GENERAL ANNOUNCEMENTS

Getting to Know

Cherie Burton

Department: Student Affairs
Title: Office Support Assistant IV
Birth date: April 8th

What are your hobbies? Baking, bowling, going to museums
If you could go on vacation anywhere, where would you go? I have always wanted to go to Paris.
What is your favorite food? Fried chicken wings
What is your best memory? Family vacation to California and Mexico in 1975
When you were a kid what did you want to be when you grew up? A schoolteacher
## Updated Background Checks

The School of Medicine has revised the Background Check requirements for medical students based on the requirements of our clinical affiliates. Beginning in summer 2015, all students must have a repeat background check prior to participation in Year 4/5 clinical rotations. Current year 4 students will be required to repeat the background check prior to June 1, 2015. Current year 3 students will be notified in advance of their clinical rotations to repeat the background check. The cost for the background check is approximately $45.

Affected students will receive an email from Student Affairs with details on how to complete the checks online via the Certiphi website. Students will be responsible for initiating the check by a specific due date once they receive instructions.

If you have any questions or concerns, please notify Dr. Rogers, Associate Dean for Student Affairs. She can be reached at rogersbr@umkc.edu or 235-1782.

## Year 6 Office Checkout

All Year 6 students graduating in May or August will need to check out of their offices by May 21st. Offices must be clean with all of your personal items (including refrigerators, door decor, curtains, etc.) removed. Once that is completed, check out of your office with one of the following Administrative Assistants:

- 3rd floor Red: Cherie Burton
- 4th floor Gold: Nikki Collier

The checkout process will include:
- Ensuring office is cleaned and all personal items have been removed (if you’re sharing, ensure your items have been removed)
- Listing any maintenance needs
- Ensuring the door is locked and the key works
- Submitting office keys to the AA during checkout

## UMKC Trans + Allies

**UMKC TRANS+ALLIES SPRING SERIES**

**LIVING, LEARNING, AND UNDERSTANDING GENDER. AN INCLUSIVE MONTHLY SOCIAL SUPPORT GROUP AND FACILITATED DISCUSSION ON GENDER, IDENTITY, AND EXPRESSION.**

**STUDENT UNION 302**

**FIRST TUESDAYS**

**FEB 3, MAR 3, APRIL 7, MAY 5**

**6:00PM-8:00PM**

**SNACKS PROVIDED!**

transumkc@gmail.com  
LGBTQIA@umkc.edu
Cinco de mayo

To All Students
MSAC and Color Officers will sponsor a
Yr 6 Reception
The Theme is Cinco de Mayo
Monday, May 4th, Noon
Humanities Conference Room, Plan now to attend
Congratulations to our graduating class of 2015
We are proud of you!!!!!!

Lavender Graduation

Students may RSVP by May 4th by registering online at this link.

Peer Tutors

OPPORTUNITY
Now hiring Peer Tutors for summer Organic Chemistry and fall Anatomy and Biochemistry
Peer Tutor
This is a primary leadership position in the School of Medicine. It is a position of influence in which you have the opportunity to positively affect the lives of many others while demonstrating and enhancing your own command of the subject you are tutoring.

Position Description
Tutor will meet regularly with students in group format to provide learning assistance for a designated science course. The Peer Tutor serves as a guide to assist peers as they develop mastery of the course content and become successful, independent learners.

Minimum Qualifications
The successful tutor candidate must:
- Maintain a minimum GPA from science coursework of 3.0 or better
- Have earned a grade of “A” in the course in which they will serve
- Have a proven track record of responsibility, reliability, and punctuality
- Meet all scheduling requirements for the tutoring and training
- Be approved by faculty in the course for which they will tutor

Primary Responsibilities
- Participate in required tutor training and preparation sessions
- Plan for and conduct a minimum of two 1-hour sessions per week
- Maintain a professional attitude at all times

Contact Kathy Phillips, Phillipsk@umkc.edu (816) 235-8831 now for info and application materials.
You can help patients fighting blood cancer.

