Advancing the Health of Our Community

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UMKC School of Medicine
INSIDE PANORAMA EXIT ONLY

WEST
Missouri River

TO
Missouri

EAST
Mississippi River
In less than a year the UMKC School of Medicine will celebrate its 40th birthday. Throughout the four decades our School has been in existence, our mission has been deeply rooted in the community. The way we practice medicine may evolve as time and technology advance, but our calling has not and will not change: that is to provide competent, compassionate physicians while “Advancing the Health of Our Community.”

As part of a growing academic health sciences campus in Kansas City’s urban core, we have also grown in our mission areas of education, research, service and economic development.

Just this past May, the School of Medicine took another step in overcoming the challenge of a growing physician shortage when we graduated the first class of anesthesiology assistants from our Master’s of Science in Anesthesiology program, which started in January of 2008. The first of its kind west of the Mississippi, it is one of only six MSA programs in the country and the only one housed within a medical school. And like graduates from our B.A./M.D. program, our anesthesiology assistants easily found positions. All graduates from this inaugural class are now practicing in Missouri, which is our way of working to meet the state-wide need for more anesthetists and anesthesiologists.

The shortage of physicians, particularly primary care physicians, has been especially felt in rural areas of Missouri. With more than one-third of the state’s population residing outside an urban core, physicians serving these areas must be as efficient as possible. The School of Medicine’s Hicklin Office for Health Services and Public Health Outcomes Research is currently studying chronic disease management methods in rural practices to find the most effective methods of delivering health care in rural areas with the aid of inter-disciplinary faculty and School of Medicine alumni. The study will also explore the barriers rural health care providers face in providing state-of-the-art care. This information will help the School of Medicine as we continue to develop curricula in managing rural medicine practices.

The majority of our students are Missouri residents and many return to the state’s rural areas to practice after graduation. A rural family medicine preceptorship, in which each Year 5 student spends time shadowing a rural family practitioner, prepares our students to fill this special need. On an even larger scale, this issue of Panorama spotlights a group of alumni who are part of a hospital that provides care for nearly 150,000 residents of a nearly 130-mile rural area in northeast Missouri.

The needs of rural Missouri are growing. At the UMKC School of Medicine, we’re growing to meet the needs of this important segment of the state of Missouri.

Betty M. Drees, M.D., F.A.C.P. Dean and Professor of Medicine
University recognizes Med School’s Bamberger, Quinn with faculty, staff awards

David Bamberger, M.D., professor of medicine and Red 4 docent and winner of the 2010 Elmer F. Pierson Good Teaching Award, poses with 2010 graduates Natalie Webster, M.D., Matt Watson, M.D., and Aileen Chin, M.D. Below, Bamberger discusses a case with students (left to right) Khyile McGee, MS 4, Charmi Vijapura, MS 4, and Ben Favier, MS 4.

Tim Quinn, senior research assistant, received the Student Affairs Student Mentor Staff Award. He and Jessica Gillespie, M.D., '08, worked together on a research project while Gillespie was still a medical student.

David Bamberger, M.D., F.A.C.P., professor of pediatrics and director of the E. Grey Dimond Program in International Medicine, will serve as the organization’s president-elect for 2010-2011 and will be formally installed as president in April of 2011, during the MSMA’s Annual Convention in Kansas City. Pettett serves as director of the Office of Research Integrity at Children’s Mercy Hospital, and is an attending physician in the newborn intensive care unit at Truman Medical Center Hospital Hill. He has also served as the School of Medicine’s associate dean for academic affairs.

Munro appointed medical director at Center for Behavioral Medicine

Munro takes over the role as medical director from Larry Carver, M.D., clinical professor of psychiatry, who remains at the Center for Behavior Medicine as a staff psychiatrist. He served as interim department chair from 2000 to 2003 when he was appointed chairman of psychiatry.

Munro joined the Western Missouri Mental Health Center and the School of Medicine faculty in 1985. He served as interim dean of the medical school in 1996, and has also served as associate dean for academic affairs and as assistant dean for Years 1 & 2 medicine. Munro received his medical degree from Emory University in Atlanta and completed his residency training in psychiatry at the University of Virginia-Charlottesville.

Stuart Munro, M.D., professor and chairman of psychiatry, was appointed medical director for the Center for Behavioral Medicine, formerly the Western Missouri Mental Health Center, in February. He also serves as associate dean for Center for Behavioral Medicine programs and has served as assistant medical director since 1997.

Quinn, who works in the School of Medicine’s Gold research lab, received the University’s student affairs award that recognizes staff members who have made significant contributions to higher education through exceptional student mentoring. Provost Gail Hackett, Chancellor Leo Morton, and UM System President Gary Forsee were among the University representatives who presented 20 awards recognizing achievement in teaching, research, student success, diversity and community service. University officials plan to make Celebrating Excellence an annual February event.
Ingram’s Magazine recently honored Charles Van Way, M.D., professor of surgery and Sosland Endowed Chair in Shock Trauma Research, and Nicholas Comninellis, M.D., assistant professor of community and family medicine, with its 2010 Heroes in Healthcare Awards. The award recognizes health care professionals and volunteers who the magazine says are “models of performance and productivity and represent the best of what our health care system has to offer.” Ingram’s recognized Dr. Van Way with the award for lifetime service as a surgeon and medical researcher at the School of Medicine. Comninellis received the magazine’s award for administration as the result of his service to the poor and underserved through his Institute for International Medicine. The two were among 21 health care professionals recognized in an article in the magazine’s February edition as well as at the annual Heroes in Healthcare Breakfast on March 26, which featured physician/author Patch Adams as the keynote speaker.

Homelessness doesn’t have to be a barrier to health care. At least for those in Kansas City’s inner city, where students from the UMKC School of Medicine volunteered more than 1,000 hours of acute and chronic medical care to more than 250 homeless patients at the Sojourner Clinic in the past year. That’s the equivalent of nearly six months of full-time man-hours. Workers at the free clinic, managed by students under the guidance of School of Medicine faculty, celebrated the clinic’s accomplishments on March 4 with a recognition and awards banquet at Diastole. The student-operated clinic opened in October of 2004. Students man the clinic each Sunday afternoon at the Grand Avenue United Methodist Temple in downtown Kansas City, Mo., as a service-learning project, while also providing a needed service for the underserved population of the inner city.

Through partnerships with area organizations as well as grants and donations, the clinic has continued to grow. In the past year, Sojourner Clinic purchased a sensitive exam table and expanded its formulary, as well as providing a needed service for the underserved population of the inner city. The clinic also established a partnership with UMKC pharmacy students to help in the dispensation of medications, and is collaborating with the KC Free Eye Clinic to bring advanced eye care and glasses to its patients. This year’s awards and recipients included:

- **Most hours volunteered:** Craig Raphael, MS 2; Nikoo Cheraghi, MS 3; Omer Mirza, MS 5; Nikita Shah, MS 6.
- **Brook Nelson Award for clinic leadership:** Krystal Sully, MS 4; Sheela Vivekanandan, MS 3; Himanshu Banda, MS 4.
- **Ellen Beck Award for Faculty:** Amy McGaha, M.D.; Dan Purdom, M.D.
- **Dan Purdom Award for Commitment to the Clinic:** Charlie Spencer, MS 5; Amy Patel, MS 5.
- **Manager Awards:** Ali Hasan, MS 4; Anant Kharod, MS 4; Josh Vaughn, MS 5.
- **Year 6 Awards:** Vineet Jassal, MS 6; Janet Baack, MS 6; Tara Chilakamarri, MS 6.
The School of Medicine and Truman Medical Centers appointed Kamani Lankachandra, M.D., as the interim chair for the Department of Pathology, effective July 22. She takes over for Russell Fiorella, M.D., M.B.A., who recently became chief medical officer for the eastern division of the HCA health system after serving as chairman of pathology at the School of Medicine since 1999 and as a member of the department for nearly 19 years.

Lankachandra, associate professor of pathology, joined the School of Medicine in 1999. She also has a joint appointment as associate professor of basic medical science. She currently serves as the medical director for anatomic pathology and point-of-care testing at TMC and is a key faculty member working with medical students and the pathology residency program.

Lankachandra earned her medical degree from the University of Peradeniya in Sri Lanka and completed her pathology residency at the University of Maryland and UMKC.

In Memoriam
Robijn Hornstra, M.D.

Robijn Hornstra, M.D., who served as the first chairman of the UMKC School of Medicine Department of Psychiatry, died on May 21 following a brief illness. Hornstra, professor emeritus, served as chairman of psychiatry from 1971, when the School of Medicine opened, until his retirement in 2000. He was at that time the longest serving psychiatry department chairman in the nation. Hornstra was a founder and leader in community psychiatry and was recognized nationally and throughout the region. He served as the clinical director of the Psychiatric Receiving Center, which later became Western Missouri Mental Health Center and is known today as the Center for Behavioral Medicine. He was a highly respected teacher and devoted psychiatrist who continued to mentor and teach even after retiring.

Donations in Hornstra’s memory may be sent to the Friends of Psychiatry Foundation, 1000 E. 24th Street, KCMD, 64108; National Alliance for the Mentally Ill-Kansas City, 406 W. 34th Street, KCMO, 64111; or the Habitat for Humanity, Greater Kansas City (NAMI-KC), 406 W. 34th Street, KCMO, 64108; National Alliance for the Mentally Ill-Missouri-West, 1423 E. Linwood Blvd., KCMO, 64110.

