

**Graduate Medical Education (GME)**  
***Guidelines for Participating Sites for COVID-19 and Treatment of Work-Incurred Injuries and Illnesses***

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**UNIVERSITY HEALTH (UH) OCCUPATIONAL HEALTH SERVICES**

UH Occ Health HH: (M-F 7:30am – 12pm & 1:00pm -2:30pm) Ph: 816-404-2770

UH Occ Health LW: (M-F 7:30am – 12pm & 1:00pm -2:30pm) Ph: 816-404-8730

**I. COVID-19**

- A. Residents who are working at UH who develop symptoms of COVID-19 must call UH Occ Health Call Center to evaluate criteria including symptoms, exposure, etc.
- B. Protocol is followed for testing, repeat testing and time away from UH.
- C. A Resident could be out 5 days thru 8 days and, if there are other healthcare factors, it could be longer.
- D. UH Occ Health Call Center determines return to work date for the Resident.

**II. BLOOD AND BODY FLUID EXPOSURE (BBFE)**

- A. UH Occ Health will provide services and encourages Residents to obtain baseline testing in addition to the source patient immediately following the incident.
  - a. Physician referral will occur at the initial visit with UH Occ Health, if needed (e.g., further evaluation of blood/body fluid exposure [BBFE] requiring continued medications).
- B. UH Occ Health is also able post-exposure to obtain copies of baseline results and a verbal report of the source patient's results for further follow up. The Resident's picture ID is required to obtain results.
- C. If UH Occ Health is not open, the Resident should report to the UH Emergency Department (ED) and follow up the next working day with UH Occ Health.
  - a. Register in the ED for necessary treatment such as post-exposure prophylaxis (PEP) prescription and counseling, sutures, and/or other wound care.
  - b. UH ED will prescribe 5 days of PEP.
  - c. The remaining prescription can be filled onsite at Walgreen's Pharmacy.
- D. Medication, lab work, or any physician follow-up care following a BBFE is completed at UH.

**III. EMERGENT TREATMENT FOR WORK-INCURRED INJURY OF ILLNESS**

- A. The Resident should be taken immediately to the UH ED for stabilization.

*Confirmed 9/8/22 by Teresa Pearson - Director, Occupational Health & Wellness*

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**SAINT LUKE'S HOSPITAL EMPLOYEE HEALTH SERVICES (EHS)**

SLH EHS hours: M – F (excluding holidays) 7:30am – 4:00pm

Location: Medical Plaza 1, Suite 146

Phone: 816-932-3175

Email: [DL-SLHS-EmployeeHealth@saint-lukes.org](mailto:DL-SLHS-EmployeeHealth@saint-lukes.org)

**I. COVID-19**

- A. Resident shall call SLH COVID Hotline if Resident has symptoms of COVID-19.
- B. Isolation is seven (7) full days from the start of symptoms, with earliest return being the eighth day.
- C. To return to work, must meet the Saint Luke requirements (e.g., fever free for 24 hours without medication, and improvement in other symptoms).

**II. BLOODBORNE PATHOGEN EXPOSURE (BBPE) AND EMERGENT WORK-INCURRED INJURY OR ILLNESS**

- A. The Resident shall notify the SLH House Supervisor in the event of a bloodborne pathogen exposure (BBPE) or work-incurred injury or illness. The Charge Nurse may help contact the SLH House Supervisor, as needed.
- B. For a BBPE, the House Supervisor has BBPE packets (e.g., injury form, laboratory orders) and will provide follow-up instructions.
- C. For a BBPE or emergent work-incurred injury or illness, the Resident shall register in the SLH Emergency Department (ED).
  - a. SLH ED will prescribe 3 days of PEP for a BBPE.
- D. The Resident shall follow-up with EHS the next business day.
  - a. EHS will:
    - i. gather any additional injury report information;
    - ii. review laboratory results;
    - iii. offer additional post-exposure counseling, as needed; and
    - iv. recommend and provide additional follow-up instructions, as applicable.

*Confirmed 10/10/22 by Stacy Smirl - Director, Occupational Health & Wellness*

## **CMH OCCUPATIONAL HEALTH SERVICES**

Occupational Health hours: 7:00am to 4:00pm M-F; on call 24 hours

After hours, immediately notify supervising physician AND page the CMH On-Call Health Nurse Ph: (816) 458- 6825

### **I. COVID-19**

- A. If the Resident has symptoms of COVID-19 and has an employee ID, call CMH COVID-19 Hotline (816) 802-1222.
- B. If the Resident is vaccinated for COVID-19, the Resident shall isolate for five full days from the start of symptoms, with earliest return the sixth day.
  - a. The Resident must meet these criteria before returning to work: fever free for 24 hours without medication, and improvement in other symptoms.
- C. If the Resident is not vaccinated, then the Resident must isolate for 10 days with return on or after the 11<sup>th</sup> day.

