Employer-Directed Health Care: Focus on Type 2 Diabetes

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OUR MISSION

“...to promote the health and well-being of current and future employees and their families by driving positive changes to contain healthcare costs and improve health outcomes”

39 Years of Collaborative Leadership
We differ by degree; not in kind
Global Perspective

- 1 in 11 adults has diabetes (425 M)
- 1 in 2 adults is undiagnosed (212 M)
- 1 in 6 births is affected by hyperglycemia in pregnancy
- Over 1 million children & adolescents have Type 1 Diabetes
- 2/3 of people with diabetes live in urban areas (279M)
- 2/3 of people with diabetes are of working age (327M)

U.S. Employer Perspective

• **Employers are the Primary Purchaser’s of Health Care in the U.S.**
  – ~ 60% of all insured Americans receive their coverage through their Employer

• **International Foundation of Employee Benefit Plans** – 2017 Workplace Wellness Trends Survey
  (*Top 5 illnesses driving Employer health plan costs*)
  – **DIABETES RANKED #1** (Public-sector, 42.9% and Private-sector, 42.8%)

• **Prevalence**: 9.4% (2017 CDC Report)
  – Prevalence of Prediabetes: 26%

• **Indirect Costs** (2012)
  – Absenteeism ($5 Billion)
  – Reduced productivity while at work ($20.8 Billion)
  – Inability to work as a result of disrelated-disability ($21.6 Billion)

• **Overall healthcare expenditures** for those with diabetes averaged 2.3 times higher than those without diabetes

Sources: 
2. [http://care.diabetesjournals.org/content/36/4/1033](http://care.diabetesjournals.org/content/36/4/1033)
Employer Perspective

“Employers feel that disease-related disability because of diabetes-related complications is the most important indirect cost associated with diabetes (89%), followed by loss of productivity (39%) and absenteeism (34%).”

Mid-America Coalition on Health Care

Kansas City Type 2 Diabetes Report | 2016
Mid-America Coalition on Health Care

Next Steps

Engage  Compare  Share
“To grow beyond where we are; we must go farther than where we’ve been.”

Collaborating for Value!

THANK YOU!