GENERAL ANNOUNCEMENTS

Patient Tracking Policy Update

The Patient Tracking Policy was amended to include the replacement of: "students must enter all required patient data into the PTS by the seventh calendar day of the month following the end of the clerkship to show their clerkship requirements have been met" with the following language: "students must enter all required patient data into the PTS by midnight of the last day of the clerkship to show their clerkship requirements have been met."

For the full Patient Tracking Policy, please visit: http://med.umkc.edu/curriculum/clerkship/#patient

AAMC Student Newsletter

July newsletter for AAMC Organization of Student Representatives

https://drive.google.com/file/d/0B3u4k6DBhiIEWGFCYUJhN1FsUHM/view

Kathy’s Tips for Success

Study Smart!

Each week, Kathy Phillips, Learning Resource Specialist, will be featuring a study tip to help you succeed academically. This week’s tip:

It is not all about the test. Learn the material for your patients, not just for your grade!

For more help with studying smart, contact Kathy Phillips, Learning Resource Specialist, at phillipsk@umkc.edu

WELLNESS

Niloofar’s Weekly

Be Willing to Feel Your Feelings

A quote from Michael Singer’s "The Untethered Soul": 
Wellness Tip

“Every single time you relax and release, a piece of the pain leaves forever. Yet every time you resist and close, you are building up the pain inside. It’s like damming a stream. You are then forced to use the psyche to create a layer of distance between you who experiences the pain and the pain itself. That is what all the noise is inside your mind: an attempt to avoid the stored pain.”

Things to do in KC This Week

(Compiled from around the web. These are not UMKC sponsored or sanctioned events)

11th Annual Kansas City Fringe Festival:  July 16th-26th. KC Fringe Festival is an annual 11-day performing and visual arts extravaganza. It straddles a thin, frayed line between mass appeal and eclectic tastes. Fringe links these two worlds together, showing that it is the bridge you take to be inspired and entertained no matter what your taste may be. For more information and a schedule of performances visit:  http://kcfringe.org/

Fiery Stick Open 2.0:  Start your weekend off the right way and join LiveKC on Friday, July 17 from 5:00 – 11:00 PM on the North lawn of Liberty Memorial

FEATURING:

-Performance on the Green by Girl Talk
-
Million Dollar Hole-In-One Shootout with open Qualifying Rounds
-
Competitive Leisure Sports
-
Clubhouse and Hospitality Areas
-
Food Trucks, Bars and Beer Gardens

For more information visit:  https://www.facebook.com/events/963667583684197/

Chipotle Cultivate Festival 2015:  Penn Valley Park.  Saturday, July 18th.  11AM-7PM.  Enjoy live music (Portugal the Man, St. Lucia, Smallpools, Betty Who, Max Frost), cooking demos, great food, local artisans, and plenty of activities just for kids. FREE admission.

Details:  http://chip.tl/cultivatekc

For more events, visit Ink Magazine’s online, searchable calendar:  http://calendar.inkkc.com/ and Kansas City on the Cheap:  www.kansascityonthecheap.com (which also has great deals and coupons!)

Wellness Council

The purpose of this group is to promote wellness here at the SOM, both through lighter activities like Tea Time and Smoothie Days, and through awareness campaigns to promote national health observances and reduce stigma surrounding mental health.

NEXT MEETING!:  Tuesday, July 14th, 2015 5:30PM, Gold 4 Conference Room

UMKC Counseling Center Name Change Survey

5 Minute Survey – Your Input Greatly Needed!

The UMKC Counseling Center is considering a name change and we REALLY want student, faculty and staff input on our possibilities. Would you please complete this very brief survey to give us some feedback on possible names?  It should take less than 5 minutes. We appreciate it!  Your input matters.

https://www.surveymonkey.com/r/S59BR6Y

Seeking Volunteers for Video Project

Have you struggled with any of the issues listed below?  And would you be willing to speak about it on camera to help students realize they’re not alone?  If so, please email Niloofar Shahmohammadi, Wellness Program Coordinator, at shahmohammadin@umkc.edu

- Doubts about whether or not you really want to be a doctor
- Feeling like a fraud, like no one really knows how much you’re struggling even though on the outside you’re keeping up appearances
Feelings of failure
- The feeling that everyone else is doing much better than you are
- Depression or anxiety
- Lower board scores than you had hoped
- Anything else you want to share with other students/that you think would help others 😊

SCHOLARSHIPS

Financial Literacy Article of the Month
Many students put their finances and student loan debt on the back burner during their schooling. Whether it’s because looking at it only causes anxiety or because their parents do it all for them, it’s never a good idea for them to stick their head in the sand when it comes to money. It is very common to get stressed over this subject but nonetheless, it’s important to have the knowledge and to utilize the resources.

