GENERAL ANNOUNCEMENTS

TB Testing

MANDATORY TB Testing for all UMKC Medical Students Years 3-6
Both dates listed for your Year are REQUIRED
Flu shots are MANDATORY for all St. Luke’s and Children’s Mercy locations; strongly encouraged for TMC locations

Year 3 SoM students: TB test and Mandatory Flu Shots on Tuesday, October 14, 10 am - 12pm M4C05.
TB test results on Thursday, October 16, 10 am – 12 pm M4C05.

Year 4 SoM students: TB test and Mandatory Flu Shots on Tuesday, October 21, 10 am - 12pm M4C05.
TB test results on Thursday, October 23, 10 am – 12 pm M4C05.

Years 5 and 6 SoM students: TB test and Mandatory Flu Shots on Tuesday, October 28, 10 am - 12pm M4C05.
TB test results on Thursday, October 30, 10 am – 12 pm M4C05.

If you are unable to attend either of your MANDATORY sessions due to out of town obligations, etc., please contact Cassie Shaffer Johnson at shafferjohnsonc@umkc.edu or 816-235-1921.

Fitbit RETURNS

All Fitbits MUST BE RETURNED IMMEDIATELY!
Anyone who checked out a Fitbit for the summer semester was required to return the Fitbit to the Wellness Office by Friday, September 5th, 2014. If the Fitbit has not been returned, it is now considered OVERDUE and a hold will be placed on your account. If your Fitbit was lost or stolen please bring $50 cash to the Wellness Office so a replacement can be purchased.

Fitbits will be available for check out for the fall semester within a few weeks. Check back for updates.

Student Organizations

Each week, we’ll be featuring a section of the Student Organization Reference Guide, the ultimate resource for all student organization questions. A copy of the handbook can be found at https://docs.google.com/document/d/1dGpkRP4ECAA3cO-RdJ_zWQ3WkvBqVvQFpZK-ELaJyW8/edit

SOUND SYSTEM, GAMES, & OFFICE SUPPLIES

The Office of Student Involvement has a number of items that are available for daily checkout.
at the OSI front desk. These items include two portable sound systems with microphones, yard games, board games, coolers, and other supplies for organization use. These items may not be kept overnight without prior approval by the Coordinator for Student Organizations.

If your organization would like to check out these items, please include this as part of your RooGroups Event Request. If there are any additional items you would like the Office of Student Involvement to consider purchasing, please send us a message at getinvolved@umkc.edu.

**Sarah Morrison Research Award**

The goal of the Sarah Morrison Student Research Award is to help students learn the value and application of research in the study and practice of medicine by providing funds to support the expenses of such research. **The next application deadline is: October 1, 2014**

The application packet should include:

- **Application Form**
- **Reference Form** from at least 3 UMKC SOM faculty including the student’s research mentor.
- Project protocol
- Proposed project budget - up to $1,500
  - If research costs will be incurred at Children’s Mercy Hospital (CMH), please contact CMH Research Administration at (816) 701-1345 to obtain accurate figures for your budget.
- A current transcript
  - Pathway transcripts accepted.
- Resume/CV

For more information please visit the website: [http://med.umkc.edu/ora/student_awards/](http://med.umkc.edu/ora/student_awards/)
ARE YOU AN LGBTQI ALLY?
CALLING ALL:
STUDENTS, STAFF, FACULTY, ADMINISTRATORS

ALLY PHOTOSHOOT
THURS, OCT 9TH 12:50 PM
STUDENT UNION STAIRS

For more information contact lgbtqia@umkc.edu
Did you know that today is the 265th day of this year? It feels like just yesterday that I was celebrating New Year's Eve with my family and watching the ball drop. The days go by so quickly, I hope you're taking the time to appreciate them and to be WELL!

Here's an article from the American College of Physicians that one of our students, Isha Jain, shared with me:

Medical Student Perspective: 10 Tips to Help You Be Happy in Medical School

As always, if you need help with any of these things, don't hesitate to drop by my office or email me to set up an appointment. ~Niloofar 😊
Kansas City Fashion Week: Runway shows on September 26, 27, 28. KCFW works with local boutiques, designers, photographers, models and stylists to coordinate the production of quality fashion events for the Kansas City area and Midwest. KCFW produces two events annually for the Kansas City area, a Spring Fashion Week and a Fall fashion week. For more information visit: https://kcfashionweek.com

Grub Crawl ($20): September 27th. A play off of the traditional pub crawl, a "Grub Crawl" is a cutting edge way to experience the eclectic food scene in the historic City Market and River Market! Consider this restaurant speed datinga one night chance to taste and try some of the finest food Kansas City has to offer in the “foodie event” of the season.