The School of Medicine chapter of the Gold Humanism Honor Society had its annual induction ceremony on March 13 at Diastole. Those recognized at the ceremony were: (Back row) Toni Eckert, Neha Dhingra, Valerie-Sue Emuakhagbon, Bradley Jackson, Stephen Reintjes, Jim Gentry, Viswanatha Lanka, Adam Parker, Linda Lee, M.D. (Middle row) Luke Morris, M.D., Charles Spencer, Chanukya Dasari, Justin Langan, Alan Salikind, M.D., Jared Keeeler, M.D., ’94, Cassandra Ashley, M.D., ’07. (Front row) Amy Patel, Carol Stanford, M.D., ’79, (faculty sponsor). Not pictured: Amr Edrees, M.D., Michael Israel, Ashley Mann, Angela Oza.

The School of Medicine chapter of the Gold Humanism Honor Society grew by 19 members during an induction ceremony on March 13 at Diastole. This year’s class was the seventh inducted into the organization that recognizes medical students, residents, and faculty physicians for their excellence in proving clinical care and leadership with compassion and a dedication to service.

The GHHS is an initiative of the Arnold P. Gold Foundation, which provides support for programs and projects that encourages compassionate and relationship-centered health care. The Gold Foundation also sponsored the Leonard Tow Humanism in Medicine Awards, which are given annually to one graduating student and one faculty member for their demonstration of the ideas of compassion in patient care, respect for patients and their families, and as well as clinical excellence.

Angela Oza, MS 6, a member of the 2009 GHHS induction class, received this year’s Leonard Tow Outstanding Student in Humanism Award. Jared Keeeler, M.D., ’94, assistant professor of medicine and Blue 6 docent, received the faculty Leonard Tow award.

This year’s UMKC School of Medicine inductees into the GHHS included Chanukya Dasari, Neha Dhingra, Toni Eckert, Valerie-Sue Emuakhagbon, James Gentry, Michael Israel, Bradley Jackson, Justin Langan, Viswanatha Lanka, Ashley Mann, Adam Parker, Amy Patel, Stephen Reintjes, and Charles Spencer. Cassandra Ashley, M.D., ’07, Linda Lee, M.D., and Luke Morris, M.D., were the resident inductees. Amr Edrees, M.D., assistant professor of medicine and Red 2 docent, and Alan Salikind, M.D., professor of medicine and Green 4 docent, were the faculty physician inductees.

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School of Medicine, CMH appoint new endowed chair

The School of Medicine has appointed Shui Qing Ye, M.D., Ph.D., a member of the section of medical genetics at Children’s Mercy Hospital, as the William Brown/Missouri Endowed Chair in Medical Genetics and Personalized Health. Ye received his medical degree from the Wuhan University School of Medicine with a postgraduate emphasis in biochemistry. He also completed a Ph.D. at the University of Chicago, focusing on the molecular mechanisms of diseases.

Prior to joining the School of Medicine, Ye was a professor in the departments of Pediatrics and Informatic Medicine and Personalized Health. Ye has an extensive research background and is currently leading National Institutes of Health-funded research projects that focus on lung biology and the regulation of cellular injury. In his new role, Ye will also be involved in establishing a core genomics laboratory with the Department of Informatic Medicine and Personalized Health.
KAMAL TAKES FIRST PLACE IN ANNUAL STUDENT RESEARCH DAY

Afrin Kamal, MS 5, received the first-place award for her presentation in the 2010 UMKC School of Medicine Student Research Day, which included 29 participants. Her presentation, “Flax Seed Oil Protection from Bleomycin-Induced Lung Vascular Damage: A Rat Model,” earned the $300 top prize.

James Gentry, MS 5, won the second prize for his work on “Prior Alcohol Consumption and One-Year Physical Health Status and Angina after Myocardial Infarction.” Third place went to Heather Florence, MS 5, who presented “Comparison of Carotid Artery Intima Media Thickness over time in Obese Children with Multiple Atherosclerosis Promoting Risk Factor.”

Kamal was also chosen as the first-place winner by the alumni judges. Stephen Reintjes, MS 5, was the second-place winner for his presentation, “Evaluating the Relationship Between Behavioral Performance and T2 Weighted MRI of Lesion Volume after Experimental Traumatic Brain Injury.” The third-place alumni award went to Anupama Nookala, MS 6, for “The Incretins: GLP-1 and GIP.”

The alumni judges for Student Research Day included: Jennifer Svetlecic, M.D., ’99, clinical assistant professor of medicine; Stefanie Elston, M.D., associate professor of medicine; Gary Salzman, M.D., ’80, professor of medicine; Carole McArthur, M.D., Ph.D., ’91, professor of pathology; and Mark Steele, M.D., ’80, professor of emergency medicine and associate dean for Truman Medical Center programs.

For information on the 2011 Student Research Day, please contact Agostino Molteni, M.D., Ph.D., at (816) 235-5604 or moltenia@umkc.edu. Abstracts are due on Tuesday, March 15, 2011, at Noon. Research Day Presentations will be on Friday, April 1, 2011.
Two major events marked the culmination of a journey from first-year medical student to physician as members of the UMKC School of Medicine Class of 2010 first celebrated Match Day on March 18, then received their medical degrees on May 28 during the annual commencement ceremony.

More than one-third of those who received their degrees and participated in the match process are beginning their medical careers in one of the primary care fields.

Aalok Patel was one of 26 students who matched in either internal medicine or family medicine.

“UMKC got me where I wanted to be,” Patel said on Match Day. “It’s kind of hard to hold back the tears right now.”

Similar emotions flowed two months later at the Kansas City Music Hall where the students received their medical degrees at commencement.

UMKC Chancellor Leo Morton congratulated the graduates on achieving their goal of becoming physicians, while saying that a common thread among all School of Medicine graduates is the national high regard in which UMKC physicians are held.

“UMKC has a unique role as an urban university and at the School of Medicine we continue to improve the health of our community by preparing physicians for the workforce,” the chancellor said. “You are a direct result of this mission.”

The graduates, with family and friends filling the auditorium, also heard from Alan Braverman, ’85, winner of the prestigious 2010 E. Grey Dimond, M.D., Take Wing Award. Braverman encouraged the class to continue the quest of all physicians to provide the best possible care for their patients.

“‘You have the knowledge that will positively influence people,’” Braverman said.

Zachary Smith, this year’s class speaker, discussed the journey that the class had taken together through medical school and reminded his classmates that while there were times when they had been knocked down, they did not fail to get back up and forge on.

“Class of 2010, do not forget what we have done here,” Smith said. “Do make UMKC proud. Do make your family proud. Do make yourselves proud.”
### 2010 MATCH LIST

**CONGRATULATIONS**

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<th>Name</th>
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<td>Stephanie Szelag</td>
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<td>Jillian A. Teplo</td>
<td>Oregon Health &amp; Science University</td>
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**Anapama Uppalyyava Nokula** | University of Southern California | Obstetrics-Gynecology |

**Angela Ota** | St. Louis University School of Medicine | Pediatrics |

**Ashok Parikh** | Rush University Medical Center | Pediatrics |

**Bhavi D. Mehta** | UCI Health | Pediatrics |

**Mona Girish Mehra** | Sun Health, AZ | Pediatrics |

**Pareen Anus Mehla** | Harbor-UCLA Medical Center | Pediatrics |

**Asleem Dilpekumar Patel** | Emory University School of Medicine, GA | Pediatrics |

**Devang Intirda Patel** | University of Texas Southwestern Medical School | Pediatrics |

**Nirali Patel** | University of Colorado Denver | Pediatrics |

**Satyam Rastogi** | University of Pittsburgh | Pediatrics |

**Nina M. Shah** | University of Kentucky | Pediatrics |

**Bradley S. Smith** | University of North Carolina School of Medicine | Pediatrics |

**Karen St. John** | University of Vermont | Pediatrics |

**Vivek Srinivas** | University of Michigan | Pediatrics |

**Nikita Shah** | University of Washington | Pediatrics |

**Ricki Shah** | UMC School of Medicine, Medicine-Pediatrics | Pediatrics |

**Zachary Lee Smith** | University of Chicago | Pediatrics |

**Kristen Deppermann Strasser** | UMC School of Medicine, Medicine | Pediatrics |

**Jennifer Claire Thompson** | University of Minnesota | Pediatrics |

**Theresa Paul Tran** | Washing State University, Washington, D.C. | Pediatrics |

**Megan Varma** | UMC School of Medicine, Medicine | Pediatrics |

**Jill S. Wallace** | UMC School of Medicine, Medicine | Pediatrics |

**Matthew Livingston Watson** | University of Michigan | Pediatrics |

**Natalie Marie Webster** | University of Minnesota | Pediatrics |

**Angela Williams** | St. Louis University School of Medicine | Pediatrics |

**Mark W. Watt** | University of Wisconsin | Pediatrics |

**Yang Zhao** | Rush University Medical Center | Pediatrics |

**Spring & Summer 2010** | Panorama | Spring & Summer 2010
An anesthesiologist working at the busy St. John’s Mercy Medical Center in St. Louis, Sam Page, M.D., ’92, had a front-row seat as to the growing need for more health care providers in his field. In fact, Page said, the tremendous shortage of anesthetists and anesthesiologists was making it increasingly difficult to handle all of the cases coming through not only his own hospital but at health care facilities throughout the state.

