GENERAL ANNOUNCEMENTS

TB Testing

MANDATORY TB Testing and Flu shots for all UMKC Medical Students Years 3-6
Both dates listed for your Year are REQUIRED

Session 1, Year 3 students: Tuesday, September 29, 2015, 9am-12:30pm, MG 202C (old Skills lab in basement of SOM, now the Center for Health Insights)
TB test results, Year 3: Thursday, October 1, 2015, 10am-12:30pm (arrive at least 48 hours after you were given the TB test on Tuesday) MG 202C

Session 2, Year 4 students: Tuesday, October 6, 2015, 9am-12:30pm, MG 202C
TB test results, Year 4: Thursday, October 8, 2015, 10am-12:30pm, (arrive at least 48 hours after you were given the TB test on Tuesday) MG 202C

Session 3, Years 5 & 6 students: Tuesday, October 13, 2015, 9am-12:30pm, MG 202C
TB test results, Years 5 & 6: Thursday, October 15, 2015, 10am-12:30pm, (arrive at least 48 hours after you were given the TB test on Tuesday) MG 202C
This fall, your UMKC student ID will entitle you to more transit options than ever before.

For the first time, the same ID that gets you around on the bus in Kansas City will be good in the Johnson County suburbs on the Kansas side of the state line.

Your student ID makes riding the bus simple. No more fumbling for exact change or worrying about transfers. One swipe of your student ID and you’re on your way.

The expanded student bus pass is part of an ongoing effort — known as RideKC — to build a cohesive transit system tying the entire region together. So, as you head back to campus this fall, let us take you where your bus pass would never take you before. And RideKC.

WHAT IS A U-PASS?
The U-Pass allows UMKC students to use their student ID card on any Metro, MAX or Johnson County bus route except the K-10 connector operating between Overland Park and Lawrence.

WHERE DO I BUY ONE?
You don’t. It’s part of the activity fee you pay when enrolling at the university. The bus pass is incorporated into the same student ID card used for admission to UMKC sporting events, checking out materials at the campus library and purchasing meals at dining service locations.

WHERE WILL THE BUS TAKE ME IN MISSOURI?
Two of the more popular bus routes — Main Street MAX and Troost MAX — are easily accessible to UMKC students. From campus, the bus can get you to work, or to the grocery store. Downtown, Crown Center, Hospital Hill can all be easily reached by bus. Transit also can take you to some of Kansas City’s trendy spots including the Crossroads District, the Power & Light District, the Sprint Center, the Nelson Atkins Museum of Art or the Brookside/Waldo neighborhoods featuring small clusters of restaurants and bars.

AND KANSAS?
The U-Pass can be used on weekdays to get directly from campus (no transfer needed) to Overland Park’s Metcalf Avenue corridor where there is a wealth of jobs and dining options. Other destinations include Oak Park Mall, downtown Overland Park and Johnson County Community College. Going west? A bus can get you to Kansas City, Kan, and the Village West entertainment complex, near Sporting Park, home of Sporting KC, and Community America Ballpark where the T-Bones play ball.

WELLNESS

"Helpfulness is a theme this month...As you help others you help yourself. Whatever you give to others you give to yourself. Whatever you do for others you do for yourself. Whatever you wish on others you wish on yourself. Whether you judge or bless so it is done to you. This is a month where you can really make a difference for others and yourself. Helping another is one of the most fulfilling aspects of life and it puts you and the one you helped into a flow forward."

~Chuck Spezzano (excerpted from his 2015 newsletter). HAPPY SEPTEMBER, everyone!!!
### Things to Do in KC This Week

(Compiled from around the web. These are not UMKC sponsored or sanctioned events)

**Third Thursday at the Nelson:** Outside the Bloch Building at the Nelson Atkins Museum of Art. Thursday, September 17th, 6PM-9PM. Welcome to another outdoor Third Thursday! All activities will be on the north side of the museum throughout the J.C. Nichols Plaza. Live music, food trucks, sports & fitness demos, make your own pennant art activity, plus happy hour. [http://goo.gl/AmoEgn](http://goo.gl/AmoEgn)

**Urban Provisions East Bottoms Bazaar:** Friday, September 18th, 6PM-9PM. Urban Provisions is pleased to present the fall edition of the East Bottoms Bazaar - a collaborative event hosted by the creative small businesses located at the intersection of Guinotte Ave and Montgall Street. One part guerilla retail market, one part block party, the event's core purpose is to support up and coming local artisans while promoting our corner of Kansas City. For more info visit: [https://www.facebook.com/events/888176264570662/](https://www.facebook.com/events/888176264570662/)

