GENERAL ANNOUNCEMENTS

Getting to Know

Dr. Mudassar Zia

Department: Internal Medicine

Title: Assistant Professor of Medicine, Docent Green 1 and 2 Units

Birth date: June 21

What did you last read? The Psychology of Persuasion by Robert Cialdini
If you could go on vacation anywhere, where would you go? Switzerland
Where did you grow up? Abbottabad, Pakistan
What is your favorite movie? The Shawshank Redemption
What is the one thing you can’t live without? Youtube
Inclement Weather Policy

The SOM Inclement Weather Policy can be located at http://www.med.umkc.edu/m/docenthb/weatherPolicy.php.

When the Volker campus is not in session (breaks or weekends), SOM personnel will assess the weather and road conditions to make a decision about student participation. A notice will be placed on the SOM website by 6 am only if students are excused from their clinical and academic responsibilities for the day.

USMLE Step 1 Changes

Dear Students,

We recently received a notice from USMLE that the minimum passing score on USMLE Step 1 will be raised from 188 to 192. The change will be applied to Step 1 examinees testing on or after January 1, 2014.

Accordingly, the School of Medicine has also adjusted CBSE readiness criteria to take effect for students testing on or after January 1, 2014:

<table>
<thead>
<tr>
<th>Score Range</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>67+</td>
<td>The student can sign up for a Step 1 window, set a test date, and sit for the exam.</td>
</tr>
<tr>
<td>62-66</td>
<td>The student can sign up for Step 1 window but may not set a test date yet. The student must take a 2nd CBSE and must score 67+ in order to sit for Step 1.</td>
</tr>
<tr>
<td>61 and below</td>
<td>The student will be required to meet with the Manager of Student Affairs to discuss readiness for a 2nd CBSE. The student may not set a window or a test date until after this meeting.</td>
</tr>
</tbody>
</table>

USMLE Step 2 Changes

Changes to USMLE® 2014 – 2015

As medicine and medical education have changed over the years, so have USMLE examinations evolved since they were first administered in 1992. This is a brief summary of planned changes for the next few years.
# Flu Vaccine and Immunizations

**ATTENTION ALL SOM STUDENTS:**

Flu shots are offered FREE through Concentra on a walk-in basis. Flu shots are REQUIRED for all CMH rotations in addition to rotations that might visit any CMH location, and STRONGLY RECOMMEND for all TMC rotations. **Please note that ALL OTHER IMMUNIZATIONS SHOULD BE REQUESTED THROUGH YOUR ETC.**

---

## USMLE STEP 2 Clinical Knowledge (CK)

<table>
<thead>
<tr>
<th>What WILL change?</th>
<th>What WILL NOT change?</th>
</tr>
</thead>
<tbody>
<tr>
<td>In 2014 and 2015, examinees will see an increased focus on quality improvement principles; safety science; epidemiology; biostatistics; and population health; professionalism; and interpersonal and communications skills. These may be tested using item formats currently under development. If new item types are introduced into the examination, sample materials will be available on the USMLE website for examinees to review well in advance.</td>
<td>Step 2 CK will continue to focus on patient care and diagnosis. The format will continue to be a computer-administered examination, using multiple-choice questions.</td>
</tr>
</tbody>
</table>

## USMLE STEP 2 Clinical Skills (CS)

<table>
<thead>
<tr>
<th>What WILL change?</th>
<th>What WILL NOT change?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Further enhancements to the assessment of communications skills are being piloted. If the pilots are successful, these enhancements to Step 2 CS will be introduced into the exam no earlier than 2015, and will be announced well in advance.</td>
<td>Step 2 CS will continue to focus on examinees’ ability to gather information from patients, perform physical examinations, and communicate their findings to patients and colleagues. The examination will continue to use standardized patients to simulate patient encounters.</td>
</tr>
</tbody>
</table>

## USMLE STEP 1

<table>
<thead>
<tr>
<th>What WILL change?</th>
<th>What WILL NOT change?</th>
</tr>
</thead>
<tbody>
<tr>
<td>In 2014 and 2015, examinees will see an increased focus on quality improvement principles and safety science.</td>
<td>Step 1 will continue to focus on traditional content areas in the basic sciences within a clinical context. The format will continue to be a computer-administered examination, using multiple-choice questions.</td>
</tr>
</tbody>
</table>

---

Questions?