Wednesday, May 6
UMKC School of Pharmacy
Health Sciences Building
12pm-1pm, Rm 3301 – Hear a Past Donor and Past Recipient Share Their Story
12pm to 4pm, Rm 3302 – Marrow Donor Registration Drive

There are currently more than 13,000 patients with blood cancers searching for a bone marrow transplant and more than half will never receive one. UMKC wants to help patients beat those odds. A bone marrow drive will be held in honor of all students, staff, and faculty that have ever battled a blood cancer, including two UMKC School of Dentistry students currently fighting leukemia. If you are 18-55, it only takes a few minutes and the swab of a cheek to register as a donor and see if you could be a life-saving match to a patient in need!

Before you register, hear Marshall Matlock, founder of the Swab Squad and transplant recipient, and Amy Sipe, UMKC grad and stem cell donor, speak about their experiences!

Sponsored by APhA-ASP
and the Hospital Hill Interprofessional Leadership Committee

School of Medicine Lactation Room

The School of Medicine lactation room is available to School of Medicine faculty, staff, residents and students, and is located on the second floor of the building in room M2-309. The area is approximately 68 square feet and has been outfitted with a comfortable chair, small refrigerator, sink and a combination door handle. The room is also equipped with an “in use light”. The room access code can be obtained by contacting the GME Office at 816-235-6627 or by stopping by Room M2-202.
Kathy’s Tips for Success

Study Smart!

Each week, Kathy Phillips, Learning Resource Specialist, will be featuring a study tip to help you succeed academically. This week’s tip:

Try to relate new material to something you already know. It will make it easier to remember!

For more help with studying smart, contact Kathy Phillips, Learning Resource Specialist, at phillipsk@umkc.edu

WELLNESS

Niloo far’s Weekly Wellness Tip

30-Day Happiness Challenge

It’s a new month, and that means it’s also a great opportunity to start a new habit. How about a happiness habit? See the image below for some really simple things you can start doing this month that will boost your mood (and as I’ve said a million times, better mood means better sleep, better relationships, better health, and yes, better grades!!!).

Happy May! ☺ ~Niloo far
THE 30-DAY NO-FAIL Happiness Challenge

Day 1
Name three new things you are grateful for when you wake up. Continue for 29 more days.

Day 2
Write down one meaningful thing that happened to you in the last 24 hours. Continue for 28 more days.

Day 3
Reach out to someone you know and praise them. Continue for 27 more days.

Day 4
Start doing cardio for at least 15 minutes a day. Keep doing this for 26 more days.

Day 5
Start meditating for at least five minutes a day. Continue for 25 more days.

Day 30
You made it! We hope you will keep these habits going beyond the challenge!
Things to Do in KC This Week
(Compiled from around the web. These are not UMKC sponsored or sanctioned events)

Shen Yun Performing Arts: May 5-7. 7:30PM. Downtown area. Shen Yun Performing Arts, is a performing-arts and entertainment company based in New York. It performs classical Chinese dance, ethnic and folk dance, and story-based dance, with orchestral accompaniment and solo performers. The Shen Yun website translates the phrase shen yun as “the beauty of divine beings dancing”. For seven months a year, Shen Yun Performing Arts tours to over 130 cities across Europe, North America, Oceania, and Asia. Shen Yun’s shows have been staged in several leading theaters, including New York’s Lincoln Center for the Performing Arts, London’s Royal Festival Hall, Washington, D.C.’s Kennedy Center, Paris’ Le Palais de Congrès. For more information visit: https://www.visitkc.com/event-detail/shen-yun-performing-arts?cid=18622

Buzz Under the Stars Night 1 ($25): Thursday, May 7th. KC Live! At the Power and Light District. Gates open at 6PM. Concert starts at 7PM. Featuring Matt and Kim, Meg Myers, and Kitten. For more information visit: http://www.buzzunderthestars.com/

Mother’s Day: May 10th. Several restaurants on the Country Club Plaza will be serving Mother’s Day Brunch. http://countryclubplaza.com/event/mothers-day-brunches/

For more events, visit Ink Magazine’s online, searchable calendar: http://calendar.inkkc.com/ and Kansas City on the Cheap: www.kansascityonthecheap.com (which also has great deals and coupons!)