**UNPlaza Art Fair:** Saturday, September 19th, 10:00AM-6:00PM. All Souls Unitarian Universalist Church 4501 Walnut. Come to the 24th annual UNplaza Art Fair--with 85 artists (almost all local), reasonable prices, and lunch on the side. The fair features jewelry, woodwork, ceramics, woven art, drawings, oil paintings, watercolors, greeting cards, homemade soap, and more. The event takes place on the grounds of All Souls Unitarian Universalist Church. New this year: complementary shuttle back to your car after you browse the fair. This effort benefits: first the artists, and then PeaceWorks-KC and All Souls. [https://www.facebook.com/events/1012078542169676/](https://www.facebook.com/events/1012078542169676/)

For more events, visit Ink Magazine’s online, searchable calendar: [http://calendar.inkkc.com/](http://calendar.inkkc.com/) and Kansas City on the Cheap: [www.kansascityonthecheap.com](http://www.kansascityonthecheap.com) (which also has great deals and coupons!)

## Wellness Council

The purpose of this group is to promote wellness here at the SOM, both through lighter activities like Tea Time and Smoothie Days, and through awareness campaigns to promote national health observances and reduce stigma surrounding mental health.

**NEXT MEETING!**  Tuesday, October 13th, 2015 at 5:30PM

## Wellness Council Food Drive

**Kangaroo Pantry Food Drive Winners!**

Beginning on August 31st, the Wellness Council placed papers bags on every unit with a sign asking for donations of food for the UMKC Kangaroo Pantry.

The Kangaroo Pantry is a food pantry housed here at UMKC, on the Volker campus, and is solely for UMKC students and staff. Believe it or not, many students struggle with being able to afford food, and over the years I’ve even helped medical students who were in a bind go to local food pantries to stock up on groceries. It’s so wonderful that as of this summer, we now have a pantry that is all our own, and that it’s so accessible for our students. Please know your donation went to help one of your own, maybe even someone sitting next to you in a class.

The initial goal was to raise 150 pounds of food, with the unit donating the most food by weight winning free coffee and donuts on their clinic day. We ended up nearly doubling our goal for a total of 291 pounds! So many people brought in donations that we couldn’t fit it all into the bin.

And a very special thank you and congratulations to Green 8 who won the competition by raising 80 pounds!

You guys are awesome, and don’t forget the wellness tip for this month (scroll up if you didn’t read it) Helping others is one of the quickest and easiest ways to help yourself. You can’t help another without reaping the benefits. It’s how this game of life is built, so use that to your advantage 😊 Giving and receiving are cornerstones of wellness 😊
SCHOLARSHIPS

This article is a good reminder of how important it is to stay on top of paying back your loans. The key thing to remember is that there are so many protections put into place that if you aren’t able to make full payments and you are communicating with your lender, you should NEVER be in this place.

