

June 3rd, 2019



GENERAL ANNOUNCEMENTS

Self-Care Days

Self-care/mental wellness day update and clarification

We are so pleased that the self-care/wellness days have been utilized and want to notify you of a change. The multiple types of absences and the communication about them has been confusing to many. An extensive review of the past academic year self-care day policy identified that it did not fully meet its intended purpose, thus this absence option has been eliminated. Approval for unplanned and unexpected personal needs and provider health appointments are to be communicated directly to the clerkship or course director/coordinator. Students will need to provide the reason for the absence. Approval for all absences will be at the discretion of the clerkship director/coordinator. If any student wishes to keep information confidential, the student can provide Dr. Rogers (student affairs) with documentation about the absence. She will verify the absence for the clerkship director/coordinator without sharing details. We hope that this process will be easier for students and will promote improved communication between students, coordinators and directors.

Please send any questions to Dr. Rogers at rogersbr@umkc.edu.

Blue Angels

U.S. Navy Blue Angels Flight Surgeon

Friday, July 5
Theater C
8:30am-9:30am

Learn about this unique medical, military role, as the Flight Surgeon from the U.S. Navy visits UMKC. RSVP to umkc_som_sa@umkc.edu

UMKC SCHOOL OF MEDICINE PRESENTS:

U.S. NAVY BLUE ANGELS FLIGHT SURGEON

Learn about this unique medical, military role, as the Flight Surgeon from the U.S. Navy visits UMKC.

FRIDAY, JULY 5TH

SOM THEATER C

8:30AM-9:30AM

RSVP TO UMKC_SOM_SA@UMKC.EDU



WELLNESS

Niloofar's Wellness Tip

YOUR THOUGHTS MATTER

INSTEAD OF

- + I'm a mess!
- + I can't do this.
- + I'm a failure.
- + Why is this happening?

TRY

- + I'm human.
- + I can do hard things.
- + I'm learning.
- + What is this teaching me?

CAREERCONTESSA.COM

Things to do in KC This Week

Things to Do in KC This Week

(Compiled from around the web. These are not UMKC sponsored or sanctioned events)

First Fridays: Friday, June 7th. On the First Friday of every month, thousands of residents and visitors fill the sidewalks of the Crossroads in Kansas City, enjoying what has become the city's liveliest and most popular event. Arts organizations, galleries, studios, and a wide variety of local businesses feature regional and national artists as well as live entertainment starting at 5 p.m. Best explored on foot, the First Friday tradition continues to grow with up to 10,000 attendees. Most make it an evening, with dinner and drinks from a colorful array of restaurants and entertainment venues. For more info visit:

<http://kccrossroads.org/firstfridays/>

VegFest 2019: June 7th-June 9th. City Market Park. VegFest is a fun, immersive way to learn how moving more toward a plant-rich lifestyle is better for you, the environment, and animals.

- Sample a variety of delicious plant-based foods
- Discover eco-friendly and cruelty-free products
- Connect with health and wellness practitioners and advocates
- Listen to presentations on the benefits of a plant-rich lifestyle
- Engage with animal advocacy and welfare organizations
- Enjoy the beer garden, cooking demos, and kids' activity area

For more info visit:

https://www.facebook.com/events/1188267091321811/?event_time_id=1190599974421856

2019 Big Slick Celebrity Softball Game Royals vs. White Sox: Friday, June 7th. 4:30PM-8:30PM. Kauffman Stadium. Join us for the 2019 Big Slick Celebrity Softball game followed by the [Kansas City Royals](#) vs. Chicago White Sox!

Hosted by Paul Rudd, [David Koechner](#), [Eric Stonestreet](#), Jason Sudeikis and [Rob Riggle](#), the celebrity softball game is part of the Big Slick Celebrity Weekend and your chance to support a great cause while cheering on your favorite celebs as they show off their softball skills on the field!

The Big Slick Celebrity Softball game will take place on the main field at Kauffman Stadium (1 Royal Way, Kansas City, MO) at 5:00 p.m. on Friday, June 7th, prior to the Kansas City Royals playing the Chicago White Sox at 7:15 p.m.

Access to the Big Slick Celebrity Softball game is included for everyone who purchases a regular game ticket.

With each ticket purchased at <http://royals.com/bigslick> a \$5 donation is made to Royals Charities to assist Big Slick with its fundraising efforts.