Please check the USMLE website [www.usmle.org](http://www.usmle.org) for the latest updates and most complete information. You may contact us at [http://www.usmle.org/contact/](http://www.usmle.org/contact/).
FIT Testing

ATTENTION ALL YEARS 3-6 SOM STUDENTS:
TMC is embarking on their annual requirement for Fit Testing. Careful attention is required from each of us to assure that TMC meets the goals of the Fit Testing Initiative.

All FIT testing will be done at TMC, and all students MUST have the tests!!!
You may walk-in during the given times below.

Fit Testing Schedule 2014

Lakewood

Location – Occupational Health Area 3rd Floor Main Elevators
(Elevator to the old LDRP area)

<table>
<thead>
<tr>
<th>Date 2014</th>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/3/14</td>
<td>Monday</td>
<td>7:00am-3:00pm</td>
</tr>
<tr>
<td>2/4/14</td>
<td>Tuesday</td>
<td>7:00am-3:00pm</td>
</tr>
<tr>
<td>2/5/14</td>
<td>Wednesday</td>
<td>11:00am-7:00pm</td>
</tr>
<tr>
<td>2/6/14</td>
<td>Thursday</td>
<td>11:00am-7:00pm</td>
</tr>
<tr>
<td>2/7/14-</td>
<td>Friday</td>
<td>Closed</td>
</tr>
<tr>
<td>Closed</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2/8/14</td>
<td>Saturday</td>
<td>7:00am-3:00pm</td>
</tr>
<tr>
<td>2/9/14-</td>
<td>Sunday</td>
<td>Closed</td>
</tr>
<tr>
<td>Closed</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Hospital Hill

Location – TMC Health Sciences Building Main Entrance

<table>
<thead>
<tr>
<th>Date 2014</th>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/10/14</td>
<td>Monday</td>
<td>7:00am-3:00pm</td>
</tr>
<tr>
<td>2/11/14</td>
<td>Tuesday</td>
<td>7:00am-3:00pm</td>
</tr>
<tr>
<td>2/12/14</td>
<td>Wednesday</td>
<td>11:00am-7:00pm</td>
</tr>
<tr>
<td>2/13/14</td>
<td>Thursday</td>
<td>11:00am-7:00pm</td>
</tr>
<tr>
<td>2/14/14</td>
<td>Friday</td>
<td>7:00am-3:00pm</td>
</tr>
<tr>
<td>2/15/14</td>
<td>Saturday</td>
<td>7:00am-3:00pm</td>
</tr>
<tr>
<td>Date</td>
<td>Day</td>
<td>Hours</td>
</tr>
<tr>
<td>---------</td>
<td>-----------</td>
<td>----------------</td>
</tr>
<tr>
<td>2/16/14</td>
<td>Closed</td>
<td>Closed</td>
</tr>
<tr>
<td>2/17/14</td>
<td>Monday</td>
<td>7:00am-3:00pm</td>
</tr>
<tr>
<td>2/18/14</td>
<td>Tuesday</td>
<td>7:00am-3:00pm</td>
</tr>
<tr>
<td>2/19/14</td>
<td>Wednesday</td>
<td>11:00am-7:00pm</td>
</tr>
<tr>
<td>2/20/14</td>
<td>Thursday</td>
<td>11:00am-7:00pm</td>
</tr>
<tr>
<td>2/21/14</td>
<td>Friday</td>
<td>7:00am-3:00pm</td>
</tr>
</tbody>
</table>

Thank you and please call Teresa Pearson at 404-2770 or 404-8730 if you have questions.