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<thead>
<tr>
<th>Scholarship</th>
<th>Thomas W. Loeb, MD Scholarship</th>
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<tbody>
<tr>
<td><strong>Eligibility:</strong></td>
<td>This scholarship award is available to students with a physical or a learning disability.</td>
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<tr>
<td><strong>Amount:</strong> $2,000</td>
<td>The award which will be distributed among three students; there will be one award of $1,000 and two awards of $500.</td>
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<tr>
<td><strong>Requirements:</strong></td>
<td>Students will be requested to create a graphic on the subject of self-esteem; the requirements for the graphic will be provided upon submission of the application request.</td>
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<tr>
<td><strong>To Apply:</strong></td>
<td>Students must apply through the website, at <a href="http://thomasloebmd.com">http://thomasloebmd.com</a>. There is one section on the homepage (scroll down) titled “Thomas Loeb, MD Scholarship;” students may contact us via this portal to apply. Upon receiving their request we will send qualified applicants a Scholarship Application Form and confirmation email with all the details and information necessary to apply for the scholarship awards.</td>
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<tr>
<th>Scholarship</th>
<th>Concussion Awareness Scholarship</th>
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<tr>
<td><strong>Amount:</strong> $1,000</td>
<td></td>
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<tr>
<td><strong>Eligibility:</strong> ANY graduate or undergraduate student (future or current) that has been accepted or attends a community college, technical/trade college, or university may apply.</td>
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<tr>
<td><strong>Application:</strong> <a href="http://www.thepassrusher.com/concussionawareness.html">http://www.thepassrusher.com/concussionawareness.html</a></td>
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<tr>
<td>Contact Robin Hill at <a href="mailto:hillrob@umkc.edu">hillrob@umkc.edu</a> with questions.</td>
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<th>Scholarship</th>
<th>Society of 1924 Medical School Scholarship – Southern Medical Association Alliance</th>
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<td><strong>Eligibility:</strong> 5th year student who exhibits both academic and leadership qualities.</td>
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<td><strong>Amount:</strong> $2,000</td>
<td></td>
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<td><strong>Deadline:</strong> September 15th</td>
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<tr>
<td><strong>Application:</strong> <a href="http://smaalliance.org/scholarship">http://smaalliance.org/scholarship</a></td>
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<td>Please see or email Robin Hill if you have questions. <a href="mailto:hillrob@umkc.edu">hillrob@umkc.edu</a></td>
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<th>Scholarship</th>
<th>National Hispanic Health Professional Student Scholarship Program</th>
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<td><strong>Eligibility:</strong> Hispanic students or students with a passion for working with the Hispanic community</td>
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<td><strong>Amount:</strong> $2,000 - $5,000 (17 students will be awarded)</td>
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<td><strong>Deadline:</strong> September 18th</td>
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<tr>
<td><strong>Application:</strong> <a href="http://nhmafoundation.org/index.php/scholarship-program">http://nhmafoundation.org/index.php/scholarship-program</a></td>
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OPPORTUNITIES
Are you a student, or do you know a student, who is interested in learning the value and application of research in the study and practice of medicine? The goal of the Sarah Morrison Student Research Award is to help UMKC School of Medicine students by providing funds to support the expenses of such research. **Students must submit an application packet to UMKC SOM Research Administration by October 1, 2015.**

The application packet should include:

- **Application Form**
- **Reference Form** from at least 3 UMKC SOM faculty including the student’s research mentor.
- **Project protocol**
  - Please contact Research & Statistical Consult Service (RSCS), at 816-235-6617 for consult prior to submitting your protocol.
- **Proposed project budget - up to $1,500**
  - If research costs will be incurred at Children’s Mercy Hospital (CMH), please contact CMH Research Administration at (816) 701-1345 to obtain accurate numbers for your budget.
Entrepreneurship

AOA Opportunities – Including Grants

Medical students:

Please note some opportunities listed below for support from the AOA (alpha omega alpha) honor society.

Our school has successfully competed for most of these in prior years:

*A recent graduate won the Carolyn Kuckein award for $5000 while he was a student.
Another student won the national award (best in the nation) for the Pharos Poetry competition.

We have for many years been helping some of the needy in our area with work initially driven by a grant from the medical student service leadership project. It's called Second Servings.

Please consider applying for these opportunities, and let me know how I might help you.

Thank you.

John Foxworth, PharmD
Professor of Medicine, Pharmacology, & Biomedical and Health Informatics
Asst. Dean, Faculty Development, School of Medicine
Associate Program Director & Director of Research, Internal Medicine Residency Program
Clinical Pharmacology Section,
Department of Medicine, Truman Medical Center-Hospital Hill
and University of Missouri-Kansas City School of Medicine
Red 4 unit Room M4-133
2411 Holmes St.
Kansas City, MO 64108-2792
voice: (816) 235 1925
e-mail: foxworthj@umkc.edu

CAROLYN L. KUCKEIN STUDENT RESEARCH FELLOWSHIPS
An opportunity for 1st -3rd year medical students to conduct independent research with a mentor. Award amount: $5k. One submission per chapter. Submit Dec. 31st to Councilor, Jan. 31st to National Office.
http://www.alphaomegaalpha.org/student_research.html

HELEN H. GLASER STUDENT ESSAY AWARDS
Encourage students to write scholarly essays and creative narratives relevant to medicine. Essays must be original, by a single author, and on a nontechnical medical subject. Scholarly essays given preference. Winning essays published with monetary prize. All students eligible. One submission per student. Submit online by January 31st.
http://www.alphaomegaalpha.org/student_essay.html

MEDICAL STUDENT SERVICE LEADERSHIP PROJECT AWARDS
Support leadership development for medical students by organizing a service project with structured leadership development. Three years of funding. Award amount: $9k. One submission per chapter. Submit Dec. 31st to Councilor, Jan. 31st to National Office.
http://www.alphaomegaalpha.org/student_service_leadership.html