Thanks to the [Kansas City Royals](#) for hosting this event and also to our sponsor for the 2019 Big Slick Celebrity Softball Game, [American Century Investments!](#)

Buy tickets: <http://royals.com/bigslick>

Schedule:

4:30pm - Gates Open

5:00pm - Softball Tournament

7:15pm - Royals vs. Chicago White Sox

For more events, visit Ink Magazine's online, searchable calendar:

<http://calendar.inkkc.com/> and Kansas City on the Cheap: www.kansascityonthecheap.com (which also has great deals and coupons!)

**Yoga for Trauma
Healing**

WHOLE BODY HEALING

yoga for trauma healing

**UMKC
COUNSELING
SERVICES**

**Thursdays 3:30-4:30
optional processing 4:30-4:45
Starting 06/06/19**

CONTACT DR. CAROLYN PEPPER AT
PEPPER@UMKC.EDU OR 816.235.5185
WITH QUESTIONS OR TO SIGN UP

UMKC School of Medicine



SCHOLARSHIPS

**Financial
Literacy Article**

**These towns will help pay off your student loan debt if you
move there**



Fotosearch | Getty Images

<https://www.cnbc.com/2018/01/03/us-towns-that-offer-financial-incentives-to-live-there.html>

List of Rural Opportunity Zones <https://kansascommerce.gov/320/Rural-Opportunity-Zones>

Scholarship

OppU Achievers Scholarship

To apply for the OppU Achievers Scholarship, submit a short essay responding to the prompted question. Scholarship decisions are based solely on an applicant's essay response.

Winners for the OppU Achievers Scholarship are selected four times a year, with submission deadlines on September 30, December 31, March 31, and June 30.

To be eligible for the OppU Achievers Scholarship, a student must:

- Be enrolled full time in high school or at least part time in college, graduate, professional, or trade school.
- Possess a cumulative GPA of at least 3.0/4.0.
- Be a U.S. citizen.

For application and more information go to <https://www.opploans.com/scholarship/>

Scholarship

PA Scholarship/Tuition Assistance Opportunities

Organization: VA

Amount: They offer scholarships and full tuition assistance

Information: Please go to <https://www.vacareers.va.gov/why-choose-va/education-support.asp> for more information

Scholarship


National Medical Fellowships

Amount: Not to exceed \$5,000

Deadline: NA

Eligibility: 5th or 6th year underrepresented minority students who need financial assistance and have exhausted all other options.

Application: Send a short paragraph to scholarships@nmfonline.org that describes your immediate, extreme financial need, and your reason for application to the NMF Emergency Scholarship Fund.

<p>Scholarship</p>	<p align="center">AAMC Darrell G. Kirch, MD Scholarship</p> <p>Eligibility: 2019-2020 Year 3 underrepresented/minority students. Students must demonstrate both community service and leadership and will be eligible to renew the scholarship for each additional 3 years. Amount: 8 \$10,000 scholarships Deadline: Application is open June 3, 2019 – July 12, 2019 Application: For additional information and application go to https://nmf.fluidreview.com</p> <p>Note: There are many other scholarships at that site so even if you do not qualify for this one; it may be worth your time to click the link and see if there are others you may qualify for.</p>
<p>Scholarship</p>	<p align="center">Bag Mast Anesthesia Scholarship</p> <p>Eligibility: MSAA students and BA/MD or MD students that have matched to Anesthesia Amount: \$5,000 Deadline: July 1, 2019 Application: https://www.bagmask.com/scholarship</p>
<p>Scholarship</p>	<p align="center">Boone County Medical Society Scholarship</p> <p>Eligibility:</p> <ul style="list-style-type: none"> • Must have completed the first semester of your clerkship year • Must have demonstrated exceptional intellectual and humanistic qualities in interactions with patients, peers and instructors. • Graduated from a high school in Boone, Howard, or Cooper counties in Missouri <p>Amount: \$2,000 Deadline: September 1, 2019 Application: Contact Robin Totzke at totzker@umkc.edu for the application.</p>
<p>Scholarship</p>	<p align="center">Dr. Roland & Virginia Ladenson Medical Scholarship</p> <p>Eligibility: Outstanding medical students who are committed to pursuing careers as primary care physicians. Candidates should be in year 5 or 6 for the 2019-2020 academic year. They should demonstrate exceptional intellectual and humanistic qualities in their interactions with patients, peers, and instructors. Amount: \$2,000 Deadline: September 1, 2019 Application: Contact Robin Totzke at totzker@umkc.edu for the application.</p>
	<p align="center">OPPORTUNITIES</p>
<p>Student Research Inquiry – Correct Form Link</p>	<p align="center">Student Research Inquiry</p> <p>Students who are interested in research are encouraged to submit a student inquiry form to the Office of Research.</p> <p>The Office of Research website, http://med.umkc.edu/ora/student_overview, has a lot of information about student endeavors and opportunities.</p> <p>Students who wish to inquire about becoming involved in a project can access the Student Research Information Form at http://med.umkc.edu/docs/research/Student_Research_Information_Form.pdf.</p>
<p>Student Research Opportunities</p>	<p align="center">Student Research Opportunities and Fellowships</p> <p>Opportunities are posted on the Student Research Webpage</p>