The article below speaks to that and shows that you are not alone if you are doing this. The important thing to remember is that your tuition and fees cover a gamut of resources and the Financial Literacy Counselor is one of them. If you feel yourself being out of touch because your parents are “handling everything” or because it “just stresses you out” please take time to meet with me. I will walk you through everything until you understand. It’s important to take ownership over money. Blindly spending while someone else pays the bill or ignoring the reality won’t make it go away. If you don’t deal with it now and start the learning process you will have to deal with it in residency. I will help you. All I want for you is to have an understanding of what is going on and how your decisions impact your future. Please read the article below and come see me ANY TIME if you just want to talk about finances, get ideas or ask questions. I’m here for you!!! ☺


Scholarship
Thomas W. Loeb, MD Scholarship

Eligibility: This scholarship award is available to students with a physical or a learning disability.

Amount: $2,000: The award which will be distributed among three students; there will be one award of $1,000 and two awards of $500.

Requirements: Students will be requested to create a graphic on the subject of self-esteem; the requirements for the graphic will be provided upon submission of the application request.

To Apply: Students must apply through the website, at http://thomasloebmd.com. There is one section on the homepage (scroll down) titled “Thomas Loeb, MD Scholarship;” students may contact us via this portal to apply. Upon receiving their request we will send qualified applicants a Scholarship Application Form and confirmation email with all the details and information necessary to apply for the scholarship awards.

Scholarship
Concussion Awareness Scholarship

Amount: $1,000
Eligibility: ANY graduate or undergraduate student (future or current) that has been accepted or attends a community college, technical/trade college, or university may apply.

Application: http://www.thepassrusher.com/concussionawareness.html

Contact Robin Hill at hillrob@umkc.edu with questions.

Scholarship
Karman Healthcare Scholarship
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<tr>
<th>Scholarship</th>
<th>Boone Count Medical Society Scholarship</th>
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<tbody>
<tr>
<td><strong>Eligibility:</strong></td>
<td>Students must have completed their first semester of their clerkship year and must be from either Boone, Howard or Cooper County. They are also looking for students that have demonstrated exceptional intellectual and humanistic qualities with patients, peers and teachers.</td>
</tr>
<tr>
<td><strong>Amount:</strong></td>
<td>$2,000</td>
</tr>
<tr>
<td><strong>Deadline:</strong></td>
<td>September 1, 2015</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td>Contact Robin Hill at <a href="mailto:hillrob@umkc.edu">hillrob@umkc.edu</a> for an application</td>
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<tr>
<th>Scholarship</th>
<th>Roland P. Ladenson Scholarship</th>
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<tr>
<td><strong>Eligibility:</strong></td>
<td>Students must be committed to pursuing a career as a primary care physician. Students must also have started their clinical training and demonstrate exceptional intellectual and humanistic qualities with patients, peers and teachers.</td>
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<tr>
<td><strong>Amount:</strong></td>
<td>$2,000</td>
</tr>
<tr>
<td><strong>Deadline:</strong></td>
<td>September 1, 2015</td>
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<tr>
<td><strong>Application:</strong></td>
<td>This is a nomination based scholarship. Please contact Robin Hill at <a href="mailto:hillrob@umkc.edu">hillrob@umkc.edu</a> if you would like to be considered.</td>
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<tr>
<th>Scholarship</th>
<th>Society of 1924 Medical School Scholarship – Southern Medical Association Alliance</th>
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<tr>
<td><strong>Eligibility:</strong></td>
<td>5th year student who exhibits both academic and leadership qualities.</td>
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<tr>
<td><strong>Amount:</strong></td>
<td>$2,000</td>
</tr>
<tr>
<td><strong>Deadline:</strong></td>
<td>September 15th</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td><a href="http://smaalliance.org/scholarship">http://smaalliance.org/scholarship</a></td>
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<tr>
<th>Scholarship</th>
<th>National Hispanic Health Professional Student Scholarship Program</th>
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<td><strong>Eligibility:</strong></td>
<td>Hispanic students or students with a passion for working with the Hispanic community</td>
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<tr>
<td><strong>Amount:</strong></td>
<td>$2,000 - $5,000 (17 students will be awarded)</td>
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<tr>
<td><strong>Deadline:</strong></td>
<td>September 18th</td>
</tr>
<tr>
<td><strong>Application:</strong></td>
<td><a href="http://nhmafoundation.org/index.php/scholarship-program">http://nhmafoundation.org/index.php/scholarship-program</a></td>
</tr>
</tbody>
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Please see or email Robin Hill if you have questions. hillrob@umkc.edu
Now Accepting Applications: GLMA’s Student/Trainee Scholarship Program

GLMA is committed to ensuring students and trainees—from across the health professions—are able to attend the Annual Conference. Therefore, we are able to provide a limited number of scholarships to help offset the cost of attending GLMA’s 33rd Annual Conference, September 24-26, 2015, in Portland, OR.

