2nd Annual
KANSAS CITY REGIONAL DIABETES SUMMIT
FRIDAY, NOVEMBER 17, 2017
7:30 a.m. – noon
KAUFFMAN FOUNDATION CONFERENCE CENTER
4801 Rockhill Road | Kansas City, MO 64110

Reducing the Burden of Diabetes: Accelerating Innovation through Collaboration

Funding for this project was provided by the Health Care Foundation of Greater Kansas City
Agenda

• Welcome and Introductions

• Updates from the 2016 Kansas City Regional Diabetes Summit

• TED Talks on Data, Community Programs and Physical Activity

• Facilitated Focus Sessions

• Report Out & Next Steps
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A Kansas City Diabetes Collaborative

Structure: Learning/Sharing Collaborative

Purpose: Community-Clinical Integration

Participants: Diverse and willing stakeholders

Activities: Communication/Awareness

Coordination/Collaboration

Evaluation/Analytics
What was the GREATEST value in the Summit?

- Learning about activities/innovations: 50%
- Networking with others: 20%
- Opportunity to provide input into goals/activities: 15%
- Breakout Sessions: 10%
- Info about the diabetes/prediabetes burden: 5%
Did you make any new contacts at the Summit?

- Yes: 90.00%
- No: 10.00%
How many contacts did you make?
Communication/Awareness
Reverse your Risk - Missouri

http://reverseyourrisk.com/programs/
Prevent Diabetes KC - Kansas

http://preventdiabeteskc.com/

Who is at risk?
Since 1 in 3 Americans has prediabetes, the bottom line is that millions are at risk. If you have a family history of diabetes, are over age 65 or are African American or Hispanic, you have a greater chance of developing prediabetes.

Are you prediabetic?
Click here to find out
American Diabetes Association Risk Test

National Diabetes Month – November 2016
Flash Mob – Palestine Missionary Baptist Church of Jesus Christ

Audience: 900 Listeners / weekly

Number of Radio Shows: 50 / year

Topics Covered:
- Hemoglobin A1C
- Fitness and nutrition information
- Developing young leaders
- Diabetes symptoms and complications
- Access to diabetes self-management classes
- Enhancing the doctor/patient relationship
- Prescription medications
Diabetes Prevention Collaboration Roundtable

Organized by:
- Johnson County Department of Health and Environment and
- Community Health Council of Wyandotte County

Platform for organizations to communicate and partner around DPP programs
• 16 weeks of weekly radio programming on diabetes prevention (May through July 2017)
• Spanish language
• La Mega 1160 AM
• Live Streamed on Facebook (1.2 K views per week)
• Transcribing for enduring materials
Coordination/Collaboration
Topics covered thus far in four bi-monthly newsletters:

- A Message from the Health Care Foundation of Greater Kansas City
- National Get Fit Don’t Sit Day
- Update from the KU Diabetes Institute
- Plain Talk about Diabetes (weekly radio program)
- Local Public Health Partnerships to Prevent Diabetes (Johnson Co. Dept. of Health and Environment)
- JDRF Peak (T1D Performance in Exercise and Knowledge) Program
- Harvesters—The Community Food Network
- Take It Back Prediabetes Awareness Campaign
- American Diabetes Association - Diabetes Camp | Town Hall Meetings
- What are Extension Programs in the Kansas City Metro doing to Combat Diabetes?
- Dear Pancreas (regular feature)
- Health Science Students Participate in Community Engagement Research in Diabetes
- Kansas City Training Opportunities for Pediatric Weight Management
- Walk with a Doc
- National Diabetes Month - November
Health Science Students Participate in Community Engagement Research in Diabetes

Jannette Berkley-Patton, PhD, is an associate professor at the University of Missouri-Kansas City School of Medicine. Her scholarship in community-based research focuses on screening and prevention of chronic diseases, including diabetes mellitus, in the African American community and partnerships with the faith community. One ongoing project engaged medical students and physician assistant students as facilitators of the Diabetes Prevention Program (DPP) in church-based classes. Here are preliminary outcomes from Project FIT (Faith Influencing Transformation) and Project FIT 2.0, a Diabetes/Heart Disease Screening and Prevention Intervention. This work was funded in part by the National Institute of Minority Health and Health Disparities (NIMHD; Project FIT).
Dear Pancreas
Blake Cooper, MD, FACS

It's worth a shot!

November is around the corner, and with it comes National Diabetes Month. It's a good time to make a few changes that will impact your general health, as well as your diabetes care. One important and easy thing you can do is get a flu shot. Why? If you have diabetes, you are three times more likely to be hospitalized from the flu and its complications than other people. The flu may also interfere with your blood glucose levels. But there are steps you can take to protect yourself. The vaccine is safe and effective, and it has been given to hundreds of millions of people.
Data/Evaluation
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TED Talks on Data, Community Programs and Physical Activity

Troy Ross, President & CEO; Mid-American Coalition on Health Care

Karen Johnson, Vice President Healthcare Insights and Partnerships; Blue Cross and Blue Shield of Kansas City

Dennis Dunmyer, JD, LCSW; Chief Wellness Officer; Kansas City CARE Clinic

Robin Shook, PhD; Research Assistant Professor; Director, Weighing In Center for Children’s Healthy Lifestyles & Nutrition; Children’s Mercy Hospital

Daphne Bascom, MD, Senior VP of Community Integrated Health; Professor; Biomedical and Health Informatics; YMCA of Greater Kansas City

John Thyfault, Ph.D., Associate Professor; University of Kansas Medical Center
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Facilitated Focus Sessions – Topics and Facilitators

(Paseo) Preparing to Map Diabetes Prevention and Treatment in our Region
• Cindy Laufer, MPA; Program Coordinator, Midwest Center for Nonprofit Leadership
• Robin Shook PhD; Research Assistant Professor; Director, Weighing in Center for Children’s Healthy Lifestyles & Nutrition

(Town Square) Dissemination of Diabetes Prevention Programs: Strategies for Increasing Uptake of DPP
• Abby Crow, MPH; Health Educator, Johnson County Dept. of Health and Environment
• Charlene Wallace; MBA; Director of the Diabetes Prevention Program

(Brookside) Increasing Physical Activity-The Exercise Challenge: Overcoming Obstacles to Enhance Diabetic Health
• Paige Geiger, PhD; Assoc. Professor, Department of Molecular and Integrative Physiology, KU Medical Center
• John Thyfault, PhD; Associate Professor, KU Medical Center
Facilitated Focus Sessions – Topics and Framing Questions

• (Paseo) Preparing to Map Diabetes Prevention and Treatment in our Region
  • Who is playing a role in the prevention and treatment of diabetes within the Kansas City metro region?
  • What functions are needed within the region to effectively prevent and treat diabetes?
  • Who should be involved and what should be considered as diabetes programs are mapped in the Kansas City diabetes treatment and prevention system?

• (Town Square) Dissemination of Diabetes Prevention Programs: Strategies for Increasing Uptake of DPP
  • How can we increase the number of existing CDC-Recognized DPP programs?
  • How can we increase the number of referrals being made to CDC-Recognized DPP programs?
  • How can we help support and sustain CDC-Recognized DPP programs that are currently operating?

• (Brookside) Increasing Physical Activity-The Exercise Challenge: Overcoming Obstacles to Enhance Diabetic Health
  • What successes or failures have you experienced implementing exercise into your community?
  • What resources are currently available to introduce exercise programs in your community?
  • What additional resources/support would you like to have to implement exercise in your community?
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THANK YOU!

(Please turn in your evaluations)