GENERAL ANNOUNCEMENTS

Getting to Know

Diana Carter

Department: School of Medicine
Title: Family Medicine II – Rural Preceptorship Coordinator
Birth date: March 2nd

What are your hobbies? Going on daytrips to historic towns

What did you last read? I last read Terry Deacon’s Incomplete Nature: How Mind Emerged from Matter (a few original ideas and a lot of not intimidating but just plain annoying prose).

What is your favorite movie? Something’s Got to Give with Diane Keaton and Jack Nicholson. It’s perfect for us “older single women”.

What did you want to be when you grew up? I wanted to be smart when I grew up, like teachers and doctors.

What is your best memory? Hanging out with my “artsy” friends Steve Cervantes and our own Medical School’s Steve Leasure in high school. They were tremendously talented and cheap entertainment.
2014 Graduate Records

2014 Graduates - Please update the Pathways system with your mailing address (NO P.O. Boxes please), contact phone numbers and personal email addresses, this should be done as soon as possible. The diplomas will be sent U.S. Certified mail and someone must be available to sign for it. Diplomas will be mailed to the degree address you have listed in Pathways or you may pick up your diploma on the release date (TBD) by appointment only.

If, you have any special mailing needs or would like to pick it up, please contact Ms. Angie Allen, Admin Assistant - Council on Evaluation via allenan@umkc.edu or ph: 235-5368 with your request.

LGBTQIA

MONDAY, APRIL 7TH
SAFE SPACE TRAINING
Safe Space training focuses on developing skills and safe space for our LGBTQIA community. Come gain awareness about the LGBTQIA community and learn how to become an effective ally.

Location: 802 Student Union
Time: 10:00am - 1:00pm

TUESDAY, APRIL 8TH
BOOK READING: ROBERTO GONZALEZ
American Book Award recipient, will present a reading and Q&A at the event. It is open to anyone.

Location: Student Union Room 404 BC
Time: 1:00 - 3:00pm

TUESDAY, APRIL 8TH
MOVIE NIGHT: "TO WONG FOO..."
1995)
In partnership with the LGBTQIA Health Sciences Alliance, join us for the screening of "To Wong Foo..."

Location: Student Union Room 404 BC
Time: 7:00pm

THURSDAY, APRIL 10TH
HOMOSEXUALITY AND HOMOPHOBIA
An overview of social, cultural, and historical development of these concepts.

Location: Student Union Room 404 BC
Time: 3:30pm - 4:30pm

SATURDAY, APRIL 12TH
QUEER QUEENS OF QMONEY
Join the UMKC Queer Queen team before their performance on the main stage at the annual UMKC Drag Show.

Location: 802 Student Union
Time: 5:00pm - 7:00pm

THURSDAY, APRIL 17TH
IF I HAPPEN TO ANYONE, SEXUAL ASSAULT AND DOMESTIC VIOLENCE IN THE LGBTQIA COMMUNITY
Join MUFCC for a presentation that will highlight sexual assault and domestic violence in the LGBTQIA community.

Location: 802 Student Union
Time: 10:30am - 12:30pm

THURSDAY, APRIL 17TH
Prides Alliance Annual Drag Show
Prides Alliance hosted the annual drag show with support from Kansas City GLBT Center and OSU Student Affairs Safety Center.

Location: 802 Student Union
Time: 7:00pm

TUESDAY, APRIL 22ND
A LOOK AT Lgbtqia & Disability Identity: QMUL
A discussion of the intersection of LGBTQ and disability identities.

Location: Student Union Room 404 BC
Time: 3:30pm - 4:30pm

LGBTQIA GAYPRIL 2014

Health Sciences Student Research Summit

APRIL 17, 2014 | 3-5:30 PM
UMKC STUDENT UNION
Student Org
Advisers

Presented by the Office of Student Involvement
& Sponsored by Staff Council

STUDENT ORGANIZATION
Advisor Summit

Come join us for a discussion on
current student organization issues and preparation
for the next academic year

FRIDAY
April 25, 2014
11:00AM-2:00PM
STUDENT UNION
401-BC

Free Lunch Provided
Policy & Procedure Updates
Networking
Roles of Student Advisors
Panel Discussion

RSVP by April 18th @ http://bit.ly/AdvSummit2014
Any questions contact: getinvolved@umkc.edu
Located off of 25th street adjacent to the Hospital Hill campus

**AMENITIES**
- Fully furnished 1, 2, & 4 bedroom apartments
- Private bedroom & bathrooms
- Full kitchen & washer/dryer in each apartment
- Parking adjacent to each unit

**CONVENIENCE**
- Pedestrian pathway to the Hospital Hill campus
- 1200 sq. foot Fitness Center
- Bus stop and bike racks
- 24 hour emergency maintenance
- Exterior tables and grills