“It was the number one topic of discussion of anesthesiologists statewide,” Page said.

That’s why Page, as a member of the Missouri House of Representatives, co-sponsored a bill in 2003 that would allow anesthesiology assistants (AA) to work in Missouri Governor Bob Holden signed off on the legislation, the UMKC School of Medicine in Kansas City’s Nelson Atkins Museum of Art.

“I think this has helped a great deal,” Page said of the UMKC program.

“There’s still a ways to go. There are still pockets in Missouri where we need more anesthetists and anesthesiologists, but it’s helped.”

There are currently 18 AAs practicing throughout Missouri, and Page said he expected as many as 10 more would be hired sometime before the end of the year. Those who just graduated from UMKC easily found positions in Missouri, said Melanie Guthrie, A.A.-C., M.S.A., assistant professor of anesthesiology and director of the School of Medicine’s MSA program.

“This is a master’s level health care profession that will always have a job,” Page said.

The UMKC graduates, Pamela Bina, Arthur Misquez, Jonathan Chambers, and Caleb Hopkins, started the program in January of 2008.

“They’re a very unique group of students,” Guthrie said. “We were introducing something new and they actually started this program with very few AAs practicing in the state. So, they had to become knowledgeable beyond their years in a professional sense because they were opening a lot of doors for our profession, even at a student level.”

Though still relatively young, the UMKC School of Medicine’s MSA program is already building a reputation as one of the top programs in the country. Page has been involved in teaching the School’s anesthesiology assistant students during their rotations through St. John’s Mercy Medical Center. He said the UMKC students are ahead of their peers in their clinical and fundamental knowledge. That was the case this past April when the program’s students took first place in a Jeopardy competition between all MSA programs at the American Academy of Anesthesiologist Assistants national convention in Savannah, Ga.

The School’s MSA program is showing other signs of substantial growth as well. The program began with five affiliate agreements with hospitals and health care centers through which the students perform their clinical rotations. That number has since grown to 19 facilities throughout the Midwest, including eight in Missouri.

Guthrie said in many instances this first class of four may have been the first exposure those facilities and their anesthesiologists have ever had to working with an anesthesiology assistant.

“Our students did a really good job,” she said. “They have been good student ambassadors for us everywhere. I would be proud to have any of them as my co-worker and that’s important to me.”

The School of Medicine’s AA program is one of only six in the country. It was the first program at a public university in the country and is still the only AA program that is actually housed within a medical school. Page gave the program and its current graduates high marks. All four graduates spent time working with him at St. John’s Mercy. Two of them, in fact, will be joining his department.

“I think this is exactly what we had hoped for,” Page said. “We wanted to educate health care professionals who would work in Missouri.”

The School graduated an inaugural class of four anesthesiology assistants from its Master of Science in Anesthesiology (MSA) program, the first such program located west of the Mississippi, during a ceremony on May 14. Page served as the keynote speaker for the graduation exercise at Kansas City’s Nelson Atkins Museum of Art.

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“I think this is exactly what we had hoped for,” Page said. “We wanted to educate health care professionals who would work in Missouri.”
Sandy Kelly had to drop her health insurance in order to afford her home. For Kelly, the UMKC Health Sciences Wellness Fair could not have come at a better time. The University of Missouri-Kansas City health science schools, in partnership with the Kansas City Wellness Network and Cover the Uninsured, joined for the second annual UMKC Health Sciences Wellness Fair on April 24 in the Health Sciences Building. Students, faculty and staff from the schools of Medicine, Dentistry, Nursing and Pharmacy provide free health services to the surrounding community.

Rain didn’t stop patients from lining up before 8:30 a.m. Kelly and her family took advantage of the screening and exams and education lined up before 8:30 a.m. Kelly and her family took advantage of the free health services for the Wellness Fair planning team, said he was pleased with the outcome of the day. “From my perspective it was successful on several fronts,” Harris said. “The number of patients — as far as volunteers, opportunities. Her daughter needed immunizations and her son needed a sports physical; she also visited multiple service booths for herself. Kelly said she was really thankful for the Wellness Fair. “It’s really helpful, you can make sure you’re up to date on your care and that you’re okay. It has been a good experience.” Volunteers manned computer stations with software able to look up whether or not each patient’s immunizations were up-to-date.

George Harris, M.D., professor of medicine and assistant dean for Year 1 and 2 Medicine and chair of the board for the Wellness Fair planning team, said he was pleased with the outcome of the day. “From my perspective it was successful on several fronts,” Harris said. “The number of participants — as far as volunteers, worried and distressed and asked me how to get to a couple different booths,” Shah said. “On our way, she told me how she was concerned about her cholesterol and she wanted to ensure that her child was doing well. Once we got to her booth, she smiled and said, ‘Thank you.’ Then the child looked back at me and said, ‘Thank you.’ It felt amazing that I could be a part of helping people ameliorate their lives for a better future.”

Teresa Gerard, director of strategic planning and community support for Blue Cross and Blue Shield of KC, volunteered in the planning and in the activities of the 2009 and 2010 Wellness Fairs. “One of the great things about this event is it gets patients to a medical home,” Gerard said. “It’s good for the students to see the face of the community and see the grassroots and core issues,” she said. “I love working with UMKC.”

Nearly 430 volunteers attended the Wellness Fair, and 90 of them were School of Medicine students. Ninety-two percent of the patients reported that they thought the services offered during the Fair were very helpful.

“I definitely will participate in next year’s Wellness Fair,” said Shah, who also participated in the 2009 Wellness Fair. “The Wellness Fair is an excellent opportunity to help people out by giving them free services and screenings and educating them about their health. I am proud to be a part of a program that aims to help the public.”

Students, faculty and staff from the schools of Medicine, Dentistry, Nursing and Pharmacy provide free health services to the surrounding community with other area volunteers. Out of the nearly 450 volunteers, 90 were School of Medicine students.
The health care debate is and always has been a heated topic in the United States. The most recent debate comes amidst a time of increasing unemployment and numbers of persons who are uninsured. As of 2008, more than 734,000 Missourians or 12.6 percent of the state population and more than 46 million or 15.4 percent of the U.S. population were without health insurance, according to The Henry J. Kaiser Family Foundation.

James Mongan, M.D., former dean of the School of Medicine and director of Truman Medical Center from 1987 to 1995, gives a lecture as the featured speaker for the new Health Policy Series on Feb. 22.
The UMKC School of Medicine is taking part in educating the public on these issues and more. Bill Lafferty, M.D., Merl & Muriel Hicklin/ Missouri Endowed Chair in Medicine, and the Hicklin Office for Health Services and Public Health Outcomes Research have implemented the Health Policy Series: a seminar series focused on making the community aware of current trends in health care policy.

“Understanding how health care is applied in practices is critical to translating research and new knowledge into improved health in the community,” said Dean Betty M. Drees, M.D. “This seminar series is part of the School’s commitment to advancing the health of our community. We are pleased to sponsor this forum for discussion on topics of such importance and interest.”

Speakers invited for the series have unique viewpoints on and experiences with health policy. “The true definition of policy is a choice,” Lafferty said. “This is a seminar about choices that affect health care and a thoughtful discussion of those choices.”

Lafferty has been working for more than a year on the planning to start this series, which allows physicians to earn CME credits and expand their understanding of health policy in its biggest versions: cost, access, quality, organizational structures, social determinants of health, and learning from the public health model.

“It’s a new way of looking at medical research and how it works in public settings,” Lafferty said. Jim Krieger, M.D., M.P.H., an epidemiology expert from Seattle, started the series on Jan. 19 by speaking about the social determinants of health, health disparities and best outcomes research. He highlighted some options for physicians and society to help improve the health of people in the United States. This included the practice of cultural competency and humility, linking patients to community resources, and advocating for policy and systems changes for things such as healthy environments, tobacco control and accessibility to health care. Krieger, the 2003 recipient of an Innovation in Prevention Award from the U.S. Department of Health and Human Services, mentioned examples of beneficial policy initiatives such as menu labeling, universal health insurance, school health promotion, and land use for “walkability.” He also discussed the nutrition, physical activity and lifestyles that are necessary for good health.

The School of Medicine warmly welcomed James Mongan, M.D., former dean of the School of Medicine and director of Truman Medical Center from 1987 to 1995, on Feb. 22 as the second speaker of the series. Founding Dean Richardson K. Noback, M.D., (1971–1978), former Dean Marjorie Sirridge, M.D., (1978–1987), and current Dean Betty M. Drees, M.D., (1978–1987), and current Dean Betty M. Drees, M.D., all participated in the planning of Mongan’s visit, along with E. Grey Dimond, M.D., founder of the SOM.

Mongan, who was president of Massachusetts General Hospital from 1996 to 2003, retired from Partners HealthCare as president and chief executive officer at the end of 2009. Mongan, Modern Healthcare’s 2008 CEO IT Achievement Award winner, recently co-authored a book titled Chaos and Organization in Health Care with Thomas Lee, M.D.

Mongan spoke about health reform through the question, “Health Care Reform: Why is it so hard?” He is an expert on the topic and worked on the same proposal while at the White House in 1979 when President Carter made essentially the same proposal.

