
3. The goal should be realistic
4. The applicant should demonstrate familiarity with the relevant literature, in part through appropriate citations
5. Originality and a scholarly approach

A letter of support from a faculty sponsor outlining the applicant’s qualifications to conduct this research, as well as the sponsor’s interest in the project and willingness to provide guidance and ensure completion of the project within the proposed time period, must accompany the application form, which can be obtained at the American Osler Society’s website: www.americanosler.org. Contingent on submission of a paper acceptable to the Bean Award Committee, the American Osler Society may make available additional funding to pay for travel to (not to exceed $750) and expenses (including hotel, meals, etc.) at the annual meeting.

Please send application materials via email to Renee Ziemer, AOS Administrator at acarenee@gmail.com. Completed applications must be received by March 1, 2014. Notice of awards will be made by April 15, 2014.
International Clinical Research Program

The Doris Duke Charitable Foundation International Clinical Research Fellowship Program at Yale offers students from all medical schools in the U.S. the opportunity to pursue a career in clinical research by completing a one-year combined didactic and mentored clinical research training program for students. Yale University School of Medicine, a national leader in clinical and basic science research, ranks fifth nationwide amongst U.S. medical schools in total NIH funding, and ranks third in the percentage of graduates who select careers in research. With a world-renowned faculty, NIH-funded Clinical Research Centers, and expanding programs in clinical and translational research (NIH CTSA award), Yale offers extraordinary opportunities for DDCF Medical Student Fellows.

Program Benefits:
- Conduct at least 9 months of research at a preapproved international site
- Students will have a mentor who is a faculty member at Yale Medical School

Financial Support
- Annual stipend of $29,000
- Supplementary research allowance
- Travel allowance
- Health insurance

Eligibility
Students matriculated in the M.D. program at any U.S. Medical School or accredited U.S. osteopathic school who are in good academic standing are eligible to apply.
Opportunity

Announcement Format

Policy for In the Know Announcement Submissions

Beginning 11/11/2013:

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu

2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.