Getting to Know

Connie Beachler

Department: Student Affairs

Title: Career Coordinator and Counselor

BRIEF Job Description: Assist students in their career decision-making process (i.e., specialty choice) and in matching into a preferred residency program

Birth date: August 17

When you were a kid, what did you want to be when you grew up? A baseball player with the Cincinnati Reds

If you could be any animal, what would you be and why? A mama lion. I think they are regal, beautiful, cunning and smart.

What is your hidden talent? Playing drums (rock and blues)

What is the one thing you can’t live without? Black coffee (French Roast)

If you could have any superpower, what would it be and why? The ability to ‘zap’ into oblivion humankind’s bigotry (in all its forms).
Office Safety and Recent Thefts

In the past month we have received several reports of student office break-ins and theft around multiple docent units. These have occurred in locked and unlocked offices, during the day and at night. Items stolen include class notes, textbooks, and hard drives.

Please keep the following in mind:

· Keep your office locked when you are not in it, even when gone for short periods of time.
· Report suspicious behavior.
· Report theft immediately to Cary Chelladurai, chelladurai@umkc.edu, Gold 4 M4-203.
· Year 1 and 2 students, and other students without assigned offices, are NOT to be in the docent units. These spaces are reserved for the members of the docent team and no one else. These are not appropriate places to study for HSF or any other Year 1 and 2 courses, even when those courses occur on Hospital Hill.
· The 4th and 5th floors are generally open for anyone, anytime to come to the docent unit. Use appropriate caution with your belongings.

Graduate Records

2014 Graduate Records

2014 Graduates - Please update the Pathways system with your mailing address (NO P.O. Boxes please), contact phone numbers and personal email addresses, this should be done as soon as possible. The diplomas will be sent U.S. Certified mail and someone must be available to sign for it. Diplomas will be mailed to the degree address you have listed in Pathways or you may pick up your diploma on the release date (TBD) by appointment only. If you have any special mailing needs or would like to pick it up, please contact Ms. Angie Allen, Admin Assistant - Council on Evaluation via allenan@umkc.edu or ph: 235-5368 with your request.

LGBTQIA

LGBTQIA GAYPRIL 2014

MONDAY, APRIL 7th

QUEER QUEENS OF COMEDY

Safe space training focuses on developing safe and safe spaces for the LGBTQ Community. A fun and informative show about the LGBTQ community and learn how to become an effective ally. 4:00-8:30pm, Student Union Room 404 BC

Time: 6:00-8:00pm

TUESDAY, APRIL 8th

BOOK READING: REBECCA GONZALEZ

Rebecca Gonzales, American Book Award Recipient, will present reading and Q&A. Book is Devine Baby Boy, sponsored by Sigma Tau Delta

Location: Student Union Room 404 BC

Time: 7:00-9:00pm

TUESDAY, APRIL 8th

MOVIE NIGHT: “TO WONG FOO...” (1995)

In partnership with the Asian American Student Union, the Asian American Student Union invites everyone to come out for a fun and informative movie night. 7:00pm-10:00pm, Student Union Room 404 BC

Time: 7:00-8:00pm

THURSDAY, APRIL 10th

![Masked Queen & Pandora Fums] (Image)

The LGBTQI+ Queer Identity and Student Life Committee is hosting the annual Queer Identity Forum. The event will feature a keynote speaker and a panel discussion. The forum will be held from 5:00pm to 7:00pm in the Student Union Room 404 BC.

Time: 5:00pm

SATURDAY, APRIL 12th

GAY PRIDE HISTORY TOUR

Join us on a walking tour through the history of LGBTQI+ rights in Kansas City. The tour will take place at 11:00am, starting outside the Student Union

Location: Student Union Room 404 BC

Time: 11:00am

THURSDAY, APRIL 17th

PRIDE ALLIANCE ANNUAL DRAG SHOW!

The Pride Alliance is excited to announce our annual drag show! The event will take place at 7:00pm in the Student Union Room 404 BC.

Time: 7:00pm

THURSDAY, APRIL 22nd

A LOOK INSIDE: LGBTQI+ & DIVERSITY IDENTITIES FORUM

Participants will explore various aspects of LGBTQI+ and diversity identities. The forum will take place from 5:00pm to 7:00pm in the Student Union Room 404 BC.