Wellness Council

The purpose of this group is to promote wellness here at the SOM, both through lighter activities like Tea Time and Smoothie Days, and through awareness campaigns to promote national health observances and reduce stigma surrounding mental health.

NEXT MEETING!: Tuesday, May 12th, 2015 5:30PM, Gold 4 Conference Room
Women's Issues Group

Share... Learn... Understand

A group that includes psychoeducation, support, and group therapy. Because sometimes we need a little bit of everything.

When: Wednesdays May 27-June 24, time TBD based on members’ schedules
Where: UMKC Counseling Center | 4825 Troost Suite 206
Who: UMKC Students

Co-facilitated by Dr. Sherri Theoharis and Dr. Rachel Pierce
Contact Dr. Theoharis at 816-235-1256 or theoharidis@umkc.edu to set up a group screening to get on the list to participate.

this group is free!

SCHOLARSHIPS

News Updates from the Financial Literacy office

Exit Counseling Misconception
Year 6 students have been reporting to me that they selected their repayment plan when completing their exit counseling. I want to make sure you all understand that you didn’t actually do anything to your loans by making that selection. You MUST contact your lender directly in order to set up the repayment plan that you want.
Year 4 and/or 5 students, you will need to complete exit counseling when you petition for your undergraduate degree. That exit counseling is only for your undergraduate loans and you will have to complete again before graduating in year 6.

Please let me know if you have any questions about that.

**Summer Awarding Update**

Many of you have asked about your summer awarding and why it wasn’t on Pathway with fall/spring of next year. Every year you will be accepting aid twice. Once around April for fall/spring of the next year and once around May for the upcoming summer.

This is out of order and confusing but always know that if you didn’t see it when accepting fall/spring aid, it’s because it hasn’t come out yet. Also, the summer aid will pay about 1-2 weeks before classes on Volker start for the summer.

Let me know if you have questions about this.

### Scholarship

#### Thomas W. Loeb, MD Scholarship

**Eligibility:** This scholarship award is available to students with a physical or a learning disability.

**Amount:** $2,000: The award which will be distributed among three students; there will be one award of $1,000 and two awards of $500.

**Requirements:** Students will be requested to create a graphic on the subject of self-esteem; the requirements for the graphic will be provided upon submission of the application request.

**To Apply:** Students must apply through the website, at [http://thomasloebmd.com](http://thomasloebmd.com). There is one section on the homepage (scroll down) titled “Thomas Loeb, MD Scholarship;” students may contact us via this portal to apply. Upon receiving their request we will send qualified applicants a Scholarship Application Form and confirmation email with all the details and information necessary to apply for the scholarship awards.

#### Concussion Awareness Scholarship

**Amount:** $1,000

**Eligibility:** ANY graduate or undergraduate student (future or current) that has been accepted or attends a community college, technical/trade college, or university may apply.

**Application:** [http://www.thepassrusher.com/concussionawareness.html](http://www.thepassrusher.com/concussionawareness.html)

Contact Robin Hill at hillrob@umkc.edu with questions.

#### Karman Healthcare Scholarship

**Eligibility:** students suffering from a mobility disability

**Amount:** 2 $500 scholarships

**Application Process Deadline:** September 1, 2015

Please see or email Robin Hill for details at hillrob@umkc.edu

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**OPPORTUNITIES**
APAMSA IAKC Health Fair – Volunteers Needed

APAMSA is hosting the 2015 IAKC Health Fair.

Volunteers are needed to help run some basic medical stations.

Year 1-6 Medical Students

2 shifts
7:30-10:00
9:30-12:00

Location: TBD

For more information contact umkcapamsa.org@gmail.com

STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS
Policy for In the Know Announcement Submissions

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu.

2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

4) To be included in the following Monday’s “In the Know”, announcements must be submitted by 5PM the prior Thursday.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloo Far Shahmohammadi at shahmohammadin@umkc.edu.