Mongan described two engines that have driven the health care debate forward: coverage and cost. He said that there is public and political ambivalence about covering the uninsured, “there is a strong sentiment to cover people, but not to pay taxes to aid these people.” Mongan said that barriers to solutions over the past 40 years have been financing issues, a strong anti-tax current, concerns among both the insured and uninsured on how covering everyone would affect coverage, and ideological divisions and polarization.

“This is very hard: the cost issue even more than the coverage issue,” Mongan said as he concluded his talk. “If you want to know why this is so hard, it’s hard because it involves two things no one wants to talk about: it involves taxes, and it involves some kind of budgeting or rationing.”

More than 110 people attended Mongan’s lecture at the White House of Medicine. “The Health Policy Series has a broad-based relevance that’s understandable to groups of people: physicians and otherwise,” Lafferty said.

In September, the Series will feature Bill A. Peck, M.D., director of the Center for Health Policy, Alan A. and Edith L. Wolf Distinguished Professor of Medicine, and Senior Professor of Engineering at Washington University in St. Louis. He served as the dean of Washington University School of Medicine, vice chancellor for medical affairs, and president of the Washington University Medical Center from 1989 to 2005. Richard Deyo, M.D., M.P.H., is scheduled to speak in October. He will discuss comparative effectiveness research. Deyo’s research has focused on the measurement of patient functional status, involvement of patients in clinical decisions, and the role of social, economic, and policy factors in health outcomes.

More than 110 people attended Mongan’s part of the Health Policy Series on Feb. 22 during which he shared his experiences in Washington, D.C., and health policy throughout the years. The Series attracts a broad audience, medical and otherwise.

To suggest a speaker for the Health Policy Series, please contact the Hicklin Office for Health Services and Public Health Outcomes Research at (816) 235-1104.

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Almost 13 percent of the physicians at St. John’s Mercy in Washington, Mo., are School of Medicine alumni. The hospital serves about 150,000 residents from its surrounding rural counties.

T
he local newspaper in Washington, Mo., includes an introduction of new residents as they arrive. Kathy Lentz, M.D., ’80, started to recognize a lot of familiar faces and UMKC School of Medicine alumni. During a fall 2009 hospital staff meeting at St. John’s Mercy Hospital (SJMH) in Washington, Mo., Lentz, who has been an ophthalmologist at the hospital for 25 years, asked her colleagues in the room to stand up if they graduated from the UMKC SOM. “Half the room stood up!” Lentz said. “They all looked at each other and the non-UMKC people were kind of surprised. People from a traditional school consider our school so new, but here they are having their partners and a large part of their medical community from that School.”
Washington is a town of less than 23,000 people, 50 miles southwest of St. Louis. St. John’s Mercy Hospital in Washington is a 187-bed hospital serving about 150,000 residents from the surrounding rural counties. It is the only Level III Trauma Center between St. Louis and Jefferson City, an almost 130-mile distance. Nearly 13 percent of this hospital’s approximately 230 physicians are UMKC School of Medicine alumni. The hospital is a five-time Solucient Top 100 Hospital for setting the highest hospital-wide performance in the nation. Commonly referred to as Little John’s, SJMH is a community-based hospital that collaborates with St. John’s Mercy Medical Center (SJMMC) in St. Louis, a.k.a. Big John’s. Nearly 70 UMKC SOM alumni are associated with that location.

Alumni practicing at SJMH in Washington span graduation years from 1979 to 2006. Jennifer Stearnes, M.D., ’03, has a family practice at SJMH that she shared with her husband, Gary Rosas, M.D., ’04, until April when he switched to practicing hospice care and geriatrics full-time at the hospital.

Stearnes said part of the draw to St. John’s was the similarity between the missions of the UMKC School of Medicine and the hospital. St. John’s Mercy’s mission is focused on innovative health and social services to improve the health of the community with particular concern for those who are underserved. Stearnes said UMKC SOM alumni are well-prepared to follow this mission after their training.

“We’re also used to treating an underserved population with UMKC,” Stearnes said. “It’s not that all of our patients here are underserved, but we’re used to meeting different needs of a patient, whether it’s emotional, physical, or physiological. So when we come to Mercy, we know how to do well.”

Stearnes and Rosas completed their family medicine residencies at UMKC at Truman Medical Center Lakewood. Rosas moved on to a yearlong fellowship in geriatrics so the married couple moved to Hawaii. After that, they knew they wanted to go back to Missouri; Rosas grew up in Kansas City and Stearnes, Mountain Grove, Mo. Their friend, Michael Richardson, M.D., ’05, introduced them to SJMH in Washington.

A common thread among the alumni is the benefits they experienced and continue to experience of the early exposure to patients during their time at the SOM. “St. John’s Mercy’s values are all about making the patients feel comfortable and more at home,” Stearnes said. “I think the humanitarian education that we get from UMKC fits right along with St. John’s and how we treat patients.”
SOM launches study of chronic disease management in rural practices, ways to improve health care

Ninety-seven percent of Missouri’s land is classified as rural, although only 38 percent of Missouri’s population lives in rural communities, according to the Missouri Department of Health and Senior Services Missouri Office of Rural Health Biennial Report 2008-2009. Rural residents suffer disproportionately from chronic diseases as compared to those in urban areas, and these patients provide opportunities for improved medical management. With the ongoing primary care physician shortage, especially in rural areas, it is imperative for current practitioners to be as efficient as possible.

Christy Bleckman, M.D., ’04, returned to her hometown to practice obstetrics and gynecology at SJMH in Washington, Mo. After completing her residency at Barnes-Jewish Hospital, she said her time at the School of Medicine inspired her to practice primary care by the early exposure to patients throughout her training. “It’s good to focus on encouraging students to be internists and primary care doctors and get into the bread and butter of medicine,” Bleckman said. “I am comfortable talking to patients because I have been doing it for so long.” She said she always had a desire to go back to Washington and practice. Bleckman stayed in Washington for her Year 5 Family Medicine Preceptorship, a required one-month rotation at UMKC SOM with a family medicine physician in rural Missouri. “It helped me because I was able to have some family time and see the different aspects of medicine in Washington, Mo.,” she said. “I love working in Washington. I have a great patient clientele and meet new patients almost every day.”

Christopher Adams, M.D., ’04, practices family and sports medicine in Union, Mo., in collaboration with SJMH. After completing his UMKC Family Practice Residency, he stayed another year for a sports medicine fellowship. He then looked for a job where he could practice both. Adams, a native of Kansas City, said his UMKC connection led him to the area. Not only were fellow classmates, such as Rosas, Stearnes and Richardson there but also Keith Morris, M.D., ’83, his childhood physician and a fellow UMKC SOM and Family Residency program graduate, who informed Adams of an open position. In July 2001, Adams completed his preceptorship with Morris in Washington. “Now Dr. Morris and I are partners! I wasn’t sure I’d be back at the time,” Adams said. “After residency and fellowship and getting married, I was ready to settle down.”

Adams said having a group of alumni in the area has been a positive experience. “I think the fact that we graduated from UMKC has been kind of neat because it’s instilled a network out here that’s made it really easy to plug into,” Adams said. “I can connect with people that way. It’s built some trust in the community. I have been able to build relationships with people solely because of where I went to school.”

Alumni across rural Missouri provide the same type of network for each other. Lentz, whose hometown is Neosho, Mo., has noticed a trend throughout the years. “Quite a few alumni have come back home and/or were raised in a small town,” she said. “They are a product of their education. We recognize that we aren’t losing anything by living in a small town, we’re actually gaining more: the support and the fact that you can take care of the people you sit next to at PTA and see at the grocery store and little league field.”

Written by Hannah Crippen | Photography and Digital Enhancements by Robert Steckmest and Joe Moran
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The Hicklin Office for Health Services and Public Health Outcomes Research, under William Lafferty, M.D., Merl & Muriel Hicklin/Missouri Endowed Chair in Medicine, has begun a study of chronic disease management in rural practices and ways to improve the organized delivery of health care. This study addresses the issues facing physicians in smaller practices and possible interventions for improvement of efficiency of patient treatment.

One of the remaining research questions of the Chronic Care Model (CCM) is how to adapt it to small, decentralized practice settings. Before joining the School of Medicine in 2009, Lafferty asked experts from various disciplines in Washington state what research questions they have not yet been able to answer. These unanswered questions sparked the beginning of this study.

“We need to ask what are key questions left for better care,” Lafferty said. “What do we do in small rural practices providing constant care for patients with chronic disease?”

The study’s advisory committee is comprised of interdisciplinary TMC and UMKC faculty that includes Lafferty; Jill Moormeier, M.D., M.P.H., associate dean for Graduate Medical Education, co-investigator; Aaron Bonham, M.S., statistician; and Maithe Enriquez, Ph.D., R.N., qualitative researcher. They will report on ways UMKC can support its graduates in improving the quality of primary care delivery in small practice settings.

The facilitator for the study, Enriquez, will conduct interviews with physicians and other clinical and business staff members from five to 10 small, rural primary care practices in Western Missouri. The advisory committee will then conduct a focus group to assess the project’s research questions after each interview. This process will provide information regarding the elements of the CCM that the practices utilize successfully and those that need to be reassessed. The School of Medicine will then offer education to address ways to integrate other parts of the CCM to improve care delivery.