### **II. BLOODBORNE PATHOGEN EXPOSURE**

- A. If a Resident sustains a bloodborne pathogen exposure, if post-exposure prophylaxis (PEP) is necessary, CMH Occupational Health will provide the first dose and evaluate the source patient and Resident for HIV and HBV, if warranted.
- B. Whether the source patient is positive for HIV or HBV may not be known if the source patient is "unknown," if the patient leaves before permission is obtained to draw blood (patient will not be asked to return), or if the patient or guardian refuses the bloodwork. This conversation is usually up to the CMH Charge Nurse.

### **III. EMERGENT WORK-INCURRED INJURY OR ILLNESS**

- A. If a Resident needs treatment for an injury or illness, contact CMH Occupational Health if open or go to the CMH ED.

*Confirmed 10/10/22 - OccupationalHealth@cmh.edu*

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**VETERAN'S AFFAIRS MEDICAL CENTER (VAMC) EMPLOYEE HEALTH SERVICES**

VAMC Employee Health hours: 7:30am to 4:00pm M-F

After hours, immediately notify supervising physician AND go to the VAMC ER.  
Follow up with VAMC Employee Health the next day open.

**I. COVID-19**

- A. A Resident with COVID-19 symptoms or a positive COVID-19 test is to notify the VAMC Site Director who will alert VAMC EHPandemic team.
- B. The VAMC EHPandemic team will reach out to the Resident to arrange onsite testing and/or review results of testing performed at an outside healthcare facility.
- C. Resident will need to leave the VAMC campus after being tested.
- D. VAMC EHPandemic team will notify the Resident and Site Director of test results (later that day or beginning of next business day) and determine isolation requirements per VAMC policy.
- E. COVID-19 vaccines are available per VAMC directions (in Director's Daily newsletter) or on VAMC Employee/Occupational Health vaccine dates.

**II. BLOODBORNE PATHOGEN EXPOSURE AND EMERGENT WORK-INCURRED INJURY OR ILLNESS**

- A. The Resident shall contact VAMC Employee Health, if open, or go to the VAMC ER for a bloodborne pathogen exposure or emergent treatment of an injury or illness.
- B. For a bloodborne pathogen exposure, if post-exposure prophylaxis (PEP) is necessary, VAMC will provide 14 days of PEP therapy if it is a high-risk exposure, or the patient is known to have HIV. Baseline labs are turned around quickly for the Resident and source patient.

*Confirmed 10/12/22 by Jenny Troutman, APRN, and Dolly Cherian – APRN – Employee Health KC VAMC  
Sharad Mathur, MD – Site Director*

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**RESEARCH MEDICAL CENTER (RMC) EMPLOYEE HEALTH SERVICES (EHS)**

Employee Health hours: 7:00am to 4:00pm – only on M and W. Ph: (816) 276-3722

After hours, immediately notify supervising physician AND page the House Supervisor.  
Ph: (816) 216-2941

If Employee Health is not open, the House Supervisor will refer the Resident to the RMC ER

**I. COVID-19**

- A. If a Resident working at RMC develops symptoms of COVID-19, call 816-276-3722, the EHS nurse.
- B. RMC does not test onsite for Residents but will accept a home test.
- C. If a Resident tests positive for COVID-19, the Resident must isolate for 5 days.
- D. If asymptomatic, the Resident can return to work and must wear N-95 until 10 days post positive test result.

**II. BLOODBORNE PATHOGEN EXPOSURE AND EMERGENT INJURY OR ILLNESS**

- A. If a Resident sustains a bloodborne pathogen exposure, injury, or illness that requires emergent treatment, the Resident shall contact EHS, if open, or contact the RMC House Supervisor or present to the RMC ER.
- B. For a bloodborne pathogen exposure, if post-exposure prophylaxis (PEP) is necessary, RMC will provide the first dose to the Resident and evaluate the source patient if possible.

*Confirmed 10/6/22 by Yvonne Brewington - Vice President, Human Resources (816-276-9492)*  
*COVID-19 confirmed 10/10/22 by Mindy – House Supervisor (816) 216-2941*