Scholarships are available due to the generosity of GLMA members and conference attendees! Scholarship funds are limited and so we ask that those who are able to find funding elsewhere (e.g., from your institution) refrain from applying for the scholarships.

Scholarship recipients will have their conference registration fee waived. In exchange for the scholarship, recipients are required to assist with conference duties – usually serving as a monitor during workshop or plenary sessions, staffing the registration desk or similar tasks – for up to six hours during the conference.

Scholarships for nursing students will be inclusive of the GLMA Nursing Summit and may require an additional time commitment of 1-2 hours on the day of the Summit.

How to Apply
Students of all health professional disciplines are encouraged to apply. Applicants must be students/trainees currently enrolled (part or full-time) in an undergraduate or graduate/professional degree program with plans to pursue a career in the health professions.

Click here to learn more about the Student Scholarships and to apply.

Financial assistance for those who are not students or trainees is also available. Please click here for more information on the Financial Assistance Program.

Student/Trainee and Financial Assistance applications are due by 3pm ET on Friday, July 17, 2015.

More information about GLMA’s 33rd Annual Conference is available online at www.glma.org/conference. Note the conference schedule is different from previous years—see the Schedule-At-A-Glance here.
Do you feel overwhelmed by the 120+ specialty and sub-specialty training options?

Careers in Medicine wants to make it easy for you to learn about all available options to ensure you find the right fit.

We’ve chosen 9 niche, undersubscribed or little known areas of medical practice for a deep dive into what physicians in these fields do, length of training, competitiveness factors, and medical research that is revolutionizing the field.

Along the way we will be busting myths and answering your questions.

Follow our new Medical Student communities at www.facebook.com/AAMCMedStudent or on Twitter@AAMCMedStudent and check in when you can between July 6 and September 5 to prepare to make your own #SpecialtyChoice.

**Specialty schedule:**

- Nephrology 7/6-7/11
- Sleep Medicine 7/13-7/18
- Psychiatry 7/20-7/25
- Ophthalmology 7/27-8/1
- Physical Medicine and Rehabilitation 8/3-8/8
- Surgical Critical Care 8/10-8/15
- Pediatric Pulmonology 8/17-8/22
- Preventive Medicine/Occupational and Environmental Medicine 8/24-8/29
- Otolaryngology 8/31- 9/5
SAVE THE DATE October 9-11, 2015
Loews Hotel—Rosemont, Illinois 5 minutes from O’Hare
www.iafp.com/fmm

Theme for 2015
Celebrating Diversity: Our Patients, Our Communities and Ourselves!
No other specialty can celebrate the vast diversity of settings, patients, opportunities and relationships of family medicine.
Scholarships available for students enrolled in Midwest medical schools.

Find Your Family Medicine Future at FM Midwest:
• Clinical workshops
• Inspiring Plenaries and breakouts for faculty, resident and student attendees
• Residency Fair with Career Connections and Fellowship Opportunities
• Family Medicine Fun!
• Abstract submissions now open until late May!

STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS
UMKC School of Medicine

KNOW IN THE WELLNESS

MONTHLY MEETING
JULY 14TH
FREE PIZZA

SHARE YOUR IDEAS ON IMPROVING STUDENT WELLNESS AT UMKC
Community Service Opportunity - Volunteers Needed

What: Medical students needed to assist with physicals for children!

When: Friday, July 17 starting at 1:30pm (will last a couple of hours)

Where: Discovery Camp, Located about 20 minutes from the medical school in South Kansas City

If you are interested and available to volunteer, email umkc.som.pig@gmail.com
Family Medicine Interest Group

Cox Family Medicine Residency
Invites all MSIII and MSIV UMKC students interested in Family Medicine to a dinner at

**BRIO Tuscan Grille**
Country Club Plaza
502 Nichols Rd
July 29 6:30pm-8pm

Join us for dinner and residency information presented by Residency Administrator, Resident and Program Director

RSVP to Tonya Fisher, Residency Administrator, 417-269-8733 or tonya.fisher@coxhealth.com no later than July 27, 2015

Cox Family Medicine Residency Springfield, MO
www.coxhealth.com/fmr
### Policy for In the Know Announcement Submissions

1. All submissions **must be in JPG format** (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu.

2. If the announcement is a **text only announcement, please include it in the body of your email**. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3. If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a **revision for your specific announcement will not be sent out to the school**. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

   Submissions which do not meet the new requirements **will be returned to sender** requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

4. To be included in the following Monday’s “In the Know”, announcements **must be submitted by 5PM the prior Thursday**.

*To submit information for the next Student Affairs Weekly Announcement, send an email to Nilofar Shahmohammadi at shahmohammadin@umkc.edu.*