School of Medicine Dean Betty M. Drees, M.D., will write to SOM alumni practicing in rural areas to encourage them to share their challenges in providing care for chronically ill patients.

“The need here was to find more information on rural practices,” Lafferty said. “The idea of this study seemed to fit with this institution, especially UMKC’s important role in supplying primary care providers.”

The committee hypothesized that a better health services delivery model for chronic care would include integrated chronic care management teams with expertise across multiple medical conditions. The first year of this study will involve School of Medicine researchers learning from rural physicians about their experiences with and management of chronic diseases.

In 2009, the Health Care Foundation of Greater Kansas City funded TMC and UMKC SOM to implement the Guided Chronic Care model, a new model of care delivery developed by Lafferty and Shauna Roberts, M.D., ’84, that emphasizes the elements of the CCM that are most needed by lower-income, ethnically diverse populations such as those served at Truman. “We will use the lessons learned from implementing Guided Chronic Care to help guide the interviews for the rural practices,” Lafferty said.

Moormeier, the co-investigator of the study, worked with Lafferty and Jane Crigler, the Hicklin’s Office retired health planner, on the final proposal that was submitted to Blue Cross Blue Shield. “The information that we are hoping to provide describes new ways to organize a primary care practice to improve clinical care and outcomes of patients with chronic diseases,” Moormeier said. “For UMKC, the study will allow us to see what barriers rural providers face when trying to deliver state of the art care. This should hopefully inform our efforts as we develop curricula in practice management for our residents and students.”

At least half of the School of Medicine’s students come from Missouri, and many of them return to practice in rural communities. Through this project, UMKC has an opportunity to support its alumni and show its dedication to improving the quality of health care for the citizens of Missouri.
When Gordon Jones, Jr., M.D., ’81, was in high school, a doctor in his hometown let him and his fellow students observe him perform surgery in hopes of inspiring them to pursue medicine. Out of Jones’s class of 140 in Bonne Terre, Mo., five are physicians, four are pharmacists and many are nurses.

“The mentoring started there,” said Jones, who has been a mentor, preceptor, for medical students since 1984.

The UMKC School of Medicine has a one-month required clerkship, Rural Family Medicine Preceptorship for Year 5 students, during which time they shadow a rural Missouri, board-certified family practitioner—a preceptor—to gain work experience and understand the responsibilities of a family physician. The preceptorship provides continuing emphasis on the need for and importance of family medicine and exposes students to the business of medicine; the majority of the preceptorships are in a private practice. After graduating from UMKC in 1981 and completing his residency in the Air Force in Louisiana, Jones became a preceptor for Louisiana State. He has since been a preceptor for UMKC, the University of Missouri-Columbia, A.T. Still University’s K irksville College of Osteopathic Medicine, Washington University, and other area medical schools. “You never know, the little things that you do as a physician can impact a lot of people,” Jones said. “It just keeps building and building.”

Chelsea Grigery, MS 5, completed her preceptorship with Jones in April at his private family practice in Sikeston, Mo., her hometown. Grigery, who grew up with Jones’s children, said she was impressed during her preceptorship that Jones was an alumnus of the School of Medicine. 

The opportunity for a student to work with an alumnus preceptor is a unique experience. “We had a lot in common and could discuss things about UM KC and the program,” Grigery said. “I was also able to see a graduate of the program be successful.”

Jones said he is consistently impressed with students who come from UMKC for their preceptorship. “I’ve found that UMKC students are much better at doing their outpatient work because they have much more practice at it,” he said. “When I was a resident, I was so much more used to treating patients. I was a step ahead and so are these students.”

Grigery was no exception. “We had a good time and saw a lot of interesting patients,” Jones said. “She did really well with the patients, and she has a great personality.”

Grigery didn’t waste any time during her month in Sikeston. In her spare time, after working at Jones’s office during the day, she observed Kevin J. Blanton, M.D., a pediatrician in the area. Grigery’s advice for students preparing for their preceptorships is to be upfront in the beginning about what they want to see and do. “Many preceptors are willing to let you do surgical procedures or allow you to suture, etc.,” she said. “Be willing to do what they need you to do.”

Jones makes sure his students practice talking to patients, taking histories, and that they learn the routine of a private practice. “I could easily distinguish a large difference between urban medicine and rural medicine,” Grigery said. “And that difference allowed me to realize that I enjoy rural medicine more.”

Jones had the same realization years ago and appreciates the dynamic of a rural practice. “I have generations of a family I take care of,” Jones said. “They know me from seeing me at Walmart and everywhere. I have one patient who’s 100, and I’ve been taking care of him for 15 to 16 years. He would walk to the office. Sometimes he would ask for a dollar for a cab home and next time he will have a dollar to give me back. It’s a different way of having things. That’s the unique thing about being in a rural area.”

The Sikeston doctors shared their interest in Grigery joining them after her graduation. She said her experience solidified her desire to return there and practice. “I was very welcoming. I really enjoyed working there. They taught me something with every single patient we saw. That was very encouraging and showed me that we were passionate about their jobs.”

Grigery also noticed the unique dynamic of the patient base in a rural area as compared to urban. “They came for life advice, not just medical advice,” she said. “It was interesting to see that dynamic. It was much different. I didn’t come across a single patient who wasn’t excited to see Dr. Jones. They are so comforted by him and put so much trust in him.”

Marge Weimer, preceptorship coordinator, said this is a typical reaction from a student after his or her preceptorship. “The students are always amazed at the relationship the physicians have with their patients,” she said. “For example, the preceptors often do not need to refer to the patient’s chart; all the info is in their memory.”

George D. Harris, M.D., course director of the Year 5 Family Medicine Preceptorship, professor and assistant dean Year 1 and 2 Medicine, encourages alumni to host a student in their home during his or her preceptorship or be a preceptor like Jones. “Perhaps, the experience these students have during the month will foster not only a relationship with the community but increase the student’s interest in rural health care,” Harris said.

For the new academic year, the School of Medicine has a list of 74 preceptors, which includes 18 alumni. Not all preceptors are available every month or are used every year. Some only take students a couple of times a year; others only take students from their home community.

“Rural physicians, especially alumni, should be encouraged to participate in preceptorship as it allows students to have a medical experience like none other that we have experienced before,” Grigery said.
A university physician saved Akama Bheemavarapu’s vision, despite the fact she did not have the means to pay for it, when she arrived to the United States. Her situation would later affect her grandson, Chanukya Dasari, MS 5, sparking his interest in public health as he pursues a career in ophthalmology.

Dasari noticed a lack of eye care services at free medical clinics in the Kansas City area. This led to the beginning of the Kansas City Free Eye Clinic (KCFEC) in 2008. Dasari co-founded the KCFEC — along with Birju Solanki, a biology student and business minor at UMKC — to provide the community with free mobile eye screening exams, as well as ongoing eye care. With the help of the UMKC Entrepreneurial Legal Services Clinic, Dasari and Solanki were able to file the necessary paperwork for the inception of the Clinic.

The KCFEC is now a registered not-for-profit 501c3 offering a wide variety of services from refractory correction and cataract removal to glaucoma treatment and retina therapy. Since its inception, the organization has executed several pilot mobile eye screenings at the office of Milton Grie, M.D., ’84, who helped sponsor the preliminary initiative. During these screenings, patients receive services from licensed ophthalmologists and optometrists in the community, updated prescriptions and free eyeglasses. Many of these patients live with significant vision impairment but delay seeking help due to financial constraints.

Other initiatives of the Clinic include the VisionBridge program that provides free glasses to students in the Kansas City urban school district. “Currently, we are speaking to some secondary school nurses, who are formulating a running list of individuals who did not pass their vision screens,” Dasari said. For the general public, KCFEC offers ReadyFrames, a program that allows individuals to purchase prescription glasses for as little as $10.

Jean Hausheer, M.D., ’81, associate professor and director of the UMKC Ophthalmology Residency Program Eye Foundation of Kansas City and Vision Research Center, met Dasari when he was on his ophthalmology rotation and has since become a mentor to him in efforts to expand the free eye clinic. “When I met him, he had already done a lot of the leg work; he just needed some help to get it going to the next level,” Hausheer said. “Free clinics merit a great deal of thoughtful input.”

Dasari and Hausheer meet regularly to discuss pitfalls, logistics and ways to improve the Clinic. “He has a good head on him,” Hausheer said. “He’s a ‘can do’ kind of guy, and I’m a ‘can do’ kind of girl. I’ve just been doing this 30 years longer.”

Jean Hausheer, M.D., ’81, and Chanukya Dasari, MS 5, co-founder of the Kansas City Free Eye Clinic (KCFEC), examine an aspect of the Eye Handbook, an iPhone application created by UMKC ophthalmology residents and faculty.
KOENIG PHOTOGRAPHY

Jean Hausheer, M.D., ’81, (second row, center), Joins School of Medicine Students and Birju Solanki (third from right, second row) — UMKC biology student and co-founder of the Kansas City Free Eye Clinic (KCFEC) — at Kansas City Convoy of Hope June 12 at Swope Park where they provided free glaucoma and vision screenings to the underserved community with the KCFEC.

Accessories of ophthalmic equipment and supplies necessary to the homeless and poor.