**Website Focus Group**

UMKC School of Medicine is currently redesigning its website. We will have focus groups for students to review the new website. Each session should take about 30 minutes to an hour. Please click the link to sign up. Space is limited to 30 at each session.

**Opinions Needed!**

Tuesday, Feb. 4 - 5:30 – 6:30 p.m. in the Computer Testing Lab

Wednesday, Feb. 5, 5-6 p.m. in the Computer Testing Lab

To register for one of these sessions, click http://www.signupgenius.com/go/9040C44A4A62CA20-website2

Questions? Contact Kristy Wegner at hillwegnerk@umkc.edu.

**Val-o-Grams**

Valo-grams for Valentine’s Day!!!

Sponsored by: The Color Officers and MSAC

You will have an opportunity to send a card and some treats to a friend. Also if you have that special someone and you want to remain anonymous, we can send it anonymously.

A card and treats will cost $1.00. A card and treats anonymous will cost $1.25.

Thursday, February 6th until Wednesday February 12th, A table will be in the lobby so you can sign up to purchase cards. All cards and treats will be delivered to mailboxes by Thursday, February 13th. The team that buys the most Valentines will win a Prize!!! There will be 1st, 2nd and 3rd place winners!!!! Everyone is invited to participate!!!!
Not just action, but consistent action, is what leads to change.

Imagine if you worked out one time, then didn't work out for 3 weeks, then worked out again really hard, then didn't work out for a week, then did 2 workouts in a row, then stopped again. Do you think you'd see or feel a difference in your body? Do you think you’d feel motivated to keep going? Do you think you might throw a tantrum about how you've tried to make changes in your life but you're not seeing results?

This is something I personally struggled with for a long time. I was immersed in self-help for years, and would pick and choose little bits of advice to half-implement (and sometimes "half" is overstating it!) then I would become deflated and discouraged when I didn't see results. I would complain that "I've tried everything but nothing works." I would resent everyone who promised change and healing. And in the process, my self-esteem got lower and lower. I didn't trust myself to follow through on anything nor did I trust anything in life to actually work.

But I was operating under the false belief that if I just made a change ONCE, or if I could make one sweeping decision to be different, then I’d see my life transform before my eyes. Just like working out, it doesn't work that way. Changing your relationship, changing your communication patterns, changing your body, your study habits or your negative thinking…it all requires consistency. So take small achievable steps, and take them REGULARLY! Start now! ~Niloofar
Things to Do in KC This Week

First Fridays (Free!): On Friday, February 7, 2014 (and on the first Friday of every month), galleries and studios in the Crossroads District will be open from 7:00 to 9:00 p.m. to showcase local and national artists. It's an opportunity to stroll the galleries, meet local artists, socialize with fellow art lovers, and enjoy a glass of wine.

Many restaurants in the District offer appetizer and drink specials on First Fridays.

The Crossroads District is located at 18th and Baltimore in Kansas City, Missouri.

Lee’s Summit Chocolate Crawl (Free!): This Saturday, February 8, 2014, go into any of the downtown Lee’s Summit stores that are displaying balloons, and they’ll give you free chocolate during their annual Chocolate Crawl. Start at the New Stanley (312 SE Douglas) and pick up a map and a full-size chocolate bar, courtesy of Baird Group Real Estate.

This event runs from 10:00 a.m. to 5:00 p.m.

Cooking Techniques Class (Free!): Every Sunday from 11AM-12PM, Williams-Sonoma on the Plaza offers a complimentary cooking techniques class. This week’s class, on February 9th, is called “Valentine’s Day Baking”. Make sweets for your sweetie this Valentine’s Day. In this class you’ll learn how to decorate home-baked cookies like a pro. We'll take you step-by-step through everything from piping to flooding.

