GENERAL ANNOUNCEMENTS

UMKC SOM Residency Program Directors Forum

What kind of career is in YOUR future? Learn from program directors from various specialties about what they seek (experiences, skills, board scores & grades, personal qualities) in residency applicants!


Saturday, June 20 – 11:45 a.m.-2 p.m.
Theatres B & C, M4-C05 & Humanities Conference Room

FREE ADMISSION AND FREE PLANET SUB LUNCH!!

Residency Program Director Forum:
Neurological Surgery

Dr. Jules Nazzaro, University of Kansas Hospital

Noon-1 p.m., Wednesday, June 17
Bamberger Conference Room (M4-C05)

bring your questions ... we’ll bring lunch!
Please see below for the 2015-2016 Student Representatives on Councils, OSR, and Color Officers. Congratulations to the newly elected representatives!

**Council on Curriculum**
Sean Mark  
First Alternate: Jasleen Ghuman  
Second Alternate: Kayla Briggs

**Council on Evaluation**
Jacob Arnold  
Nneoma Wamkpah

**Council on Selection**
Hasan Bader  
Greg Miller

**Council of Docents**
Blue - Kevin Gibas  
Gold - Poonam Patel  
Green - Merrill Thomas  
Purple - Shweta Nelluri  
Red - Hima Atluri

**OSR-AAMC**
- Year 6, Voting Member - Joan Chandra  
- Year 5, 1st Alternate - Kevin Gibas  
- Year 4, 2nd Alternate - AnnaMaria Maples

**Color Officers**
Blue 4 Junior - Shiva Reddy  
Blue 4 Senior - Jacob Arnold  
Blue 5, Junior - Omar Qayum  
Blue 5 Senior - Azka Afzal  
Gold 4 Junior - Divya Igwe  
Gold 4 Senior - Mitch Elting and Jasmine Singh (tie)  
Gold 5 Junior - AnnaMaria Maples  
Gold 5 Senior - Nneoma Wamkpah  
Green 4 Junior - Lidia Kruse  
Green 4 Senior - Molly Carnahan  
Green 5 Junior - Michael Keirsey  
Green 5 Senior - Tony Philips  
Purple Junior - Fedra Fallahian  
Purple Senior - Jordan Davis  
Red 3 Junior - Amena Mohiuddin  
Red 3 Senior - Lauren Thai  
Red 4 Junior - Radhika Manne  
Red 4 Senior - Rehan Nizamuddin

**Kathy’s Tips for Success**

**Study Smart!**

Each week, Kathy Phillips, Learning Resource Specialist, will be featuring a study tip to help you succeed academically. This week’s tip:

**What is your Best Time of Day?** Are you most efficient and focused early in the morning,
or in the evening, or somewhere in between? Arrange your schedule so that you study when you are at your best! You'll get more done in the same amount of time ☺

For more help with studying smart, contact Kathy Phillips, Learning Resource Specialist, at phillipsk@umkc.edu

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**WELLNESS**

**Niloofer’s Weekly Wellness Tip**

**7 Things You Should Never Do on Facebook if You want to Like Your Life**

A few weeks ago, I wrote here about not comparing your behind-the-scenes to everyone else’s highlight reel. Probably the biggest highlight reel we see is Facebook. We get updates on people’s vacations and graduations and engagements, but don’t see updates on the fights, loneliness, Netflix binges, or real struggles.

Here’s an article that specifically addresses things we should be mindful of on Facebook if we want to stay peaceful and happy. Give it a quick read, and don't hesitate to email me if you need to set up an appointment. ☺ –Niloofer


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**Things to Do in KC This Week**

*(Compiled from around the web. These are not UMKC sponsored or sanctioned events)*

**Boulevardia**: Friday, June 19th through Sunday, June 21st, West Bottoms. It’s our own country within a country – that just happens to be in Kansas City. You won’t need a passport, but prepare to be transported. Boulevardia is a unique beer, food and music festival. A very happy happening. A whole lotta hubbub. A delightful departure from the everyday. And it’s all going down in KC’s 12th Street Bridge Historic District in the West Bottoms from June 19-21. For more info and tickets visit: [http://boulevardia.com/](http://boulevardia.com/)

**Jazz in the Woods**: June 19th–June 20th, Corporate Woods in Overland Park. Come join us for the 26th Annual Jazz in the Woods on June 19-20th, 2015! Our goal is to raise over $100k for 4 great local charities (Growing Futures Early Education Center, Operation Breakthrough, Sunflower House, the Future of Hope Fund) NO TICKETS REQUIRED. [http://www.jazzinthewoods.com/](http://www.jazzinthewoods.com/)

**Shatto Milk Company – Family Day at the Farm**: Saturday, June 20th, 11 a.m. to 3 p.m.

We invite you, your family, and friends to our annual customer appreciation event and to help us celebrate the 12th anniversary of Shatto Milk Company. The event is free of charge and everyone is invited.