Culinary adventurers will purchase a “Passport to Dine” that will be their ticket to a free taste or small plate from series of participating restaurants. Each restaurant has selected a dish that best represents their culinary point of view. The Grub Crawl will be held from 6:00 p.m. to 9:00 p.m. For more information visit: http://www.brownpapertickets.com/event/860200

Hallmarket: This Saturday, September 27, 2014, more than 100 Hallmark photographers, sculptors, designers, and photo stylists will be displaying their own works in Crown Center Square. Admission is free. This event runs from 10:00 a.m. to 5:00 p.m. You’ll be able to buy works directly from the...
artists (cash or check only).

information visit: http://www.visitkc.com/events/event-details/index.aspx?id=35706

**Kansas City Renaissance Festival:** The Kansas City Renaissance Festival is open weekends August 30th - October 13th, Plus Labor and Columbus Day. Voted Kansas City’s Favorite Fall Attraction and Favorite Family Festival in 2013, the Kansas City Renaissance Festival promises to be even better than year with new entertainments acts, new food items, and overall fun!! Join them for a one of a kind experience and relive history the fun way! 
http://www.kcrenfest.com/

For more events, visit Ink Magazine’s online, searchable calendar: http://calendar.inkkc.com/ and Kansas City on the Cheap: www.kansascityonthecheap.com (which also has great deals and coupons!)

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**Suicide Prevention Month Contest - $25 Gift Certificate!!!**

**CONTEST!**

September is...

**National Suicide Prevention Month**

**ASK LISTEN REFER**

University of Missouri-Kansas City Suicide Prevention Training Program

**Wellness Office Suicide Prevention Training Contest.**

**RULES:**

The contest is open to ALL School of Medicine Students.

Only students who have NOT previously completed training are eligible to enter the contest.

Go to [www.asklistenrefer.org](http://www.asklistenrefer.org) and complete the brief (20 minutes or less) online Suicide Prevention Training program.

Upon completion, click “YES” when asked if you would like to print a Certificate of Completion.

Email the Certificate of Completion to shahmohammadin@umkc.edu. This will serve as your entry into the drawing.

On October 15th, 2013, a random drawing will be held and the winner will be announced in the IN THE KNOW and notified via email.

The winner will receive a $25 gift card of their choice.

$25 GIFT CERTIFICATE!!!

GOOD LUCK!!!

For more information contact Niloofar Shahmohammadi

shahmohammadin@umkc.edu
Women Bike KC @ UMKC

Thursday, September 25
4:00 p.m.
Swinney Recreation Center
5030 Holmes St.

Join Rachel and Maggie from local biking advocacy organization BikeWalkKC in a discussion about women and bikes! Topics will include: why women don’t bike, how to break down those barriers, what resources UMKC has for bicyclists and basic traffic safety skills. Don’t forget to bring your bikes and helmets for a short bike ride following the discussion.

For more information:
816.235.1638
womenscenter@umkc.edu
Fall Fling Health Fair – Prizes!!

Wellness Council

Seeking Students Interested in Wellness at the School of Medicine!

Time and time again, I’ve heard from medical students facing a difficult time who feel that “only another medical student would understand.” I’ve been told that students would be more likely to get help if they heard from other students who have been through challenges or if they could open up to other students.

I’ve also heard from students with ideas about how to change the SOM culture or who have ideas for health promotion events. If you’re interested in becoming a “Wellness Ambassador” and/or forming a Wellness Council, please email me at shahmohammadin@umkc.edu. I will add your name to a list and once we have enough interested students, we’ll hold a meeting to brainstorm and discuss some ideas and goals.

SCHOLARSHIPS

Financial Literacy Article of the Week

As you begin buying textbooks for this upcoming semester, I thought you might find some resources in this article. Good luck and I hope helps.