KCFEC recently partnered with UMCK’s Sojourner Health Clinic, a free clinic developed and managed by UMKC medical students, to screen the homeless population for various eye diseases. “Dr. Hausheer has been instrumental in getting this process organized and set up, including recruitment of departmental residents and faculty to volunteer,” Dasari said. “She has been a great source of support.”

At Sojourner, Dasari— a member of the Gold Human Honor Society — has been compiling a list of patients who need prescription strength eyeglasses and a list of those who need diabetic eye exams.

Hausheer and Dasari have been working on the portability of the KCFEC to create a more comprehensive set up for the Clinic, which includes creation of resources for medical students and resident physicians learning ophthalmology. UMKC ophthalmology residents and faculty have created a comprehensive eye care iPhone application, the Eye Handbook, which enables physicians to access everything from reference materials and interactive diagrams to consent forms and exam tools on their Smartphone. The Eye Handbook also has an extensive patient education section, which visually explains various diseases and procedures. To learn more about the Eye Handbook, a free application that has already received 34,000 hits worldwide, visit http://www.eyehandbook.com.

Hausheer has networked with area ophthalmologists in the area to support the Clinic long-term, both medically and surgically. “All of this is very important to our city,” Hausheer said. “I see this as a wonderful project where volunteer ophthalmologists can give back to those in need. We hope to do a monthly venue; we just need to find community activists to get involved, see what we are doing and help.”

Creation of a board of directors for the Clinic is also in progress with help from UMRC School of Medicine faculty. “We’ve gotten a lot of support as far as advisory roles and people wanting to be involved with this,” Dasari said.

Dasari and Solanki’s efforts have not gone unrecognized. At the 2009 Clinton Global Initiative University (CGI U) meeting at the University of Texas at Austin, they received the 2009 Clinton Global Initiative Outstanding Commitment Award with a $10,000 grant sponsored by the Fort Tillman Foundation. Nearly 1,000 students from around the world were invited to come together to make a difference in CGI U’s five focus areas: Education, Energy & Climate Change, Global Health, Peace & Human Rights, and Poverty Alleviation. KCFEC was one of only eight commitments chosen from a pool of several thousand submissions around the globe to be discussed on-stage by former President Bill Clinton.

As he introduced the two students, Clinton said, “One of the things people are most worried about in this economic downturn is that they will no longer be able to afford the co-pays and deductibles for basic care and although there will be more funds in this stimulus bill to promote things like public health clinics, eye care is generally totally left out. This is something they are doing, low cost, high impact that can be replicated in every single community in the United States...”

Clinton established the Clinton Global Initiative (CGI) in 2005 to gather a community of global leaders to formulate and implement solutions to some of the world’s most pressing issues. In 2007, Clinton expanded the CGI with the launch of the CGI U, which assembles students and universities to discuss global challenges and take concrete, measurable steps toward solving them. Before attending the meeting, each student and university must submit a Commitment to Action, “a specific plan of action that addresses a pressing challenge on his or her campus or in the wider global community.”

At the 2010 meeting April 16-18 at the University of Miami that brought together more than 1,100 people for four days of working sessions led by university leaders, student activists, heads of leading non-governmental organizations, topic experts and others who have created positive change in the global community. Dasari’s presentation, Turning Ideas into Action, addressed implementation and problem solving. This skill-building session included 200 people looking to spark positive change. Dasari was also the topic leader for commitments dealing with Access to Health Care, for which he works as an ongoing advisor and project consultant.

“The conference is a great networking opportunity for commitment makers to showcase their ideas for change, in the presence of world leaders and a captivated audience,” Dasari said. “For me, the hour-long talk also served as a recruitment tool, with several participants voicing their desire to start similar eye care initiatives in their localities.”

KCFEC’s immediate goal is to establish a free eye clinic where urgent and ongoing comprehensive eye care are provided. If patients need surgical procedures and cannot afford it, Hausheer and Dasari hope to distribute their cases in triage fashion into the Greater Kansas City community of ophthalmologists. “It will be a wonderful way for us each to provide high quality compassionate care and give back to our community, making it a better place than when we found it,” Hausheer said. As the KCFEC continues to positively impact the Kansas City community, Dasari is planning to introduce similar initiatives to other cities in the U.S. and is currently working with various start-up organizations. “You can’t imagine how big of an impact these clinics can make.”

Aiding in this impact, the Health Care Foundation of Greater Kansas City awarded KCFEC a $50,000 grant in June to support its mobile clinic.

Hausheer, confident this clinic will continue to grow and succeed, said, “I know once we build the model, they will come.”

For additional details regarding the Kansas City Free Eye Clinic’s services and to donate, please visit http://www.KCFEyeClinic.com.

KCFEC EFFORTS AFFECT PROMINENT NEED

The leading causes of vision loss among children are uncorrected refractive errors. If left uncorrected, nearsightedness, farsightedness, astigmatism and presbyopia can impair a person’s ability to see and perform daily activities. The KCFEC will assist in providing necessary eye care treatment. Kids state that their vision is affected and that it interferes with daily activities. Furthermore, the KCFEC can make the eyesight of adults and children possible.

The KCFEC’s immediate goal is to establish a free eye clinic where urgent and ongoing comprehensive eye care are provided. If patients need surgical procedures and cannot afford it, Hausheer and Dasari hope to distribute their cases in triage fashion into the Greater Kansas City community of ophthalmologists. “It will be a wonderful way for us each to provide high quality compassionate care and give back to our community, making it a better place than when we found it,” Hausheer said. As the world’s population is on the rise, so do the number of people affected with eye conditions. Although eye care might not be a high priority when it comes to health, it is necessary for survival and a large percentage is affected. KCFEC aims to make an impact in the lives of the people in the community.

You are invited to join forces with the KCFEC to provide vision care to those who need it most. Your donation will be recognized with a tax deduction, and you will become a vital part of the struggle to reduce the premature number of preventable blindness cases.

The KCFEC is a non-profit organization and is fully dedicated to the cause of providing free eye care to those in need. The KCFEC accepts and processes donations through a tax-exempt 501 (c)(3) organization.

Donations go directly to the KCFEC and will be used to purchase ophthalmic equipment and related supplies needed to provide eye care services. Interested parties can contact the KCFEC at 816-416-7247.

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The UMKC School of Medicine and Truman Medical Center (TMC) Department of Emergency Medicine Hospital Hill are part of a network of hospital emergency departments across the country that are in the midst of a National Institutes of Health-sponsored study of off-patent antibiotics. The five-year study focuses on the use of various antibiotics to manage three specific types of acute skin and soft tissue infections that can be caused by community-acquired Methicillin-Resistant Staphylococcus: abscesses, cellulitis, and infected wounds.

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Mark Steele, M.D., ’80, professor of emergency medicine, associate dean and chief medical officer for TMC, serves as the principal investigator for the TMC site. Steele and the TMC emergency department are part of a network of hospital emergency departments collectively called EMERGEncy ID Net that participates in multicenter studies of infections seen in emergency departments. UCLA Olive View Hospital in Los Angeles serves as the central site for many of the studies including this one.

“With abscesses, from the studies we’ve done before, we know that roughly three-quarters of those patients are going to have MRSA.”

TMC was part of another major study nearly six years ago that explored the prevalence of MRSA in skin and soft tissue infections. TMC was one of the largest enrollers of patients in the study, Steele said. The strong participation in that study led to being included in the current $9-million study, for which UMCK will receive approximately $1.5-million throughout the five-year project that is expected to run through 2012.

“We were chosen in part because we see a relatively large number of patients with soft tissue cutaneous abscesses and there are a fair number of patients with cellulitis and infected wounds that come through as well,” Steele said.

Doctors at the TMC emergency department will see on average of about 5,000 patients a month. Steele said maybe 100 to 150 of these patients present to the emergency room with an abscess, while 10 to 20 will have cellulitis, and about five to 10 will have infected wounds.

Researchers are exploring various antibiotics that are off-patent, meaning their patents have expired, which allows any manufacturer to produce them, to see if the medications or combinations of these medications are more effective against MRSA-related staph infections.

In the case of abscesses, which are commonly populated with MRSA, the primary treatment has been an incision and drainage. The current study is looking at whether adding an antibiotic that is effective against MRSA will aid in the healing process. In battling cellulitis, the antibiotics clindamycin and cephalaxin are known effective treatments. But because researchers are still unclear as to how big a part MRSA plays in cellulitis, they are looking at whether the addition of a medication that also covers MRSA will aid in the recovery.

One of the major issues surrounding infected wounds is just what role MRSA plays. Not only will the current investigation explore what medications are most effective in the healing process, Steele said it will also provide an understanding of to what extent MRSA is prevalent in infected wounds.

“With abscesses, from the studies we’ve done before, we know that roughly three-quarters of those patients are going to have MRSA.”