Time: 5:00pm
Cinco de Mayo Celebration

AOA Congratulations to spring 2014 AOA Honor Medical Society Inductees:

Students
Caroline Doo, Year 5
Yuan Feng, Year 6
Scott Helgeson, Year 5
Nasreen Quadri, Year 5
Craig Raphael, Year 6
Erin Sieck, Year 5

Residents/fellows
Chris Radchenko, MD
Tina Shakhnovich, MD

Alumni/alumnae
Toi Harris, MD
David Gritz, MD, MPH

To All Students
MSAC and Color Officers will sponsor a
Yr 6 Reception
The Theme is Cinco de Mayo
Monday, May 5th, Noon
Humanities Conference Room, Plan now to attend
Congratulations to our graduating class of 2014
We are proud of you!!!!!!
Hospital Hill Housing

Located off 25th street adjacent to the Hospital Hill campus

AMENITIES
- Fully furnished 1, 2, & 4 bedroom apartments
- Private bedroom & bathrooms
- Full kitchen & washer/dryer in each apartment
- Parking adjacent to each unit

CONVENIENCE
- Pedestrian pathway to the Hospital Hill campus
- 1200 sq. foot Fitness Center
- Bus stop and bike racks
- 24 hour emergency maintenance
- Exterior tables and grills

VALUE
- Rent includes internet, cable, and all utilities
- Owned by the university to keep rent low
- Rent can be paid with Financial Aid if eligible

SAFETY
- Gated fences for privacy and security
- Access-card entry
- Security cameras at all entrances

SUBMIT A CONTRACT
umkc.edu/housing
(have your sso and password handy)

CONTACT US
umkchousing@umkc.edu
5051 Oak St.
Kansas City, MO 64112
816-235-8840

OPEN AUGUST 2014

Pricing for 2014-2015 academic year contract
One Bedroom $9,740
Two Bedroom $8,820
Four Bedroom $7,740
## Immunizations

### Required Immunizations for UMKC Medical Students
- DTaP vaccine (and appropriate Tdap vaccine boosters)
- MMR vaccine
- Varicella vaccine (or Titers if student had the disease rather than the immunization)
- Hepatitis B vaccine
- TB testing—once annually
- Influenza vaccine—once annually

### Non-covered services/recommendations
- Hepatitis C antibody testing
- Meningococcal vaccination
- Any titers occurring after starting at the School of Medicine (MMR, Varicella, etc.)
- Any other services not listed on the left

### Cost:
Free at Concentra (200 Southwest Boulevard, KC MO 64108)

### How:
Contact ETC to get approval before going to Concentra

### More Info:
If any of the above immunizations or titers is missing from a student’s record, the School of Medicine will pay for the cost of service only at Concentra (200 Southwest Boulevard, KC MO 64108). This is extremely rare—students should have proof of all the above immunizations before entering UMKC. Annual TB testing and annual influenza vaccines will be provided by Concentra at no cost to the student **ONCE a year** (twice a year for entering students in their first year). Students needing a vaccine above must contact their ETC to get approval before going to Concentra.

## Take Wing Lecture and Commencement

### 2014 Commencement & Take Wing Lecture

**Take Wing Lecture**
Noon, Wednesday, May 21
Doug Zweig, M.D., ’80
2014 Take Wing Award Recipient
Theater A, School of Medicine

**Commencement Ceremony**
6 p.m., Thursday, May 22
Municipal Auditorium Music Hall
301 West 13th Street
Kansas City, Mo., 64105

For more information visit: www.umkc.edu/commencement
Don’t underestimate the power that what you eat has on your emotions. It took me years to realize just how much my sweet tooth was disturbing my peace, and even still, I still struggle with indulging on occasion. Just this weekend, against my better judgment, I decided to bake a batch of brownies. Yesterday, I found myself in one of the worst moods I’d been in in a long time. The connection between going crazy on the sugar and my mood over the next few days after a binge is becoming increasingly clear. As a mental health professional, I like to think that’s it’s all about the power of our thoughts, and while we DO have the power of choice and
our thinking IS very powerful, the foods we eat and how we treat the body creates an environment that makes it harder or easier to harness that power of choice to choose those better thoughts. 😊 ~Niloofar

FOOD IS THE MOST ABUSED ANXIETY DRUG AND EXERCISE IS THE MOST UNDERUTILIZED ANTIDEPRESSANT.

