GENERAL ANNOUNCEMENTS

Medical Education Media Center
Located on the second floor of the School of Medicine, the Medical Education Media Center offers a wide selection of resources for audiovisual and hands-on learning. In addition to anatomical models, the media center has computers installed with educational software, instructional videos and board prep materials. Learn more at http://med.umkc.edu/memc/

WELLNESS

Niloofar’s Monthly Wellness Tip
Back next week!!

Things to do in KC This Week
(Compiled from around the web. These are not UMKC sponsored or sanctioned events)

Kansas City Irish Fest: September 4th-6th. Crown Center. It is the mission of Kansas City Irish Fest to graciously provide our local and regional community with the best, friendliest and most enjoyable Irish cultural weekend in Kansas City by creating and presenting the best blend of music, education and (great) craic. For more info and tickets visit: http://kcirishfest.com/tickets-info/about-us

Kansas City Renaissance Festival: Sept. 5-7 is our Opening Weekend for our 39th season!! Join us for food, shopping, entertainment, and overall fun!!! For more info visit: http://www.kcrenfest.com/

For more events, visit Ink Magazine’s online, searchable calendar: http://calendar.inkkc.com/ and Kansas City on the Cheap: www.kansascityonthecheap.com (which also has great deals and coupons!)

Wellness Council
The purpose of this group is to promote wellness here at the SOM, both through lighter activities like Tea Time and Smoothie Days, and through awareness campaigns to promote national health observances and reduce stigma surrounding mental health.

NEXT MEETING!: Tuesday, September 8th, 2015 5:30PM, Gold 4 Conference Room
### Financial Literacy Article of the Month

This article is a good reminder of how important it is to stay on top of paying back your loans. The key thing to remember is that there are so many protections put into place that if you aren’t able to make full payments and you are communicating with your lender, you should NEVER be in this place.


### Scholarship

#### Thomas W. Loeb, MD Scholarship

**Eligibility:** This scholarship award is available to students with a physical or a learning disability.

**Amount:** $2,000: The award which will be distributed among three students; there will be one award of $1,000 and two awards of $500.

**Requirements:** Students will be requested to create a graphic on the subject of self-esteem; the requirements for the graphic will be provided upon submission of the application request.

**To Apply:** Students must apply through the website, at http://thomasloebmd.com. There is one section on the homepage (scroll down) titled “Thomas Loeb, MD Scholarship;” students may contact us via this portal to apply. Upon receiving their request we will send qualified applicants a Scholarship Application Form and confirmation email with all the details and information necessary to apply for the scholarship awards.

#### Concussion Awareness Scholarship

**Amount:** $1,000

**Eligibility:** ANY graduate or undergraduate student (future or current) <u>that has been accepted or attends</u> a community college, technical/trade college, or university may apply.

**Application:** http://www.thepassrusher.com/concussionawareness.html

Contact Robin Hill at hillrob@umkc.edu with questions.

#### Society of 1924 Medical School Scholarship – Southern Medical Association Alliance

**Eligibility:** 5th year student who exhibits both academic and leadership qualities.

**Amount:** $2,000

**Deadline:** September 15th

**Application:** http://smaalliance.org/scholarship

Please see or email Robin Hill if you have questions. hillrob@umkc.edu

#### National Hispanic Health Professional Student Scholarship Program

**Eligibility:** Hispanic students or students with a passion for working with the Hispanic community

**Amount:** $2,000 - $5,000 (17 students will be awarded)

**Deadline:** September 18th

**Application:** http://nhmafoundation.org/index.php/scholarship-program

Please see or email Robin Hill if you have questions. hillrob@umkc.edu
Are you a student, or do you know a student, who is interested in learning the value and application of research in the study and practice of medicine? The goal of the Sarah Morrison Student Research Award is to help UMKC School of Medicine students by providing funds to support the expenses of such research. **Students must submit an application packet to UMKC SOM Research Administration by October 1, 2015.**

The application packet should include:

- **Application Form**
- **Reference Form** from at least 3 UMKC SOM faculty including the student’s research mentor.
- **Project protocol**
  - Please contact Research & Statistical Consult Service (RSCS), at 816-235-6617 for consult prior to submitting your protocol.
- **Proposed project budget - up to $1,500**
  - If research costs will be incurred at Children’s Mercy Hospital (CMH), please contact CMH Research Administration at (816) 701-1345 to obtain accurate numbers for your budget.
- **A current transcript**
  - Pathway transcripts accepted.
- **Resume/CV**

For more information please visit the website: [http://med.umkc.edu/ora/student_awards/](http://med.umkc.edu/ora/student_awards/)

Medical students:

Please note some opportunities listed below for support from the AOA (alpha omega alpha) honor society. Our school has successfully competed for most of these in prior years:

*A recent graduate won the Carolyn Kuckein award for $5000 while he was a student.
*Another student won the national award (best in the nation) for the Pharos Poetry competition.
*We have for many years been helping some of the needy in our area with work initially driven by a grant from the medical student service leadership project. It’s called Second Servings.

Please consider applying for these opportunities, and let me know how I might help you.

Thank you.

John Foxworth, PharmD
Professor of Medicine, Pharmacology, & Biomedical and Health Informatics
Asst. Dean, Faculty Development, School of Medicine
Associate Program Director & Director of Research, Internal Medicine Residency Program
Clinical Pharmacology Section,
Department of Medicine, Truman Medical Center-Hospital Hill
and University of Missouri-Kansas City School of Medicine
Red 4 unit Room M4-133
2411 Holmes St.
Kansas City, MO 64108-2792
voice: (816) 235 1925
e-mail: foxworthj@umkc.edu

**CAROLYN L. KUCKEIN STUDENT RESEARCH FELLOWSHIPS**

An opportunity for 1st -3rd year medical students to conduct independent research with a mentor. Award amount: $5k. One submission per chapter. Submit Dec. 31st to Councilor, Jan. 31st to National Office.

[http://www.alphaomegalpha.org/student_research.html](http://www.alphaomegalpha.org/student_research.html)

**HELEN H. GLASER STUDENT ESSAY AWARDS**

Encourage students to write scholarly essays and creative narratives relevant to medicine.
Essays must be original, by a single author, and on a nontechnical medical subject. Scholarly essays given preference. Winning essays published with monetary prize. All students eligible. One submission per student. Submit online by January 31st.
http://www.alphaomegaalpha.org/student_essay.html

MEDICAL STUDENT SERVICE LEADERSHIP PROJECT AWARDS
Support leadership development for medical students by organizing a service project with structured leadership development. Three years of funding. Award amount: $9k. One submission per chapter. Submit Dec. 31st to Councillor, Jan. 31st to National Office.
http://www.alphaomegaalpha.org/student_service_leadership.html

PHAROS POETRY COMPETITION
Encourage students to write effective poetry. Submitted poetry must be an original, unpublished work by a single author, relating to medicine or health. Winning poems published with monetary prize. All medical students eligible. One submission per student. Submit online by November 30th.
http://www.alphaomegaalpha.org/poetry_competition.html

OPPORTUNITY TO RAISE FUNDS FOR YOUR STUDENT ORGANIZATION!

WellnessLifestyle is a mission-driven organization inspiring wellness as a way of life and empowering students to lead change on campus and in the community around health and wellness. Our vision is to make sure that all students have access to the education they need to develop healthy habits now for a lifetime of success. Here are a few ways to get involved!

FUNDRAISING CAMPAIGNS
UMKC clubs and organizations are invited to submit a wellness-themed t-shirt design, launch a campaign via our e-commerce platform, and raise funds for wellness-related activities on campus. You create the design and launch your campaign – we take care of everything else. Learn more here.