Something for everyone:

- Tour the farm.
- Pet the baby calves
- View the Cheese Making Process
- Take a hayride (weather permitting)
- Sample Shatto products.
- Visit our retail store.

We are also working on some fun addition experiences for this year. Additional information to
We remain committed to providing you with MILK AT ITS FINEST. My family and I look forward to meeting you during your visit. Our family farm and processing facility is located at 9406 N. Hwy 33, Osborn MO 64474. You may visit us on the web at [www.shattomilk.com](http://www.shattomilk.com) for more information and directions.

See you soon,

The Shatto Family

https://www.facebook.com/events/718692014912631/

For more events, visit Ink Magazine’s online, searchable calendar: [http://calendar.inkkc.com/](http://calendar.inkkc.com/) and Kansas City on the Cheap: [www.kansascityonthecheap.com](http://www.kansascityonthecheap.com) (which also has great deals and coupons!)

### Wellness Council

The purpose of this group is to promote wellness here at the SOM, both through lighter activities like Tea Time and Smoothie Days, and through awareness campaigns to promote national health observances and reduce stigma surrounding mental health.

**NEXT MEETING:** Tuesday, July 14th, 2015 5:30PM, Gold 4 Conference Room

### SCHOLARSHIPS

[http://www.doughroller.net/credit/free-fico-credit-score-myfico-com/](http://www.doughroller.net/credit/free-fico-credit-score-myfico-com/)
<table>
<thead>
<tr>
<th>Scholarship</th>
<th>Thomas W. Loeb, MD Scholarship</th>
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<tbody>
<tr>
<td>Eligibility:</td>
<td>This scholarship award is available to students with a physical or a learning disability.</td>
</tr>
<tr>
<td>Amount: $2,000</td>
<td>The award which will be distributed among three students; there will be one award of $1,000 and two awards of $500.</td>
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<tr>
<td>Requirements:</td>
<td>Students will be requested to create a graphic on the subject of self-esteem;</td>
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<td></td>
<td>the requirements for the graphic will be provided upon submission of the application request.</td>
</tr>
<tr>
<td>To Apply:</td>
<td>Students must apply through the website, at <a href="http://thomasloebmd.com">http://thomasloebmd.com</a>. There is one section on the homepage (scroll down) titled “Thomas Loeb, MD Scholarship;” students may contact us via this portal to apply. Upon receiving their request we will send qualified applicants a Scholarship Application Form and confirmation email with all the details and information necessary to apply for the scholarship awards.</td>
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<th>Scholarship</th>
<th>Concussion Awareness Scholarship</th>
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<tr>
<td>Amount: $1,000</td>
<td></td>
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<tr>
<td>Eligibility:</td>
<td>ANY graduate or undergraduate student (future or current) that has been accepted or attends a community college, technical/trade college, or university may apply.</td>
</tr>
<tr>
<td>Application:</td>
<td><a href="http://www.thepassrusher.com/concussionawareness.html">http://www.thepassrusher.com/concussionawareness.html</a></td>
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<td></td>
<td>Contact Robin Hill at <a href="mailto:hillrob@umkc.edu">hillrob@umkc.edu</a> with questions.</td>
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<th>Scholarship</th>
<th>Hospital Hill Housing Scholarship</th>
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<tr>
<td>Eligibility:</td>
<td>Students must be in good academic standing, submit their FAFSA and have completed their contract for the Hospital Hill Apartments with the Office of Residential Life. Students must also be a sophomore or above.</td>
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<td>Scholarship</td>
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| **SignatureCare Emergency Center Student Scholarship** | **Requirements**  
- Full-time enrollment at an accredited university  
- 3.0 GPA  
- 500-word essay  
- 30-second video  
**Amount:** $1,000  
**Deadline:** June 30, 2015  
See Robin Hill in Student Affairs or email at hillrob@umkc.edu if you have questions or need assistance with this process. |
| **Karman Healthcare Scholarship** | **Eligibility:** students suffering from a mobility disability  
**Amount:** 2 $500 scholarships  
**Application Process Deadline:** September 1, 2015  
Please see or email Robin Hill for details at hillrob@umkc.edu |
| **Boone Count Medical Society Scholarship** | **Eligibility:** Students must have completed their first semester of their clerkship year and must be from either Boone, Howard or Cooper County. They are also looking for students that have demonstrated exceptional intellectual and humanistic qualities with patients, peers and teachers.  
**Amount:** $2,000  
**Deadline:** September 1, 2015  
**Application:** Contact Robin Hill at hillrob@umkc.edu for an application |
| **Roland P. Ladenson Scholarship** | **Eligibility:** Students must be committed to pursuing a career as a primary care physician. Students must also have started their clinical training and demonstrate exceptional intellectual and humanistic qualities with patients, peers and teachers.  
**Amount:** $2,000  
**Deadline:** September 1, 2015  
**Application:** This is a nomination based scholarship. Please contact Robin Hill at hillrob@umkc.edu if you would like to be considered. |