HASFIT.COM
THE BEST FREE WORKOUTS

Wellness Points Program Leader Board

Things to do in KC This Week

(Compiled from around the web. These are not UMKC sponsored or sanctioned events)

Italian Film Festival of Kansas City: Friday through Sunday. Come spend an evening in Italy! Enjoy the local premiere of three recent, critically-acclaimed Italian films at the 2014 Italian Film Festival of USA of Kansas City. All films shown in original language with English subtitles at the Kemper Museum of Contemporary Art. Sponsored by FIAT, the Italian Cultural Institute of Chicago and the Kemper Museum of Contemporary Art. For more information visit italianfilmfests.org/Kansas_City.html

Trolley Run: The Sabates Eye Centers Trolley Run is the largest annual event for the Children’s Center for the Visually Impaired (CCVI) and the largest timed four-mile run in the nation! Mark your calendars for our 26th Annual Trolley Run on Sunday, April 27, 2014. For more info visit www.trolleyrun.org

Free Cooking Technique Classes: Every Sunday from 11AM-12PM, Williams-Sonoma on the Plaza offers a complimentary cooking techniques class. This week’s class, on Sunday,
April 27th is called “Vitamix”. Spring into action with your Vitamix. Learn how to make delicious dips, nut butters and milks – all with your Vitamix. This blender is the chef’s choice and will be yours too when you can see all it can do!

For more events, visit Ink Magazine’s online, searchable calendar: http://calendar.inkkc.com/ and Kansas City on the Cheap: www.kansascityonthecheap.com (which also has great deals and coupons!)

Have you participated in any of the events featured in “Things to Do in KC This Week”? Send us your photos so we can feature them here and/or on the UMKC School of Medicine Wellness Program page on Facebook! www.facebook.com/somwellness. Send to: shahmohammadin@umkc.edu

Have suggestions for upcoming events that we should feature? Send suggestions to shahmohammadin@umkc.edu

### Alcohol Awareness Month

**Alcohol Awareness Quiz Show!**

Come down to the SOM lobby from 12PM-1PM on Tuesday, April 22nd for a chance to answer trivia questions about alcohol safety and win prizes!!

### SCHOLARSHIPS

#### 3-6 Scholarship

Hello Everyone,

It's time to apply for the year 3-6 scholarship. Please use this application to apply for School of Medicine Scholarships, including the Dean's $5,000 scholarship. The money will be applied for next year so year 2-5 students will apply now. **You will have until Friday, April 25th at 4:30pm to apply.** The process will be different this year and my hope is much better for everyone.

The application is all online and will not require letters of recommendation. You should be able to complete it in less than an hour. The statement boxes are important and your opportunity to speak to why/how this money would help you.

**You MUST have a 3.0 or above UDGR/PROF GPA to be considered.** The link to the application is below. Please let me know if you have questions.

http://med2.umkc.edu/scholarship/addrecord.php

#### Scholarship

**Welsford and Mildred Clark Medical Memorial Scholarship Fund**

**Eligibility Requirements:**
- Professional year 3 students (year 5 if BA/MD)
- Resident of Connecticut for 5 years or graduated from high school there
- Able to demonstrate financial need
- Transcripts and Step 1 score reflect academic excellence

**Amount:** Up to $20,000

**Deadline:** April 30th

See Robin Hill for details if above criteria is met.
Dear Medical Students,

My name is Tristan and I am with a group called 53rd Week, I wanted to bring to your attention an exciting summer opportunity if you are interested in global health, pediatrics, or wish to brush up on your ASCM skills! From **August 16th – August 24th 2014**, the 53rd Week (http://www.53rdweek.org) is planning an International Medical Mission to the Dominican Republic to provide health education and pediatric medical care to Haitian refugees living in the bateyes.

For more detailed information, please read through the Information PDF attached [attached to this week’s In the Know]. If you are interested in being a part of this year’s team – consisting of medical students from across North America – please fill out the application and send to programs@53rdweek.org.

If you have any questions, please do not hesitate to contact me (tnlp73@mail.umkc.edu). I am one of the trip organizers and have gone on 2 of these missions in the past. 2014 is our 9th year traveling to the DR! It is a great experience and I hope you consider participating.

Tristan Lutz
2014 53rd Week Trip Leader

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**The Institute for International Medicine's Exploring Medical Missions Conference**

will take place in Kansas City, MO on Friday and Saturday, May 30-31, 2014.

For more information: http://www.inmed.us/events/exploring-medical-missions-conference/

Please call 816-444-6400 with questions, comments or requests.
Free Scholarships to Exploring Medical Missions Conference

The 9th annual Exploring Medical Missions Conference will be in Kansas City on **May 30-31, 2014**. 520 participated in the 2013 Conference, and this year INMED has received scholarship funding for up to **4 medical students** from UMKC to participate in the 2014 Conference **free of charge**.

You can see a summary of the conference here: [http://www.inmed.us/events/exploring-medical-missions-conference/](http://www.inmed.us/events/exploring-medical-missions-conference/)

Sessions on ultrasound, eye diseases, bandaging and wound care, newborn resuscitation, family life in the field and more will be offered! If you are interested, please email Britt Filkins at FilkinsB@umkc.edu **as soon as possible**. The student scholarships for the conference will be given out first come first serve.