For more events, visit Ink Magazine’s online, searchable calendar: http://calendar.inkkc.com/ and Kansas City on the Cheap: www.kansascityonthecheap.com

SCHOLARSHIPS

Boone County Medical Scholarship

Eligibility:
- Must be from and have graduated high school in Boone, Howard or Cooper county
- Must have completed his/her first semester of your clerkship year
- Demonstrates exceptional intellectual and humanistic qualities in interactions with patients, peers and teachers

Financial need is NOT a selection criterion for this scholarship.

Amount: $2,000
Deadline: February 15th

Northeast Missouri Medical Society Scholarship

Requirements: Must be a Missouri medical student that graduated from a high school in Northeast Missouri
Amount: There are two scholarships for $1,000 ea.
Deadline: March 31, 2014
Factors: Financial need, scholastic achievement and community involvement

Please contact Robin Hill at hillrob@umkc.edu for further details.
Scholarship

Welsford and Mildred Clark Medical Memorial Scholarship Fund

Eligibility Requirements:
- Professional year 3 students (year 5 if BA/MD)
- Resident of Connecticut for 5 years or graduated from high school there
- Able to demonstrate financial need
- Transcripts and Step 1 score reflect academic excellence

Amount: Up to $20,000

Deadline: April 30th

See Robin Hill for details if above criteria is met.

OPPORTUNITIES

Cape Town, South Africa

Welcome back! We trust that you had a restful and joyous winter break and a great start to the Spring semester. We are glad to announce that the online application system for the Summer 2014 Study Abroad course on Global Health and Social Issues in Cape Town, South Africa is now available. Please click here to access the IAP program page and start your application. The application deadline is February 14.

Offered by the UMKC Bloch School in collaboration with School of Public Health at the University of Western Cape, this course will provide an extraordinary learning opportunity for anyone interested in global health and development through a combination of field trips and in-class activities. Please find the course dates below and check our websites for additional information.

Course Number: PA 5587/497 (3 credit hours)

Date: May 25 - May 31, 2014
(with pre-trip sessions on February 22, April 11 & 12, and April 25 & 26, and a post-trip debriefing in July)

Course website: http://bloch.umkc.edu/students/study-abroad/south-africa.aspx
Facebook page: https://www.facebook.com/BlochSouthAfrica

Contact for more information:

Dr. Arif Ahmed
Phone: (816) 235-2319
E-mail: ahmedar@umkc.edu

Mr. Allke Wood
Phone: (816) 361-9693
E-mail: mikewood100@yahoo.com
AMSA Medical Humanities-National Publication Opportunity

Medical Humanities Scholars Program through the American Medical Student Association (AMSA) is seeking submissions for an anthology of medical humanities-related works created by current medical students from all over the country. We are particularly interested in works (including but not limited to creative/reflective writings, poetry, journalism, or art) that express feelings and thoughts about the process of becoming a physician, and how physicians are able to be storytellers in their day-to-day training and practice.

Those interested can email submissions to mhsp.anthology@gmail.com before February 14th. For questions or more information, contact Gabrielle Langmann at University of Pittsburgh School of Medicine at langmann.gabrielle@medstudent.pitt.edu.
What is the goal of the Minority Summer Fellowship Award?

The purpose of the ASTRO Minority Summer Fellowship Award is to introduce medical students from backgrounds that are underrepresented in medicine to the discipline of radiation oncology early in their medical education. Although medical students in all years are encouraged to apply, preference will be given to first- and second-year students. In an effort to promote radiation oncology as a career choice, the fellowship will provide medical students with an experience designed to expose students to clinical, basic and translational research questions in radiation oncology.

What are the terms of the award?

