GENERAL ANNOUNCEMENTS

Patient Tracking Policy Update

The Patient Tracking Policy was amended to include the replacement of: “students must enter all required patient data into the PTS by the seventh calendar day of the month following the end of the clerkship to show their clerkship requirements have been met” with the following language: “students must enter all required patient data into the PTS by midnight of the last day of the clerkship to show their clerkship requirements have been met.”

For the full Patient Tracking Policy, please visit: http://med.umkc.edu/curriculum/clerkship/#patient

Kansas City Marathon

THREE FREE ENTRIES to the KC Marathon!

Use the code: UMKC.SP.2015

Click here to register.

Also, here is a code for ANYONE to use for 15% off on full marathon, half marathon or 5K.

UMKC.DISCOUNT.2015

The 15% off discount is unlimited.

Kathy’s Tips for Success

Study Smart!

Each week, Kathy Phillips, Learning Resource Specialist, will be featuring a study tip to help you succeed academically. This week’s tip:

Read the textbook or outlines/slides before class. This will allow you to catch more during the lecture, since you’ll already have a head start at understanding the tough stuff!

For more help with studying smart, contact Kathy Phillips, Learning Resource Specialist, at phillipsk@umkc.edu
No Time To Exercise? Try this 7-Minute Workout App!

I know, I know. So many of us (especially you busy med students!) don’t have time to work out, or don’t have time to eat healthy or get enough sleep. But of course, it’s not really about not having time and more about not having the motivation (or our priorities in order!). I’m a big believer in the power of baby steps and in “doing something is better than nothing.”

When it comes to exercise, even if it’s not a priority or you hate doing it, surely you can budget 7 minutes of your morning (or night!) to do the science-based routine offered by the 7 Minute Workout app. There are actually several different free and paid versions of the app available, but they all accomplish the same goal. To learn more about the routine and to get a link to one version of the app, visit this link: http://well.blogs.nytimes.com/2013/05/09/the-scientific-7-minute-workout/. ~Niloofar ☺

Things to Do in KC This Week

(Compiled from around the web. These are not UMKC sponsored or sanctioned events)

**KC Royals vs. Toronto Blue Jays: Friday, July 10th. 7PM.** Experience Major League action at Kauffman Stadium, home of the 2014 American League Champion Kansas City Royals. “The K” opened April 10, 1973 and is recognized throughout baseball as one of the game’s most beautiful ballparks. Since then, many exciting games have been contested, including the 1973 All-Star Game, three no-hitters, playoff games in 1976, ’77, ’78, ’80, ’81, ’84, ’85 and ’14 and World Series titles in 1980 and 1985. Kauffman Stadium’s unique features include 104’ high video board and a 322-foot wide water spectacular. For tickets and info visit: http://kansascity.royals.mlb.com/index.jsp?c_id=kc

**Summer White Party: Friday, July 10th. 7PM-10PM.** The YFA Summer White Party continues to grow, both in size and popularity. Please join us for the 6th annual outdoor summer fundraising event hosted by the Young Friends of Art. Guests enjoy Kansas City's only "white linen" party in the Donald J. Hall Sculpture Park. All proceeds support The Nelson-Atkins Museum of Art.

This year we celebrate The Four Seasons, the highly acclaimed works from artist Philip Haas. Experience Eden and take a bite out of the forbidden fruit. This event sells out each year, get your tickets now! For more info visit: http://nelson-atkins.org/summerwhiteparty/index.html

**Artisan Day:** Saturday, July 11th. 9AM-3PM. Alexander Majors Historical House. Artisan Day celebrates handmade goods and embraces traditions that create the foundation for local artisans. Attendees will enjoy local vendors selling their artisan products, exciting classes taught by local experts, a crafting corner for children, blacksmithing demonstrations, open house tours of the Alexander Majors House, traditional games on the lawn, and food vendors. We'll even have alpacas on the lawn! Classes include spoon making, homebrewing, and bee keeping. Free and open to the public. Please pre-register for classes to ensure your spot. For more info, visit: http://www.wornallmajors.org/experience/events/

For more events, visit Ink Magazine’s online, searchable calendar: http://calendar.inkkc.com/ and Kansas City on the Cheap: www.kansascityonthecheap.com (which also has great deals and coupons!)

Wellness Council

The purpose of this group is to promote wellness here at the SOM, both through lighter activities like Tea Time and Smoothie Days, and through awareness campaigns to promote national health observances and reduce stigma surrounding mental health.
5 Minute Survey – Your Input Greatly Needed!

The UMKC Counseling Center is considering a name change and we REALLY want student, faculty and staff input on our possibilities. Would you please complete this very brief survey to give us some feedback on possible names? It should take less than 5 minutes. We appreciate it! Your input matters.

https://www.surveymonkey.com/r/S59BR6Y

Seeking Volunteers for Video Project

Have you struggled with any of the issues listed below? And would you be willing to speak about it on camera to help students realize they’re not alone? If so, please email Niloofar Shahmohammadi, Wellness Program Coordinator, at shahmohammadin@umkc.edu

- Doubts about whether or not you really want to be a doctor
- Feeling like a fraud, like no one really knows how much you’re struggling even though on the outside you’re keeping up appearances
- Feelings of failure
- The feeling that everyone else is doing much better than you are
- Depression or anxiety
- Lower board scores than you had hoped
- Anything else you want to share with other students/that you think would help others 😊

SCHOLARSHIPS

Thomas W. Loeb, MD Scholarship

Eligibility: This scholarship award is available to students with a physical or a learning disability.