INMED is inviting poster presenters for the May 30-31 Exploring Medical Missions Conference on the following topics:

- Impact of international rotations and experiences on students’ and residents’ development
- Providing public health services in communities with limited resources
- Clinical issues in resource-poor communities
Sustainability implications for short-term international projects or partnerships
Global Impact of medical mission
Innovative approaches to community development

Three cash awards will be presented for the top poster presentations. Here is the poster info: http://www.inmed.us/events/exploring-medical-missions-conference/conference-poster-presentations/

And general conference info: http://www.inmed.us/events/exploring-medical-missions-conference/

Questions? Please contact Micah Flint at 816-444-6400 or micah@inmed.us

Surgical Society

- Interested in teaching high school students how to suture and splint?
- Or maybe being involved with the UMKC Summer Scholar Program? Where you can teach how to run a code or laparoscopic surgery skills?
- This is a great opportunity to get involved with the UMKC Surgical Society as well as making a difference in the lives of high school students.
- In addition to being great addition to your CV or resume.
- There will be several events in June and July where you can be involved in teaching and mentoring these students.
- July 21st, from 930-1230AM will be the suturing and splinting workshop

Please email Kevin Xiao at kx258@mail.umkc.edu for more information or to sign up to teach. Spots are limited.

STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS

Cards Against Humanity

The Tournament

A GLOBEMED FUNDRAISING EVENT
4/25 9PM @ AQUARIUS BOOKS
Tickets $5, $8 at the door.

Come win sweet prizes like
- 29” flat screen
- Gift card packages
The Vampire Cup Challenge!

The Vampire Cup Challenge is back again!!! For those of you who didn't have a chance to donate blood last time this is a perfect opportunity to come on out and help our region win the Vampire Cup. Also if you donated before and would like to donate again it would be much appreciated. We collected 31 units of blood last time and had a total of 36 participants. Let's try to top that number!!!! As a reminder, The Vampire Cup Challenge is a initiative created by IPSF-APhA as a global competition to encourage nations to collect blood for people in need.

So help our region bring home the Vampire Cup by donating here at UMKC:

Where: HSB 5302

When: Monday, April 28th

Time: 10:00am - 2:00pm

See attached document for more information and sign up or do so here: https://docs.google.com/document/d/18dDlwHriNaWuEUhux570rT8Yg-m6saqV8EjJN1/edit?usp=sharing
Hospital Hill’s First Annual Interdisciplinary Royals Game!!!

School of Pharmacy
School of Nursing & Health Studies
School of Medicine
School of Dentistry

Ladies and Gentleman, your UMKC Hospital Hill Lineup!

Join fellow Hospital Hill students in this fun interdisciplinary event as we cheer on our Kansas City Royals when they take on the Toronto Blue Jays. Hosted by the Hospital Hill Student Leadership Committee, our goal is to promote interdisciplinary communication between the four Hospital Hill schools. Come sit next to and mingle with students from the other professional schools on Hospital Hill all while enjoying America’s favorite pastime – BASEBALL!

Tuesday, April 29\(^{th}\) at 7:10pm
$11 per ticket, seating TBD upon purchase

Please RSVP by Monday, March 31\(^{st}\) at 7pm

Contact Tori Robb  vlr6y5@mail.umkc.edu
Come Vote for your upcoming
2014-2015 IMIG officers!!!!

IMIG
ANNUAL
ELECTIONS

WHERE : Theater B
DATE: 4/30/14
TIME: 5:30 PM
Meeting:
May 1st at 6:00 PM
Theater C

Food will be provided!

MSAC presents

FAPAN 2014
May 7th

Where: Diastole House
When: 6:30 – 9:30pm
What is it?? Make videos, perform skits,
ANYTHING YOU WANT!

Rules?
1) Must be pertinent to med school (professors, classes, DO-RO, ANYTHING)
2) Keep it classy and professional!
3) Any videos should be uploaded to YouTube or emailed to kmgnc@mail.umkc.edu

PRIZES and Food!!

Contact Kevin Gibas at kmgnc@mail.umkc.edu with any questions!
ESCAPE FIRE
THE FIGHT TO RESCUE AMERICAN HEALTHCARE
PRESENTED BY
UMKC FAMILY MEDICINE INTEREST GROUP

REFRESHMENTS PROVIDED
FREE PARKING
UMKC CHERRY ST. GARAGE FLOORS 5 AND 6

RSVP OR QUESTIONS FMIGUMKC@GMAIL.COM
Policy for In the Know Announcement Submissions

Beginning 11/11/2013:

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu

2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.