The ASTRO Minority Summer Fellowship Grant offers each student a $3,000 package that includes a $2,400 stipend for an eight-week training program and $600 toward attendance to
the ASTRO Annual Meeting the following year (2015). Host departments may provide additional support depending on the outcomes of the fellowship. The grantee will receive a direct payment of $2,400 paid at the beginning of the fellowship upon receipt of a confirmation letter, definite timeline and completed W-9 form (award winners will be given more detailed instructions in their notification letters). ASTRO does not pay indirect costs, overhead costs or salary support for the principal or co-principal investigator and has no responsibility for support beyond that stated in this application. The grantee must submit an abstract to the 2015 ASTRO Annual Meeting before the abstract submission site closes. An additional $600 is set aside to help offset travel expenses to the Annual meeting. The grantee will submit travel expenditures with a completed expense form and itemized receipts after attending the meeting and will reimbursed for up to $600 (any additional costs are the responsibility of the grantee).

To apply, please visit:  www.astro.org/minoritysummerfellowship

Applications must be received no later than March 7, 2014
AMERICAN SOCIETY OF HEMATOLOGY

Hematology Research Experience for Medical Students
Advance your education by participating in the ASH® Minority Medical Student Award Program (MMSAP)

The MMSAP engages medical students in the field of hematology by providing participants with a stipend to complete an eight to 12-week research experience in the lab of an ASH member. Participants also receive travel support to attend the ASH annual meeting and the guidance of two mentors. Monitoring begins during the application phase and continues throughout medical school and residency. This program is open to minority medical students from the United States or Canada who are enrolled in a DO, MD, or MD/PhD program. There is no fee to apply. Visit the ASH website at the address below for specific eligibility requirements.

Benefits of the MMSAP:
• A stipend of $5,000 for a research project
• An allowance of $2,000 for travel to the ASH annual meeting during the initial award year
• An allowance of $1,000 for travel to the ASH annual meeting awarded each subsequent year through medical school and residency
• Complimentary online subscriptions to Blood and The Hematologist that continues through medical school and residency
• The guidance of a research and a career-development mentor

Important Deadlines
Applications must be received by March 10, 2014. If you would like to be matched with a research mentor, please visit the ASH website at the address below or contact ASH at awards@hematology.org by January 6, 2014.

For more information, including eligibility requirements and application process, visit www.hematology.org/mmsap.

Questions?
Contact ASH at awards@hematology.org or by phone at 503-776-0544.

The Institute for International Medicine’s Exploring Medical Missions Conference

will take place in Kansas City, MO on Friday and Saturday, May 30-31, 2014.

For more information: http://www.inmed.us/events/exploring-medical-missions-conference/
STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS

Emergency Medicine Interest Group

Our next meeting will be February 12th at 5:30pm in Theater B. We will be discussing pediatric emergencies. All years are more than welcome. Free food included and we are raffling off a chance to shadow in Truman’s ED! E-mail emig.umkc@gmail.com with questions.
The UMKC-SOM Orthopaedic Surgery Interest Group

Presents

Casting Workshop

A hands on experience that will show you one of the treatments that is commonly used both in the operating room and in clinic.

Thursday, February 13
5:30 P.M.

Come to Theater B on February 13th to check-in.

We will then head over to the TMC casting rooms in the Orthopaedic Surgery clinic.

Have a chance to talk to and eat with the Orthopaedic residents.

Meet TMC Orthopaedic surgeons while learning a valuable skill that will be used in future rotations.

Dinner will be provided.

RSVP is required. Space is limited to 30 participants.

Please RSVP at: osig.umkc@gmail.com
Student Research Event

Snow Ball Save the Date!!! Snow Ball 2014

Snow Ball will be held on March 8th, 2014. Please save the date and check back for more information. For more info contact MSAC Social Chair Kevin Gibas at kmgnkc@mail.umkc.edu

Announcements Format

Policy for In the Know Announcement Submissions

Beginning 11/11/2013:

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu

Contact: Please contact the Office of Research Administration with any questions at SOMresearch@umkc.edu. We will update Student Research Summit 2014 page as updates become available. The SOM poster template is already available on the site.
2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.