**VALUE**
- Rent includes internet, cable, and all utilities
- Owned by the university to keep rent low
- Rent can be paid with Financial Aid if eligible

**SAFETY**
- Gated fences for privacy and security
- Access-card entry
- Security cameras at all entrances

**OPEN AUGUST 2014**

Pricing for 2014-2015 academic year contract:

- One Bedroom: $9,740
- Two Bedroom: $16,820
- Four Bedroom: $7,740

**SUBMIT A CONTRACT**

umkc.edu/housing
(have your sso and password handy)

**CONTACT US**

umkchousing@umkc.edu
5051 Oak St.
Kansas City, MO 64112
816-235-8840
### Immunizations

#### Required Immunizations for UMKC Medical Students
- DTaP vaccine (and appropriate Tdap vaccine boosters)
- MMR vaccine
- Varicella vaccine (or Titers if student had the disease rather than the immunization)
- Hepatitis B vaccine
- TB testing-once annually
- Influenza vaccine-once annually

#### Non-covered services/recommendations
- Hepatitis C antibody testing
- Meningococcal vaccination
- Any titers occurring after starting at the School of Medicine (MMR, Varicella, etc.)
- Any other services not listed on the left

### Cost:
- **Free at Concentra (200 Southwest Boulevard, KC MO 64108)**
- **Student’s responsibility (see if your health insurance covers all or part of the cost)**

### How:
- Contact ETC to get approval before going to Concentra
- Student coordinates services on their own at the place of their choosing.

### More Info:
- If any of the above immunizations or titers is missing from a student’s record, the School of Medicine will pay for the cost of service only at Concentra (200 Southwest Boulevard, KC MO 64108). This is extremely rare—students should have proof of all the above immunizations before entering UMKC. Annual TB testing and annual influenza vaccines will be provided by Concentra at no cost to the student **ONCE a year** (twice a year for entering students in their first year). Students needing a vaccine above must contact their ETC to get approval before going to Concentra.
- Students can obtain these services at Concentra, UMKC Student Health Services, KCMO Health Department, or a primary care provider. Responsibility for payment of the above services belongs with the student and will not be covered by the School of Medicine. Students choosing to complete an **out-of-town elective** who need additional vaccinations or recently-completed titers must obtain those at their own cost (might be covered by health insurance).

### Take Wing Lecture and Commencement

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<th>Commencement &amp; Take Wing Lecture</th>
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<td><strong>2014</strong></td>
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<td><strong>University of Missouri-Kansas City</strong></td>
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<td><strong>School of Medicine</strong></td>
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#### Commencement
- **6 p.m., Thursday, May 22**
- Municipal Auditorium Music Hall
- 301 West 11th Street
- Kansas City, Mo., 64105

#### Take Wing Lecture
- **Noon, Wednesday, May 21**
- Doug Zweig, M.D., ’80
- 2014 Take Wing Award Recipient
- Theater A, School of Medicine

For more information visit: [www.umkc.edu/commencement](http://www.umkc.edu/commencement)
Trying to take emotional responsibility for others will only end up making things worse.

Have you ever felt sick or nervous because someone you love is feeling sad or rejected? And then have you tried to step in and make it better? It's one thing to feel empathy and to try to cheer another up, but if you feel RESPONSIBLE for taking care of them, if their pain gives you anxiety or if you can't handle the other person having
uncomfortable emotions, then you're not being loving, you're being controlling. Trying to take responsibility for other people is about manipulation. "I can't stand you feeling disappointed and rejected and it makes me feel afraid, so I need to control you and control all your feelings. I need to manipulate situations and manipulate YOU so that I don't have to deal with the discomfort that you being upset brings me."

Not only is this a sign of codependence and ego at work, but it also tends to make things worse! From now on, if you notice yourself trying to control everything in the guise of being helpful...stop! Trust that other people can handle their feelings and so can you! (And trust that even if someone is upset with you or feeling down, that the relationship is strong enough to handle it.) ~Niloofar ☺

I used to be a people pleaser. Now I love them instead.

cherylrichardson.com
Kansas City Filmfest: Enjoy nine days of films, filmmakers, workshops, special events, and parties from April 5th - 13. Films will be screening at both the Alamo Drafthouse at 1400 Main Street and the Cinemark Palace on the Plaza. For tickets and a full schedule visit kcfilmfest.org.