EMERGENCY ROOMS AT HOSPITALS ACROSS THE COUNTRY HAVE BANDED TOGETHER TO EXPLORE THE BEST METHODS OF TREATMENT FOR INFECTIONS CAUSED BY METHICILLIN-RESISTANT STAPHYLOCOCCUS.
Jazz Night 2010

benefits Sirridge Office of Medical Humanities and Bioethics

MKC School of Medicine alumni, faculty and friends gathered to support the Sirridge Office of Medical Humanities and Bioethics at the annual Jazz Night event on Feb. 27 at the Carriage Club in Kansas City, Mo. The evening featured entertainment by the Bobby Watson Quartet while guests enjoyed dinner, drinks and dancing in this year’s spring anticipation theme. Jennifer Martin, Ph.D., Hall Family Foundation Professor at the UMKC Conservatory of Music and Dance, served as the mistress of ceremonies for the event. Dean Betty M. Drees, M.D., welcomed everyone to the event, including UMKC Chancellor Leo Morton and his wife, Yvette. Amy Patel, MS 5, spoke on behalf of the Medical Humanities Interest Group, for which she is president. Christopher Sirridge, M.D., ’78, son of Marjorie Sirridge, M.D., and the late William Sirridge, M.D., spoke on behalf of the family, thanking those in attendance and who offered and continue to offer their support. Marjorie and William Sirridge founded the Sirridge Office of Medical Humanities and Bioethics in 1992 to teach students the art of medicine, the value of humane and ethical medicine and to strengthen students’ interpersonal skills, which improve doctor-patient relationships.

Jazz Night 2010 raised almost $19,000 for the Office. “Jazz Night was a nostalgic time to bring together students, faculty, alumni and supporters of the Sirridge Office of Medical Humanities and Bioethics to share old times, news of accomplishments, dreams for the future and great Jazz music in the beautiful environment of the Carriage Club,” Marjorie Sirridge said. “I’m sorry Dr. William Sirridge missed this lovely evening. He would have loved it. The Office is richer for it in many ways.”

The support comes from across disciplines and around the community. The money from the annual Jazz Night events directly benefits the Sirridge Office. “Jazz Night 2010 raised almost $19,000 for the Office. ‘Jazz Night was a nostalgic time to bring together students, faculty, alumni and supporters of the Sirridge Office of Medical Humanities and Bioethics to share old times, news of accomplishments, dreams for the future and great Jazz music in the beautiful environment of the Carriage Club,’ Marjorie Sirridge said. ‘I’m sorry Dr. William Sirridge missed this lovely evening. He would have loved it. The Office is richer for it in many ways.’”

The support comes from across disciplines and around the community. The money from the annual Jazz Night events directly benefits the students at the SOM. “We use the monies to enhance the seven courses in medical humanities and bioethics, to employ the best teachers from the College of Arts and Sciences, the Conservatory, and the Department of Theatre, and to arrange field trips to museums and theatres,” said Lynda Payne, Ph.D., R.N., Endowed Sirridge/Missouri Professor of Medical Humanities and Bioethics. “The Sirridge Office looks forward to expanding the curriculum in the near future. We plan to continue to expose medical students to the vibrant cultural offerings of UMKC and the Greater Kansas City area.”

Medical humanities enhances the practice of medicine and promotes patient-physician communication by incorporating the arts, literature, philosophy and ethics into medical education.

Written by Hannah Crippen
Photography by Robert Steckmest
Art Directed & Designed by Suzanne M. Gauch

“No winter lasts forever; no spring skips its turn.”
~Hal Borland
Father’s Day 2010 was one of the most memorable ever for Ray Cattaneo and his wife Jan of St. Louis, parents of Raymond Cattaneo, M.D., a 2003 graduate of the UMKC School of Medicine, Dr. Cattaneo, members of his family, and family friends pooled their resources to establish the Ray and Jan Cattaneo Scholarship Fund and surprised his parents with the news on Father’s Day.

A member of the School’s Alumni Association Board of Directors and a Kansas City area pediatrician, Dr. Cattaneo was among the first to respond to the School’s Power of One Scholarship Campaign, which provides a dollar-for-dollar match for gifts made to establish or enhance existing scholarship funds.

“My parents have had a profound impact on my life and this is the best gift I could ever give them,” Dr. Cattaneo said. “It ensures that my love and appreciation for them is recognized in perpetuity, and it’s the only gift I’ve ever given my parents that made them cry.

“Even though I am still paying on my own educational loans, the opportunity to establish a scholarship with the School’s matching contribution was something that I could not miss out on. The fact that we could pool gifts from family members and pay them over the next two tax years made this very affordable. It’s a great feeling to know that I have helped the School and a future physician – all in honor of my parents.”

The Power of One Scholarship Campaign is designed to bolster the School’s scholarship endowments and to help ease the growing burden of medical education debt. More than 70 percent of last year’s graduates left with debt that averaged more than $150,000. Scholarships can make a real difference in attracting and retaining talented and motivated students.

For more information about the Power of One Scholarship campaign, contact Troy Horine at the School’s Alumni and Development Office at 816-235-5281, or e-mail at horinet@umkc.edu.

The UMKC School of Medicine turns 40 in 2011. The next Panorama will feature highlights from the past 40 years of the School of Medicine.

Planning is under way for special events to celebrate this anniversary. If you would like to contribute to the planning process, please contact Janelle O’Dell at 816-235-6017 or odellje@umkc.edu for more information.

School of Medicine honors ’85 grad with Take Wing Award

Alan C. Braverman, M.D., ’85, who is widely recognized as one of the leading authorities on the connective tissue disorder known as Marfan’s Syndrome, received the UMKC School of Medicine’s prestigious E. Grey Dimond, M.D., Take Wing Award and presented the annual Take Wing Lecture on Thursday, May 27, in Theater A.

Braverman serves as a professor of medicine and chief of the inpatient cardiology service at Washington University School of Medicine in St. Louis. He also directs one of the largest clinics in the world dedicated to Marfan’s Syndrome at Barnes-Jewish Hospital.

Braverman presented the topic “Thoracic Aortic Aneurysm Disease: It’s In the Genes.” He said he became interested in Marfan’s Syndrome and began studying the disease after learning that it ran in his own family.

He explained that Marfan’s Syndrome results from a gene abnormality that is becoming much better understood. It is as common as better known conditions such as Cystic Fibrosis, Sickle Cell Anemia, and types of Muscular Dystrophy, affecting about one in 5,000 people, Braverman said.

Braverman received the 2003 Antoine Marfan Award, the highest medical honor given by the National Marfan Foundation. He has also received numerous other teaching, leadership and best doctor awards and recognitions.

After graduating from the UMKC School of Medicine, Braverman did his internal medicine residency at the Brigham and Women’s Hospital in Boston, where he served as chief resident and completed a cardiology fellowship. He also did clinical and research fellowships in medicine at Harvard Medical School before beginning his medical practice at Washington University.
Haiti suffered unimaginable destruction and devastation after an earthquake in January. UMKC School of Medicine alumni such as Jonathan Bird, M.D., ’83, Rahul Khare, M.D., ’99, and Aman Sabharwal, M.D., ’00, jumped at the chance to serve the Haitian people.

Bird graduated and is board-certified in family medicine. After practicing family medicine until 1986, Bird spent all of 1987 in Kenya. “That really infected me with the mission travel bug,” he said. “I loved it and knew that this was part of what I was meant to do with my career.”

Since then, he has continued to include mission work in his career. He is currently a director of one of Emergency Medical Care’s (EMC) contracts in Perryville, Mo. EMC a St. Louis company that contracts with several emergency rooms in southeast Missouri. After news of Port-au-Prince’s struggle spread, Bird and his wife headed down with some friends and a medical team on Jan. 22 for two weeks. “Even before the quake, it was one of the poorest nations,” he said. “You couldn’t help but be compassionate. I’ve never been to a place that was so fresh after the trauma.”

Bird, his wife and their group brought medical supplies and a water purification system with them. Bird said the most fascinating aspect of his trip was the spirit of the Haitian people. “Every night when we’d go to bed, they would be singing outside,” Bird said. “We heard it all over. They wanted to lift their voices in thanks for another day of life.”

Khare, assistant director of operations at Northwestern Memorial Hospital of Northwestern University in the Department of Emergency Medicine, went to Haiti from Feb. 4 to 18 with the International Medical Corps. He volunteered as an emergency physician in a university in downtown Port-au-Prince.

“It was truly a rewarding experience,” Sabharwal said. “I think the values that UMKC instilled in me about helping underserved areas really shine through when you do these kind of activities.”

During his 10 years in Florida, Sabharwal has worked with hurricane relief in Miami-Dade County, but he said that did not fully prepare him for the turmoil in Haiti. “The number of tragedies and casualties were more than we could ever expected with no infrastructure or supplies.”

Sabharwal said it was a good opportunity to practice medicine at a humanitarian level. “I think the values that UMKC instilled in me about helping underserved areas really comes out when you volunteer to do mission work. Those are worldwide, underserved areas. These values really shine through when you do these kind of activities.”
The UMKC Alumni Association recognized the 2010 Alumni Award recipients at a luncheon in Pierson Auditorium on April 22. Marianna Martin Sockrider, M.D., Dr.PH, ’83, received the honor for the School of Medicine.

An associate professor of pediatrics in the Baylor College of Medicine, Sockrider is also the chief of pulmonary medicine clinics for the Texas Children’s Hospital in Houston. She has won such prestigious teaching awards as a Fulbright and a Jaworski Excellence in Teaching Award, and the Barbara and Corbin J. Robertson Jr. Presidential Award for Excellence in Education.

“I always felt that the School of Medicine valued innovation in education; that reinforced my interest in teaching and commitment to stay in academic medicine,” Sockrider said. “We have a responsibility to assure we have a new generation of doctors for the future.”