5 Tools to Help You Find the Cheapest Textbooks

These tools may have with study materials for Step 1 as well. ~Robin
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<tr>
<th>Scholarship</th>
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<tbody>
<tr>
<td><strong>Scholarship: Southern Medical Association Alliance (SMAA)</strong></td>
<td><strong>Eligibility:</strong> Year 5 students</td>
<td><strong>Amount:</strong> $2,000</td>
<td><strong>Deadline:</strong> September 23, 2014</td>
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<td><strong>Eligibility:</strong></td>
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<td><strong>Amount:</strong> $2,000</td>
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<td><strong>Deadline:</strong> September 23, 2014</td>
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<td>Please see Robin Hill in Student Affairs for details and the application or email her at <a href="mailto:hillrob@umkc.edu">hillrob@umkc.edu</a></td>
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<td><strong>Scholarship: THE ARMENIAN AMERICAN MEDICAL SOCIETY</strong></td>
<td><strong>THE ARMENIAN AMERICAN MEDICAL SOCIETY</strong> is now accepting scholarship applications for the 2014-2015 academic year</td>
<td><strong>Scholarship Criteria</strong></td>
<td><strong>Postmarked by September 30, 2014</strong></td>
</tr>
<tr>
<td><strong>THE ARMENIAN AMERICAN MEDICAL SOCIETY</strong> is now accepting scholarship applications for the 2014-2015 academic year</td>
<td><strong>Scholarship Criteria</strong></td>
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<td>• Armenian Descent or</td>
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<td><strong>Postmarked by September 30, 2014</strong></td>
<td><strong>Scholarship Criteria</strong></td>
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<td>Special Interest in Armenian Medical Causes</td>
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<td><strong>Postmarked by September 30, 2014</strong></td>
<td><strong>Scholarship Criteria</strong></td>
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<tr>
<td>• Armenian Community Service</td>
<td></td>
<td><strong>Postmarked by September 30, 2014</strong></td>
<td><strong>Scholarship Criteria</strong></td>
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<tr>
<td>• Completed Application Package</td>
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<td><strong>Postmarked by September 30, 2014</strong></td>
<td><strong>Scholarship Criteria</strong></td>
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<td>(Postmarked by September 30, 2014)</td>
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<td><strong>Postmarked by September 30, 2014</strong></td>
<td><strong>Scholarship Criteria</strong></td>
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<td>$1,000 will be awarded to students enrolled in an American accredited medical, pharmacy, dental, physician assistant, nursing or other professional healthcare schools</td>
<td></td>
<td><strong>Postmarked by September 30, 2014</strong></td>
<td><strong>Scholarship Criteria</strong></td>
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<tr>
<td>----------------------------------------------------------------------------</td>
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</tr>
<tr>
<td><strong>Scholarship: NATIONAL HISPANIC HEALTH PROFESSIONAL STUDENT SCHOLARSHIP</strong></td>
<td><strong>Eligibility Requirements:</strong></td>
<td><strong>Amount:</strong> 2 different scholarships available</td>
<td><strong>Deadline:</strong> October 3, 2014 at 5:00pm EST</td>
</tr>
<tr>
<td><strong>Eligibility Requirements:</strong></td>
<td>Students are NOT required to be Hispanic but an affinity for the health of Hispanic communities IS required.</td>
<td>2 year scholarship at $5,000 per year</td>
<td><strong>Deadline:</strong> October 3, 2014 at 5:00pm EST</td>
</tr>
<tr>
<td>• Students are NOT required to be Hispanic but an affinity for the health of Hispanic communities IS required.</td>
<td>2 year scholarship at $5,000 per year</td>
<td>1 year scholarship at $5,000</td>
<td><strong>Deadline:</strong> October 3, 2014 at 5:00pm EST</td>
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<td>• 3.0 GPA</td>
<td>1 year scholarship at $5,000</td>
<td><strong>Deadline:</strong> October 3, 2014 at 5:00pm EST</td>
<td><strong>Deadline:</strong> October 3, 2014 at 5:00pm EST</td>
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<td>• Year 3-6 students only</td>
<td></td>
<td><strong>Deadline:</strong> October 3, 2014 at 5:00pm EST</td>
<td><strong>Deadline:</strong> October 3, 2014 at 5:00pm EST</td>
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Application Deadline: Friday, October 3rd, 2014. Recipients will be notified by October 24th, 2014. Applications can be downloaded from www.nhmfoundation.org or see Robin Hill for a paper copy.

**OPPORTUNITIES**

**Family Medicine Midwest Conference**

**October 10-12, 2014—Minneapolis**

“Innovate & Invigorate”

In association with the Society of Teachers of Family Medicine.

Apply for a scholarship at: [www.iafp.com/fmm](http://www.iafp.com/fmm)

Scholarships are for $200 or $400, depending on where you live and how far you'll need to travel, and include conference registration. You must apply by August 18, but apply early as scholarships will be assigned in the order they are submitted.