Amount: $2,000: The award which will be distributed among three students; there will be one award of $1,000 and two awards of $500.

Requirements: Students will be requested to create a graphic on the subject of self-esteem; the requirements for the graphic will be provided upon submission of the application request.

To Apply: Students must apply through the website, at http://thomasloebmd.com. There is one section on the homepage (scroll down) titled “Thomas Loeb, MD Scholarship;” students may contact us via this portal to apply. Upon receiving their request we will send qualified applicants a Scholarship Application Form and confirmation email with all the details and information necessary to apply for the scholarship awards.

Concussion Awareness Scholarship

Amount: $1,000

Eligibility: ANY graduate or undergraduate student (future or current) that has been accepted or attends a community college, technical/trade college, or university may apply.

Application: http://www.thepassrusher.com/concussionawareness.html
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| **Karman Healthcare Scholarship**               | **Eligibility:** students suffering from a mobility disability  
**Amount:** 2 $500 scholarships  
**Application Process Deadline:** September 1, 2015  
Please see or email Robin Hill for details at hillrob@umkc.edu |
| **Boone Count Medical Society Scholarship**     | **Eligibility:** Students must have completed their first semester of their clerkship year and must be from either Boone, Howard or Cooper County. They are also looking for students that have demonstrated exceptional intellectual and humanistic qualities with patients, peers and teachers.  
**Amount:** $2,000  
**Deadline:** September 1, 2015  
**Application:** Contact Robin Hill at hillrob@umkc.edu for an application |
| **Roland P. Ladenson Scholarship**              | **Eligibility:** Students must be committed to pursuing a career as a primary care physician. Students must also have started their clinical training and demonstrate exceptional intellectual and humanistic qualities with patients, peers and teachers.  
**Amount:** $2,000  
**Deadline:** September 1, 2015  
**Application:** This is a nomination based scholarship. Please contact Robin Hill at hillrob@umkc.edu if you would like to be considered. |
| **Society of 1924 Medical School Scholarship – Southern Medical Association Alliance** | **Eligibility:** 5th year student who exhibits both academic and leadership qualities.  
**Amount:** $2,000  
**Deadline:** September 15th  
**Application:** http://smaalliance.org/scholarship  
Please see or email Robin Hill if you have questions. hillrob@umkc.edu |
| **National Hispanic Health Professional Student Scholarship Program** | **Eligibility:** Hispanic students or students with a passion for working with the Hispanic community  
**Amount:** $2,000 - $5,000 (17 students will be awarded)  
**Deadline:** September 18th  
**Application:** http://nhmafoundation.org/index.php/scholarship-program  
Please see or email Robin Hill if you have questions. hillrob@umkc.edu |

Contact Robin Hill at hillrob@umkc.edu with questions.
Now Accepting Applications:
GLMA’s Student/Trainee Scholarship Program

GLMA is committed to ensuring students and trainees—from across the health professions—are able to attend the Annual Conference. Therefore, we are able to provide a limited number of scholarships to help offset the cost of attending **GLMA’s 33rd Annual Conference, September 24-26, 2015**, in Portland, OR.

**Scholarships are available due to the generosity of GLMA members and conference attendees!** Scholarship funds are limited and so we ask that those who are able to find funding elsewhere (e.g., from your institution) refrain from applying for the scholarships.

Scholarship recipients will have their conference registration fee waived. In exchange for the scholarship, recipients are required to assist with conference duties – usually serving as a monitor during workshop or plenary sessions, staffing the registration desk or similar tasks – for up to six hours during the conference.

Scholarships for nursing students will be inclusive of the GLMA Nursing Summit and may require an additional time commitment of 1-2 hours on the day of the Summit.

**How to Apply**
Students of all health professional disciplines are encouraged to apply. Applicants must be students/trainees currently enrolled (part or full-time) in an undergraduate or graduate/professional degree program with plans to pursue a career in the health professions.

Click here to learn more about the Student Scholarships and to apply.

Financial assistance for those who are not students or trainees is also available. Please click here for more information on the Financial Assistance Program.

Student/Trainee and Financial Assistance applications are due by **3pm ET on Friday, July 17, 2015**.

More information about GLMA’s 33rd Annual Conference is available online at www.glma.org/conference. Note the conference schedule is different from previous years—see the Schedule-At-A-Glance here.
SAVE THE DATE October 9-11, 2015
Loews Hotel—Rosemont, Illinois 5 minutes from O'Hare
www.iafp.com/fmm

Theme for 2015
Celebrating Diversity:
Our Patients, Our Communities and Ourselves!

No other specialty can celebrate the vast diversity of settings, patients, opportunities and relationships of family medicine.

Scholarships available for students enrolled in Midwest medical schools.

Find Your Family Medicine Future at FM Midwest:
- Clinical workshops
- Inspiring Plenaries and breakouts for faculty, resident and student attendees
- Residency Fair with Career Connections and Fellowship Opportunities
- Family Medicine Fun!
- Abstract submissions now open until late May!

STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS
Community Service Opportunity - Volunteers Needed

What: Medical students needed to assist with physicals for children!
When: Friday, July 17 starting at 1:30pm (will last a couple of hours)
Where: Discovery Camp, Located about 20 minutes from the medical school in South Kansas
Policy for In the Know Announcement Submissions

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu.

2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

4) To be included in the following Monday’s “In the Know”, announcements must be submitted by 5PM the prior Thursday.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.