http://med.umkc.edu/ora/external_opportunities/

Please contact Drs. Wacker, Dall, or Molteni or send an email to UMKC SOM Research (somresearch@umkc.edu) with additional questions.

Opportunity

Underrepresented in Medicine Visiting Clerkship Program



Indiana University School of Medicine is working to diversify the workforce by graduating more physicians from underrepresented groups and ensuring that all trainees are prepared to provide culturally competent care for patients from all walks of life. The Underrepresented in Medicine Visiting Clerkship Program, sponsored by Faculty Affairs, Professional Development, and Diversity (FAPDD), supports 4th year medical students and qualified 3rd year medical students attending a U.S. medical school including U.S. territories, from underrepresented backgrounds in medicine.

This program is designed to:

- Increase awareness of opportunities in academic medicine.

- Encourage students from diverse backgrounds to apply to IU School of Medicine residency program.

[Learn More](#)



STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS

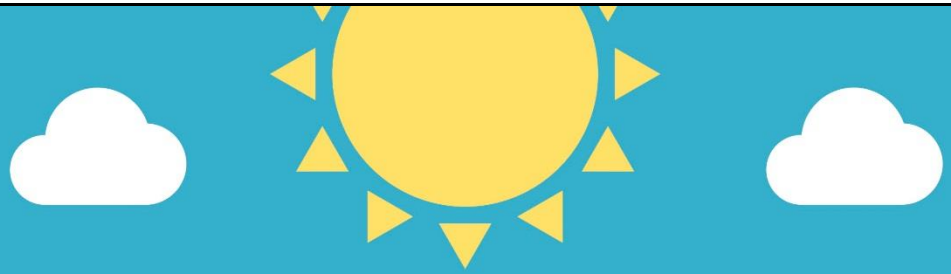
Simulation Interest Group

Simulation Interest Group – Volunteers Needed!

Hello everyone!

Simulation Interest Group needs volunteers for BA/MD campus visit days this summer! Come help us run simulations with the prospective students while getting hours for volunteering, super fun!! Sign up is on the google sheet link below, scroll to the bottom and select "Campus Visit Days".

https://docs.google.com/spreadsheets/d/1RakXGgTtiAy0T94T4N_sgo-kCDQGf3aun36HUC3qHC0/edit?fbclid=IwAR3AKKKwKd6Rgh2mtxh_2EkJO5fYz6hl4pHrNuYH9lp3pKqsahP4AwKXUCY#gid=0



UMKC SimIG volunteer opportunity...

SUMMER BA/MD CAMPUS VIST DAYS

Help with running a simulation at the Clinical Training Facility for prospective students while getting volunteer hours!

OPEN DATES:

June 3, June 28, July 8, July 29

*** AT LEAST ONE PERSON PER DATE SHOULD BE MS3+***

Announcements Format

Policy for In the Know Announcement Submissions

- 1) All flyer/image submissions **must be in JPG format** (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu. **A TEXT summary of the information in the flyer must also be included along with the flyer. This is to ensure that our In the Know emails are ADA compliant and readable by the visually impaired.**
- 2) If the announcement is a **text only announcement, please include it in the body of your email.** Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”. Make sure to include a contact person and email.
- 3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, **a revision for your specific announcement will not be sent out to the school.** The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement). Submissions which do not meet the requirements **will be returned to sender** requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.
- 4) To be included in the following Monday’s “In the Know”, announcements **must be submitted by 5PM the prior Thursday.**

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.