You can participate as a single club or organization and earn 10% on each purchase, or you can challenge a club or organization on your campus or at another campus and compete for additional funds. We enthusiastically accept submissions from any team, committee, or council working to promote health and wellness on campus, as long as the design inspires one or more of our core values:

- EMOTIONAL STRENGTH
- ENVIRONMENTAL SUSTAINABILITY
- DIVERSTY AND SOCIAL JUSTICE
- HEALTHY SOCIAL RELATIONSHIPS
- INTELLECTUAL CURIOSITY
- LEADERSHIP
- LEISURE AND RECREATION
- PHYSICAL HEALTH
- SPIRITUAL GROWTH
- WISE FINANCIAL DECISIONS

Here are a few ideas for how to participate in the fun!
Plan a healthy competition between residence halls, Greek chapters or councils, intramural teams, or sport clubs!
Challenge a similar organization at the University of Missouri-Kansas City, or challenge the same organization on another campus anywhere in the country – we’ll let them know!
Have another idea? Contact us at love@wellnesslifestyle.com and let us know!

Funds raised by your team must be used for activities that promote wellness for your members and/or the campus community. Let’s show the world all you do to promote a healthy campus community!

STUDENT DESIGNERS

Are you an aspiring designer with a passion for health and wellness? We look for designs that align with one or more of our core values. Submit a wellness-themed design and launch a campaign to raise funds to support your academic expenses! Learn more here.

PEER WELLNESS EDUCATORS

Join our team of peer wellness educators! Our student leaders write content for our Perspectives blog and handle all photography, social media, and graphic design, and they complete projects that align with their individual academic and career goals. Learn more here!

QUESTIONS

Questions? Write to us at love@wellnesslifestyle.com. We look forward to working with you and supporting your efforts!

Sara Kathleen Henry, Ph.D.
Founder & CEO, WellnessLifestyle
www.wellnesslifestyle.com

JOIN OUR COMMUNITY for wellness tips, bite-sized posts on wellness-related topics written by students, and news from WellnessLifestyle on opportunities to get involved!

Facebook | Twitter | Instagram | Pinterest | LinkedIn
Sports Medicine Interest Group (SMIG)
First Meeting/Workshop!

Pre-Participation Physical Exam Workshop!

Come join us on Tuesday, September 3rd from 6:00 to 7:00 pm in School of Medicine Theater C!

A middle/high school physical exam workshop will take place with Dr. Glover, a sports medicine doctor from Truman Medical Center-Lakewood.

Questions? Contact Krishna Kumar (kaky96@mail.umkc.edu), Deven Bhattia (dbwk2@mail.umkc.edu), or Thanuja Neerukonda (tnfh7@mail.umkc.edu)
What "CAN" You Do For Your Unit?

NATIONAL DAY OF SERVICE

WINNING UNIT GETS FREE DONUTS AND COFFEE ON CLINIC DAY !!!

When: August 31st- September 11th
Where: Bins will be placed in each Unit
What: Donations of cans, dry foods (beans)
How: Winners Determined after Weigh-in on September 11th. National Day of Service
Contact: shahmohammadin@umkc.edu
Anesthesiology Interest Group (AIG)

For questions, contact:
Greg Miller – gcm65db@umkc.edu
Roshan Balu – rcbg3@umkc.edu

Anesthesiology Interest Group (AIG) Presents:

Residency, Interviewing, and the Match

What: Dr. Brandenburgh will be discussing the match process, including applying to programs and interviewing
When: Monday, September 14th at 6 PM
Where: Theater C, UMKC SOM 1

EMIG

Emergency Medicine Interest Group Presents

Radiology in EM

With Speaker: Dr. Fried
September 17th at 17:30
Theater B
ROOS ON CALL

WADDELL AND REED MARATHON
AID STATION VOLUNTEERING

SAT OCT 17 • 10AM-2PM

SIGNUP INSTRUCTIONS:

UMKCroc
Policy for In the Know Announcement Submissions

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu.

2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

4) To be included in the following Monday’s “In the Know”, announcements must be submitted by 5PM the prior Thursday.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofer Shahmohammadi at shahmohammadin@umkc.edu.