Carlos Mencia Comedy Show: Carlos Mencia will be performing from April 10th-12th at Stanford’s Comedy Club at the Legends. For more information visit stanfordscomedyclub.com

Cooking Techniques Class (Free!): Every Sunday from 11AM-12PM, Williams-Sonoma on the Plaza offers a complimentary cooking techniques class. This week’s class, on April 13th, is called “Best of Brunch”. Want to take this year’s Easter brunch to a new level? Join us and learn how to create classic standards plus some new recipes to add flair to your brunch table.

For more events, visit Ink Magazine’s online, searchable calendar: http://calendar.inkkc.com/ and Kansas City on the Cheap: www.kansascityonthecheap.com (which also has great deals and coupons!)

Have you participated in any of the events featured in “Things to Do in KC This Week”? Send us your photos so we can feature them here and/or on the UMKC School of Medicine Wellness Program page on Facebook! www.facebook.com/somwellness Send to: shahmohammadin@umkc.edu

Have suggestions for upcoming events that we should feature? Send suggestions to shahmohammadin@umkc.edu

Contest Winner!

We have a winner! Congratulations to Bridget Waller! She won a $25 gift card for her participation in the National Nutrition Month Wellness Contest!
Smoking Cessation Group

NEW! GROUP SMOKING CESSATION

SIX WEEK SESSION: MAR. 31ST-MAY 5TH
DATE: MONDAY, MARCH 31ST
      MONDAY, APRIL 7TH
      MONDAY, APRIL 14TH
      MONDAY, APRIL 21ST
      MONDAY, APRIL 28TH
      MONDAY, MAY 5TH
TIME: 2PM-3PM
LOCATION: MINDBODY CONNECTION

FREE NICOTINE REPLACEMENT THERAPY
WITH PARTICIPATION IN PROGRAM

Spots are limited! RSVP to umkchealthpromo@umkc.edu to reserve your spot.

SCHOLARSHIPS

Welsford and Mildred Clark Medical Memorial Scholarship Fund

Eligibility Requirements:
- Professional year 3 students(year 5 if BA/MD)
- Resident of Connecticut for 5 years or graduated from high school there
- Able to demonstrate financial need
- Transcripts and Step 1 score reflect academic excellence

Amount: Up to $20,000
**Deadline:** April 30th

See Robin Hill for details if above criteria is met.

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**OPPORTUNITIES**

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### Rose Brooks Bridge Program

**Bridge Program Volunteer Opportunities**

This unique volunteer opportunity is perfect for those individuals considering a career in health care or social services. Volunteers will learn vital skills in a clinical setting, including how to talk to your patient about sensitive issues.

**What is the Bridge Program?**

The Bridge Program of Rose Brooks Center is a hospital-based advocacy program connecting victims of family violence with the person who can help them most. The Bridge Program is a vital service providing 24/7 on-call support to 13 area hospitals and clinics throughout the metro.

For more information visit: [http://www.rosebrooks.org/help-bridge-volunteer.html](http://www.rosebrooks.org/help-bridge-volunteer.html)

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### Medical Missions Conference

**The Institute for International Medicine's Exploring Medical Missions Conference**

will take place in Kansas City, MO on Friday and Saturday, May 30-31, 2014.


Please call 816-444-6400 with questions, comments or requests.
Free Scholarships to Exploring Medical Missions Conference

The 9th annual Exploring Medical Missions Conference will be in Kansas City on May 30-31, 2014. 520 participated in the 2013 Conference, and this year INMED has received scholarship funding for up to 4 medical students from UMKC to participate in the 2014 Conference free of charge.

You can see a summary of the conference here: http://www.inmed.us/events/exploring-medical-missions-conference/

Sessions on ultrasound, eye diseases, bandaging and wound care, newborn resuscitation, family life in the field and more will be offered! If you are interested, please email Britt Filkins at FilkinsB@umkc.edu as soon as possible. The student scholarships for the conference will be given out first come first serve.
Calling All Musicians!

I would like to re-visit the idea of the musical interest group for those of you that would like to have a musical outlet in this building.

This will be an opportunity to make the group more of what you want it to be.

Please contact Steve Pankey to express interest at pankeys@umkc.edu

Clean Out Your Closet Drive

Donate your lightly used/new clothes!

When: April 7-18th

Where: Big Box in Med School Lobby

Second Servings needs your help to raise funds. Come donate lightly used/new clothes. Put them in the designated box in the med school lobby. We will collect these clothes and give them to Plato’s closet in exchange for money. We plan to use the funds to continue preparing lunches for Kansas City’s underserved.

Email us at umkcssecondservings@gmail.com if you have any questions.
Dermatology Interest Group Meeting

Come attend a Q&A session by post-match Year 6 students and discuss plans for the next year!

April 8th at 5:30 in M5-C05

The meeting is open to all students.

