

Anna Maria A. Pletz, M.D., DipABLM

7900 Lee's Summit Road
Kansas City, MO 64139
(206) 914-4548
AnnaMaria.Pletz@uhkc.org

Last updated: April 2024

Current Position(s)

March 2023-Present Assistant Professor
Core Faculty
UMKC Department of Community & Family Medicine
Kansas City, MO

July 2023-Present Medical Director
University Health Lakewood Addiction Recovery Services
Department of Community & Family Medicine
Kansas City

Education

2023-Present University of Arizona Integrative Medicine in Residency Faculty Learner Program
Andrew Weil Center for Integrative Medicine

2020-2021 University of Washington Family Medicine Residency Network
Faculty Development Certificate Program

2013-2016 Tacoma Family Medicine Residency Program, Tacoma, WA

2011-2016 University of Washington School of Public Health, Seattle, WA
Masters of Public Health

2006-2013 University of Washington School of Medicine, Seattle, WA
Doctorate of Medicine

2001-2006 Trinity Western University, Langley, British Columbia, Canada
Bachelor of Science in Biology
Bachelor of Arts in English

Academic Appointments

2016-2023 Clinical Professor
Department of Family Medicine
University of Washington
Seattle, WA

2019- 2023 Faculty
Providence St. Peter Family Medicine Residency
Chehalis Rural Training Program
Chehalis, WA 98532

2016-2019 Adjunct Faculty
Providence St. Peter Family Medicine Residency Program
Olympia, WA 98506

Professional Positions and Experience

2016-2019	Family Medicine Physician Providence Lacy Family Medicine Lacey, WA 98503
2008	Teaching Assistant, Histology Department of Medicine University of Washington School of Medicine Seattle, WA
2005-2008	Direct Caregiver for Adults with Developmental Disabilities Shoreline, WA
2005-2006	International Student Programs Student Leader Department of Student Life, Trinity Western University Langley, BC
2001-2004	Collegiate Women's Soccer Goalkeeper Trinity Western University Langley, BC
2005	Teacher's Aide for preschool children with motor- and speech-impairments Little Red Schoolhouse Everett, WA

Certification and Licensure

2023-Present	Missouri Medical License (2022048028)
2016-Present	American Board of Family Medicine, Certified (1092022437)
2013-2023	Washington State Medical License (inactive) (60670414)
Expires 12/2024	Advanced Cardiovascular Life Support
Expires 12/2024	Basic Life support

Professional Development

2020-2021	University of Washington Family Medicine Residency Network Faculty Development Certificate Program
-----------	---

Professional Memberships and Activities

2006-Present	American Academy of Family Physicians
2023-Present	American Society of Addiction Medicine
2022-2023	American Board of Lifestyle Medicine, Diplomat
2006-2023	Washington Academy of Family Physicians
2019-2023	Thurston-Mason County Medical Society

Educational Activities

2023-Present	Primary Investigator, "Patient access to MAT for opioid use disorder can be improved by systematic changes in resident education and clinic processes" Resident QI Project, presented at UMKC Department of Community & Family Medicine Research Day and Vijay Babu Rayudu QIPS Day
2019-2023	Faculty Lead/Committee Member for Lifestyle Medicine, Addiction Medicine, Labor & Delivery Learning Culture Committee, and Spirituality & Wellness Retreat Providence St. Peter Family Medicine Residency/Chehalis RTP
2015-2016	Family Medicine Journal Club Coordinator

Tacoma Family Medicine Residency Program

- 2011-2012 Western Regional International Health Conference Planning Committee and Abstract Selection Committee Member, Non-Communicable Disease Panel Lead/Facilitator
University of Washington Department of Global Health
- 2011-2012 Global Health Resource Center Advisory Board Member
University of Washington Department of Global Health
- 2011-2012 Global Health Seminar Student Coordinator and Panel Moderator
University of Washington Department of Global Health
- 2010, 2011-2013 Family Medicine Interest Group Student Leader
University of Washington School of Medicine
- 2008-2010 Curriculum Advisory Committee Student Representative
University of Washington Department of Global Health
- 2010 Primary Student Investigator, Systematic Literature Review of Accidental Trauma Among Native American Populations
University of Washington School of Medicine