**UMKC School of Medicine**

**KNOW OPPORTUNITIES**

**OPPORTUNITIES**
HELP NEEDED!

Sojourner Health Clinic is hosting a mini med school fundraiser on Saturday June 27 2015 from 8am-3:30pm. Interested high school students and pre-medical college students are invited to attend. The event will aim to provide students with an enjoyable clinical experience while also learning more about medical school. We are looking for interest groups to host 1 hour workshops for the students. If you are part of an interest group and have ideas for workshops, or want to get involved in the planning, please contact Nilbhi Patel at nnpgm9@mail.umkc.edu.
Attend
Mini Medical School

Saturday, June 27th: 8:00AM – 3:30PM

For high school and undergraduate students to learn basic medical skills, talk to medical students and professionals, and explore their interest in healthcare.

To Register: Contact Stephanie Taylor from West Central Missouri AHEC at Stephanie@hccnetwork.org
Registration Deadline: June 1st.
Checks can be made payable to "UMKC School of Medicine for Sojourner Clinic"

Event will be located at the University of Missouri-Kansas City School of Medicine: 2411 Holmes Street, Kansas City, MO 64108
Cost of attendance: $25

Registration fees will go toward providing health care to the homeless and underserved.
You’re Invited!

WHAT CAN YOU DO IN TEN?

Exploring Medical Missions Conference

LOCATION
Graceway Church
5460 Blue Ridge Cut-Off
Kansas City, MO 64133

DATES
Friday & Saturday
May 29th - 30th
May two thousand fifteen

The EMMC (Exploring Medical Missions Conference) provides an opportunity for you to engage in learning alongside leaders and visionaries, build valuable relationships, and discover new ways to participate in medical missions. We invite anyone, with a passion to serve the forgotten of this world, to join us at the 2015 EMMC, May 29 – 30 as we answer the question: What Can You Do in Ten?

REGISTER ONLINE AT INMED.US

Hosted by the Institute for International Medicine and Graceway
SAVE THE DATE October 9-11, 2015
Loews Hotel—Rosemont, Illinois 5 minutes from O’Hare
www.iafp.com/fmm

Theme for 2015
Celebrating Diversity: Our Patients, Our Communities and Ourselves!
No other specialty can celebrate the vast diversity of settings, patients, opportunities and relationships of family medicine.
Scholarships available for students enrolled in Midwest medical schools.

Find Your Family Medicine Future at FM Midwest:
- Clinical workshops
- Inspiring Plenaries and breakouts for faculty, resident and student attendees
- Residency Fair with Career Connections and Fellowship Opportunities
- Family Medicine Fun!
- Abstract submissions now open until late May!

STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS
Disaster Drill

The call goes out. The fire department and emergency services at Kansas City International Airport scramble to a passenger plane that has “crash-landed”. Firefighters battle flames and triage victims of the crash, that’s where you come in. Whether you’ve always wanted to be covered in fake blood or prove the flight attendant you’re ready for anything or just have Munchausen’s and have always wanted to be the patient, here’s your chance!

Thursday, June 18th, 7:00am-1:30pm, Kansas City will be conducting a city-wide Disaster Drill and they need victims. The day will start at 7 am where you get moulaged (smothered in fake blood and make-up to make you look like a mangled crash victim). Next you’ll prove your acting skills in triage where they’ll determine the severity of your condition, followed by simulations with patients getting hauled off in ambulances, buses, the works. It should end by 1:30pm, with an optional debriefing at 3pm. They need 25 students, and there are only a few spots left! So make like the quick response teams you’ll be depending on and RSVP to emig.umkc@gmail.com if you are interested. We realize that most schedules aren’t out yet, but if you’re interested and unsure if you’ll be able to attend, email us to lock in a spot and let us know that you’re just waiting on your schedule. This will be the coolest thing you’ll ever participate in, be there or be at home safe in your PJs while your friends are covered in blood on the tarmac. Just saying.

Fit and Fun Carnival
Hosted by Priority Care Philanthropy
11am-6pm | 9405 N Oak Trfwy
Saturday, June 13th

Volunteer signups at: facebook.com/UMKCROC
Policy for In the Know Announcement Submissions

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu.

2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

4) To be included in the following Monday’s “In the Know”, announcements must be submitted by 5PM the prior Thursday.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.