Questions? Contact Kaitlin Vogt at kvtfc@mail.umkc.edu

Hospital Hill LGBTQIA

When: April 8th, 2014 @ 5:30PM

Where: Diastole (2501 Holmes Street)

Who: LGBTQIA Students/Family/Significant Other, Allies, Staff and Faculty

What: We will be playing the board game version of the popular NBC Show “Hollywood Game Night.”

There will be FOOD and PRIZES for our game night winners!

Unfortunately, Jane Lynch won’t be there...but you should be! :D
UMKC AMA hosts:

“How to Effectively Manage Your Student Debt: Best Practices For Medical Graduates”
Presented by GL Advisor

**When:** Tuesday, April 8th at 6 PM

**Where:** Theater C

- What is the difference between Income Based Repayment (IBR) and the new Pay As You Earn program (PAYE)? What can you do to maximize my savings from them?
- What is Public Service Loan Forgiveness?
- Should you consolidate your loans?

Get these questions and more answered at this session!

**DINNER PROVIDED!**

Any questions, please contact: Hima Veeramachaneni - hvd5d@mail.umkc.edu
The Medical Humanities Interest Group is partnering with Reach Out and Read to host a training session for new readers for KC’s Reach Out and Read Clinics. Those who participate will be able to volunteer to read to kids at any of Reach Out and Read KC’s clinics any day of the week! Our training session will be **April 16th @ 5:30pm in the Medical Humanities Conference Room.** We are hoping for participation from both Faculty and Students!
INTERNAL MEDICINE INTEREST GROUP

HOSPITALIST Q&A PANEL
Wednesday, April 9th at 5:30pm
Theater C
FREE FOOD AND SODA!!!

Family Medicine Interest Group Elections
April 10th 5:30
Theater B
We'll have pizza!
Please RSVP to fmigumkc@gmail.com

GlobeMed Fundraiser

CARDS AGAINST HUMANITY
THE TOURNAMENT
A GLOBEMED FUNDRAISING EVENT
4/25 9PM @ AQUARIUS BOOKS
Tickets $5, $8 at the door.

Come win sweet prizes like
- 29” flat screen
- Gift card packages
Volunteers Needed!

Boys and Girls Club
Sports Physicals

April 26\textsuperscript{th} 8am-2pm

Boys and Girls Club of America
2405 Elmwood, Kansas City, MO 64127

Limited positions available
Please RSVP to fmigumkc@gmail.com

The Vampire Cup Challenge!

The Vampire Cup Challenge is back again!!! For those of you who didn't have a chance to
donate blood last time this is a perfect opportunity to come on out and help our region win
the Vampire Cup. Also if you donated before and would like to donate again it would be much
appreciated. We collected 31 units of blood last time and had a total of 36 participants. Lets
try to top that number!!!!! As a reminder, The Vampire Cup Challenge is a initiative created
by IPSF-APhA as a global competition to encourage nations to collect blood for people in need.
So help our region bring home the Vampire Cup by donating here at UMKC:
Where: HSB 5302

When: Monday, April 28th

Time: 10:00am - 2:00pm

See attached document for more information and sign up or do so here: https://docs.google.com/document/d/18dDIwHriNAnzWuEuhdx7D0rT8Yg-m6saqvJ8EjJN1I/edit?usp=sharing

Royals Game

Hospital Hill’s First Annual Interdisciplinary Royals Game!!!

School of Pharmacy
School of Nursing & Health Studies
School of Medicine
School of Dentistry

Ladies and Gentleman, your UMKC Hospital Hill Lineup!

Join fellow Hospital Hill students in this fun interdisciplinary event as we cheer on our Kansas City Royals when they take on the Toronto Blue Jays. Hosted by the Hospital Hill Student Leadership Committee, our goal is to promote interdisciplinary communication between the four Hospital Hill schools. Come sit next to and mingle with students from the other professional schools on Hospital Hill all while enjoying America’s favorite pastime – BASEBALL!

Tuesday, April 29th at 7:10pm
$11 per ticket, seating TBD upon purchase

Please RSVP by Monday, March 31st at 7pm

Contact Tori Robb  vlr6y5@mail.umkc.edu
MAY 8, 2014 AT 6:00PM
UMKC STUDENT UNION THEATER
FREE ADMISSION

ESCAPE FIRE
THE FIGHT TO RESCUE AMERICAN HEALTHCARE
PRESENTED BY
UMKC FAMILY MEDICINE INTEREST GROUP

REFRESHMENTS PROVIDED
FREE PARKING
UMKC CHERRY ST. GARAGE FLOORS 5 AND 6

RSVP OR QUESTIONS FMIGUMKC@GMAIL.COM
Policy for In the Know Announcement Submissions

Beginning 11/11/2013:

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu.

2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.