Honors and Awards

- 2020-2021 University of Washington Family Medicine Residency Network Faculty Development Certificate, University of Washington
- 2013 Theodore J. Phillips Award Recipient, King County Academy of Family Physicians
- 2013 Indian Health Pathway Certification, University of Washington Native American Center of Excellence, University of Washington School of Medicine
- 2013 Global Health Pathway Certification, University of Washington School of Medicine
- 2008-2010 University of Washington School of Medicine Service Award Recipient
- 2002-2003 Most Inspirational Player, Trinity Western University Women's Soccer, Canadian Inter-university Sport Division 1
- 2001-2002 Most Improved Player, Trinity Western University Women's Soccer, Canadian Inter-university Sport Division 1

Grants and Contract Awards

- 2011 Research Grant recipient, University of Washington Harry Bridges Center for Labor Studies

Publications

Peer Reviewer: What factors are associated with spontaneous resolution of hepatitis C? (EMS5182R3) *Family Physicians Inquiries Network*. 2021.

Peer Reviewer: Does antepartum perineal massage reduce intrapartum lacerations? (EMS4107) *Family Physicians Inquiries Network*. 2019.

Author: Pletz AM, Guirguis-Blake J. Is dialectic behavioral therapy effective in reducing symptoms or characteristics of borderline personality disorder compared with usual treatment? *Evidence-Based Practice*. 2017; 20(11):13-14.

Co-Author: Acker K, **Pletz AM**, Katz A, Hagopian A. Foreign-born care givers in Washington State nursing homes: characteristics, associations with quality of care, and views of administrators. *J Aging Health*. 2015; 27(4):650-69.

Co-Author: Kost A, Alston M, **Pletz AM**. Towards a Kinder, Gentler Future: Eliminating Specialty Disrespect. *Washington Family Physician*. August 2012.

Oral Presentations

Presentation: The Integrated Ouch! & Its Alleviation. Integrative Approaches to Pain and Management. *UMKCFM Grand Rounds*. Feb 8, 2024.

Presentation: Are We in "Moral" Danger? Exploring Alternative Frameworks for Understanding Physician Distress. *University of Washington Family Medicine Residency Network Faculty Development Webinar*. Dec 1, 2021.

Presentation: Rural Residency Community Partnerships Tackle Opioid Use Disorder. *Society of Teachers of Family Medicine Conference on Practice & Quality Improvement*. Sept 13, 2021.

Presentation: Characterization of Foreign-trained Nursing Home Workers in Washington State: Implications for the Global Healthcare Workforce Crisis. *University of Washington Global Health Seminar*. 2012. Seattle.

Poster Presentations

Poster: Increasing Native American childhood vaccination near Grand Coulee, WA. *University of Washington III Medical Student Poster Symposium*. 2010. Seattle.

Professional Community Activities

2021-2023	Street Medicine Volunteer, Gather Church, Centralia WA
2012-2013	Women's Health Accountability Group Facilitator, Rainier Health & Fitness Community Center, Seattle WA
2009-2013	Dermatology Clinic Volunteer, Seattle Downtown Emergency Services Shelter, Seattle WA
2006-2013	Tabitha Place Women's Emergency Shelter Overnight Volunteer and Task Force Member, Seattle WA
2008-2010	Free Clinic Volunteer, Aloha Inn Transitional Housing, Seattle WA
2008	Street Youth Culture Training Participant, New Horizons Ministries, Seattle WA
2008	Rural First Nations Community Support Volunteer, Fort Babine, BC, Canada
2004 and 2006	Cross-Cultural and International Community Service Volunteer to Zambia (1 month) and Uganda (1 month)

2001-2006

East Hastings Red-Light District Community Support Volunteer, Vancouver, BC