Conference Highlights:
- Residency Fair with 38 Midwest family medicine residency programs
- Procedure workshops and nationally regarded plenary speakers
- Sessions, panels and workshops covering the fascinating world of family medicine, as well as new developments and innovations in health care.
- Speed Date the Specialty Luncheon—find joy in the possibilities!
- Hippocrates Cafe—Family Medicine brought to life!

Find information, online registration, student scholarships, and more with the QR code or visit [www.iafp.com/fmm/](http://www.iafp.com/fmm/)

**Women’s Graduate Assistance Fund**

The timeline for the GAF application process is below.

- **September 9, 2014**: GAF applications open online at [www.umkcwc.org](http://www.umkcwc.org)
- **November 3, 2014**: 5 p.m. Deadline for application submission and faculty recommendations
- **Mid-November**: GAF Committee members start the review process
- **Early December 2014**: Selections Committee meets to select recipients
- **January 2015**: Recipients notified by U.S. Mail
- **February tbd, 2015**: In mid-late February a Celebration Reception will be held to honor the GAF recipients and donors.
Dear Medical Student:

We are faced with a deluge of information during medical school and often, our success hinges on our ability to sort and process that information effectively. Conversations regarding future specialty selections abound among medical students as we prepare for residencies and having a reputable source of information is critical to making informed decisions.

Consider joining the American Society of Anesthesiologists (ASA) if you are interested in anesthesiology as a specialty. As medical students, we are not exposed to anesthesiology early in our training and for any student curious in the specialty; Medical Student Membership in the ASA is a must!

By becoming a member of the ASA, you are joining over 52,000 members of the premier society dedicated to anesthesiology. As you will soon discover, anesthesiologists do more than just administer anesthesia — we serve as an advocate for patient safety and work as part of a collaborative team to provide effective care and treatment in the operating room and beyond.

The ASA provides a wealth of information for medical students such as educational resources, networking and mentor opportunities, and advocacy efforts. Membership includes monthly publications, free admission to the ASA Annual Meeting, an annual anesthesiology residency fair, residency guides, participation in the ASA Medical Student Component, and much more.

Student membership is fast, easy, and only $5.

Join today at: https://membershipapp.asahq.org/ For questions regarding membership, call ASA’s Member Services Department at (847) 825-5586, or via email: membership@asahq.org. Visit the ASA website at http://www.asahq.org/for-students/for-medical-students.aspx to learn more.

On behalf of the ASA and your fellow medical student colleagues, thank you for considering membership.
in the professional home of anesthesiology.

Sincerely,

Chad R. Greene
Chair, American Society of Anesthesiologists – Medical Student Component
Edward Via College of Osteopathic Medicine

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STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS

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EMERGENCY MEDICINE INTEREST GROUP PRESENTS

CRITICAL CARE IN AIR TRANSPORT FOLLOWED BY HELICOPTER TOUR

WITH SPEAKER: LIFEFLIGHT

SEPTEMBER 22ND 17:30-18:30
FREE PIZZA
UMKC Dream Project

- Are you a firm believer of education and its impact?
- Are you looking for a chance to give back to the community?
- Are you looking to make an impact on someone's life?

If you answered YES to any of the questions, then come to UMKC Dream Project's meeting, where we will also be electing officers for the new academic year.

What: Dream Project is a student-initiated, college-access and retention program that partners UMKC students with first-generation and low-income students in Kansas City area high schools to assist in the college admissions process.

When: Wednesday, September 24th, 2014, 6:00 PM - 7:00 PM

Where: UMKC School of Medicine, Theater C

Pizza and drinks will be provided

Email: umkcdreamproject@gmail.com
AMA CLINICAL VIGNETTES

THURSDAY 09/25
5:30 PM
THEATER B

2014 Resolutions recap
Physician shadowing raffle

FREE

For questions, please contact Ingrid Hsiung at ihhed@mail.umkc.edu
Policy for In the Know Announcement Submissions

1) All submissions **must be in JPG format** (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu

2) If the announcement is a **text only announcement, please include it in the body of your email**. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a **revision for your specific announcement will not be sent out to the school**. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements **will be returned to sender** requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

4) To be included in the following Monday’s “In the Know”, announcements **must be submitted by 5PM the prior Thursday**.

To submit information for the next Student Affairs Weekly Announcement, send an email to Nilofar Shahmohammadi at shahmohammadin@umkc.edu.