PHAROS POETRY COMPETITION
Encourage students to write effective poetry. Submitted poetry must be an original, unpublished work by a single author, relating to medicine or health. Winning poems published with monetary prize. All medical students eligible. One submission per student. Submit online by November 30th.
http://www.alphaomegaalpha.org/poetry_competition.html
AMERICAN PHYSICIAN SCIENTISTS ASSOCIATION
Proudly Presents the 2015 MIDWEST REGIONAL MEETING
Hosted by SAINT LOUIS UNIVERSITY

Saturday, October 24, 2015 | Saint Louis, MO | 8:30 AM – 5:30 PM

Daniela Salvemini, Ph.D.  Graham Colditz, MD, DrPH  Daniel Hoit, MD, Ph.D.  Ed Weisbart, MD
Professor  Chief, Deputy Director  Director  Chair
Pharmacology  Epidemiology  Infectious Diseases  Physicians for a National
Saint Louis University  Washington University  Saint Louis University  Health Program

Topics Include
Vaccine Trial and Evaluation
Future Careers in Medical Research
Women in Healthcare
Medicine and Government
and many more!

Poster Deadline: September 28. Cash prizes for top posters in each category.

- Registration is FREE for all attendees
- Subsidized housing from Drury Inn, free shuttle service to and from the University.
- Friday night social from 7–11PM on October 23 at Crave Coffee House.

Register online at physicianscientists.org

For more information: apsa@slu.edu

STUDENT ORGANIZATION MEETINGS AND OTHER EVENTS
RUN SWIM BIKE

COME JOIN UMKC’S TRIATHLON CLUB!
All are welcome, including beginners! Come to our kickoff meeting on Monday Sept. 14 @ Union 302 at 5:00-7:00 P.M!
Free food!

Practice:
Mon. 5:45 P.M: Bike
Meet at bottom of Cherry St. Garage for biking
Mon. 8-9: Swim at Swinney
Tue. 3-4 P.M: Swim at Swinney
Wed. 8-9 P.M: Swim at Swinney
Thur. 3-4 P.M: Swim at Swinney
Thurs. 6 P.M: Run, meet at Swinney Outdoor Track

Limited number of bikes available!
Anesthesiology Interest Group (AIG)

Anesthesiology Interest Group (AIG) Presents:

Residency, Interviewing, and the Match

What: Dr. Brandenburgh will be discussing the match process, including applying to programs and interviewing

When: Monday, September 14th at 6 PM

Where: Theater C, UMKC SoM 1

For questions, contact:
Greg Miller – gcm5db@umkc.edu
Roshan Babu – rcbjp3@umkc.edu
Orthopaedic Interest Group

UMKC Orthopaedic Surgery Interest Group Presents

Basics of Fractures
With Dr. Bernhardt
Chairman Department of Orthopaedic Surgery
Wed. Sept 16th
5:30 PM, SOM-Theatre C

EMIG

Emergency Medicine Interest Group Presents

Radiology in EM

With Speaker: Dr. Fried
September 17th at 17:30
Theater B
UMKC’s Family Medicine Interest Group
Presents:
Intro To Physical Exam Skills
Oak St. Dorm Classroom
September 30, 5-8 PM
Food Provided!
Very Useful For Year 1-2 Docent!
Policy for In the Know Announcement Submissions

1) All submissions must be in JPG format (if the announcement is a flyer). PDF and Word documents must be converted to JPG before being emailed to shahmohammadin@umkc.edu

2) If the announcement is a text only announcement, please include it in the body of your email. Please use black font only and include a title for your announcement such as “Emergency Medicine Interest Group”.

3) If an announcement includes incorrect information (such as an incorrect date or time), and that week’s In the Know has already been sent out, a revision for your specific announcement will not be sent out to the school. The only time a correction email will be sent out is if the error is on the part of Student Affairs (mistyped or forgot to include an announcement).

Submissions which do not meet the new requirements will be returned to sender requesting the appropriate edits. The announcement may then be resubmitted to shahmohammadin@umkc.edu for inclusion in the In the Know.

4) To be included in the following Monday’s “In the Know”, announcements must be submitted by 5PM the prior Thursday.

To submit information for the next Student Affairs Weekly Announcement, send an email to Niloofar Shahmohammadi at shahmohammadin@umkc.edu.