Sockrider, who has been named in the Best Women Doctors list of Inside Houston Magazine, serves as the chair of the American Lung Association’s Children’s Lung Health Committee in the San Jacinto Region and has also served on the National Asthma Educator Certification Board.

“I was really drawn to asthma because of the idea of teaching families to become self-managers,” Sockrider said. “Working with chronic disease and helping families learn to control it became a passion for me.”

Marianna M. Sockrider, Dr. P.H., M.D., ’83, receives 2010 UMKC Alumni Achievement Award

Marilyn McGuyre, Frances Nelson retire after many years of outstanding service

The UMKC School of Medicine Alumni Association and the School of Medicine were hosts of a reception in the honor of Marilyn McGuyre and Frances Nelson’s retirements on Jan. 19 at The Sweet Guy in Kansas City. Alumni, faculty and staff celebrated McGuyre and Nelson’s commitment to the School.

Marilyn McGuyre was a part of the SOM from the very beginning, coming to the School in June of 1971, two months before the first class of students arrived. She retired as the School’s Career Counselor, where she helped students through the residency match process. In between, McGuyre played a part in the lives of the nearly 2,800 graduates from the School of Medicine. McGuyre served as the School’s director of student affairs for more than 20 years, from 1985 through 2006. She was also the assistant director for nearly 10 years prior to that. In 1994, the School created the Marilyn McGuyre Tournament, a now-annual bowling event to raise funds for medical student scholarships.

Nelson spent nearly 35 years serving the students and faculty at the School of Medicine. Nelson started at the School of Medicine in January of 1975. She was involved with maintaining the operations of the student affairs office.

“Marilyn and Frances were a dynamic duo who touched the lives of nearly every student who passed through the doors of the UMKC SOM,” said Julie Brown, M.D., ’00, president of the UMKC SOM Alumni Association.

Kenny Davin Fine, M.D., ’86, spreads mission of health, hope, happiness

“Physician-Musician on a Mission,” Kenny Davin Fine, M.D., ’86, has accurately labeled himself according to his passionate lifestyle. Fine performed on April 8 at Diastole Hour, sponsored by the Sirridge Office of Medical Humanities and Bioethics. The founder and director of the non-profit Intestinal Health Institute in Dallas, Fine has been a successful gastroenterologist, lecturer, researcher, teacher and musician. He has published more than 40 scientific articles and medical textbook chapters, and has professionally recorded and released seven music albums (www.kennydavinfine.com).

Fine started playing the guitar after medical school, and it has become an integral part of his career. “I realized early on that happiness is a requirement for perfect health,” Fine said. “The music helps everything I do. It makes me happier and more creative, which also helps my research.”

His interest in nutrition began at age 14 when he started wrestling, which involves intense fitness and weight control. He said he enjoys being in internal medicine. “It’s the thinking man’s specialty,” Fine said. “An internist is like a detective.”

He turned his academic medical career into a specialized clinical reference laboratory for intestinal and overall health. He also travels extensively to lecture and perform music.

“My mission is to inspire health, happiness and hope,” Fine said. “We have to practice what we preach.”

And that he does. He created an animated version of himself, “Dr. Ken The Produce Man,” and released a CD called “Get on a Mission of Nutrition” that helps children learn about health, exercise, nutrition, positive values, and the negative effects of using tobacco, drugs and alcohol through song. The program also includes a DVD, a classroom curriculum for teachers, an interactive website, and community events promoting healthier lifestyles; Fine hosts a summer camp for children whose dietary issues keep them from attending other camps with their friends.

Fine said he is thankful for his training at UMKC and the well-rounded, innovative education he received. “I have so much gratitude for all the teachers, docents, deans, Pharm.D’s and the support staff, like Marilyn McGuyre,” he said. “We always have to remember we have what we have because of where we’ve been.”
alumni updates

N MEMORIAM

Phillip Burgette, M.D., ’83, passed away Dec. 7, 2009, at Sutter General Hospital in Sacramento, Calif. Burgette was a member of the American Medical Association, and a charter member of the Kernitl E. Krantz Society at the University of Kansas Medical Center. He also actively recruited minority students into UMKC School of Medicine. Burgette was a staff member of Sutter Memorial and Mercy General Hospitals, Sacramento, and at Highland Medical and Covenant Medical Centers, Lubbock, Texas. He served as a Major in the United States Air Force at Travis, Mather and McClellan AFBs, and in a MASH Unit during Desert Storm.

please share your news with us!

Maria Gove, M.D., ’01, is a primary care physician in the Post Deployment Clinic at the Dallas VA, mainly taking care of the veterans just returning home from deployments to combat zones in Iraq, Afghanistan and surrounding areas. Previously, she worked in the Post Deployment Clinic at the Tucson VA from December 2007 until she and her husband relocated to Dallas, Texas, in October 2009. The Post Deployment Clinic is a primary care clinic designed to care for returning combat veterans from Iraq, Afghanistan and other countries around the world in Operation Enduring Freedom and Operation Iraqi Freedom.

“My husband deployed to Iraq as part of Operation Iraqi Freedom in 2006,” Gove said. “After my experience of being the wife left behind at home when my husband deployed, I have a particular interest and allegiance to these veterans.” Veterans and their families face specific challenges in the transition of returning home from a war zone and from military to civilian life. “There are also specific medical problems that are unique to this population that interest me,” Gove said. “My goal is to make these transitions as smooth as possible for these veterans and their families and to take care of the medical problems that arise. It is my great honor to serve these veterans who have served to protect our freedom.”

Asma Moheet, M.D., ’04, will join Cedars-Sinai Medical Center in Los Angeles, Calif., as a neurointensivist after completing a Neurocritical Care fellowship at the University of California - San Francisco. She said she and her husband are looking forward to the move.

Linda Johnson, M.D., ’83, has been named president of Southwest Medical Associates, a group she joined when she moved to Las Vegas, Nev., in 2004. “We have almost 300 providers in multiple specialties, seven clinics, five urgent cares, and a free standing outpatient surgery center and hospitalist group,” Johnson said. “We also have a family practice residency clinic in affiliation with Touro Medical School here in Nevada.”

Michael Weaver, M.D., ’77, traveled to Munich, Germany, in March by invitation from the Army to train its doctors, nurses and advocates for a new program in Germany to provide a forensic examination of sexual assault victims by the Army’s doctors themselves instead of sending them elsewhere.

“To provide a satisfactory ‘patient-centered’ approach to a sexual assault victim, the provider must be culturally competent and sensitive,” Weaver said. “I think the most important thing they learned was this is an encounter in which you have to balance the medical, forensic and emotional needs, which will be unique to each patient, and must be respected.

Weaver learned that these soldiers were ready for the challenge. “They are more than willing to provide support and care of a fellow soldier regardless of the circumstances,” he said.

alumni association president’s note

I was honored to attend the 2010 graduation ceremony and witness yet another incredible class of physicians joining the ranks of alumni. It was clear to see the excitement and pride of what they had accomplished, along with the anticipation of what is yet to come in their residencies and future careers. In each of the graduates’ eyes that day, it was also a pleasure to see Dr. Alan Braverman, ’85, honored as the 2010 Take Wing Award recipient. He is an outstanding example of the fulfillment of the vision that Dr. E. Grey Dimond had for all graduates when he founded the School.

Events like these and the memory of my own graduation day renew my dedication to UMKC and the School of Medicine, and it’s my hope that it does the same for you. Some discouraging statistics were shared with me recently regarding the level of alumni giving at our medical school compared to other publicly funded schools in the United States. In 2008, only 9 percent of our graduates participated in giving, and that was well below the national average. With low participation comes a dollar figure that can only be improved upon, and the time to build upon that figure is now with the Power of One Scholarship campaign. Through the Power of One Scholarship campaign, your donation will directly contribute to student scholarships. All Power of One Scholarship funds must be received by June 2011 in order to qualify for the match.

For more information on the Power of One Scholarship campaign, alumni information, to provide feedback, or to share ideas for ways alumni can be more effective, you can visit www.med.umkc.edu/alumni, e-mail me at jebrown1@cmh.edu, or call the office at 816-235-5281.

Wishing all of you an enjoyable summer and fall,

Julie Brown, M.D., ’00
President, UMKC School of Medicine Alumni Association
Aug. 14, 2 p.m.
Year III White Coat Ceremony
White Recital Hall

Aug. 20, 10:30 a.m.
Year I Induction
Pierson Auditorium

Aug. 22
UMKC Convocation
Pierson Auditorium

Sept. 10, noon
Marjorie S. Sirridge, M.D., Annual Outstanding Women in Medicine Lectureship
Speaker: Dr. Vickie Massey
Theatre A

Oct. 1
Application deadline for Sarah Morrison Fellowships

Oct. 1-3
SOM Homecoming and Alumni Reunion Weekend

Oct. 15, noon
William T. Sirridge, M.D., Annual Humanities Lectureship
Speaker: Dr. Faith Fitzgerald
Theatre A

Sept. 7, 7:45 a.m.
Health Policy Series
Speaker: Bill A. Peck, M.D.
Theater A

Oct. 19, 7:45 a.m.
Health Policy Series
Speaker: Richard Deyo, M.D., M.P.H.
Theater A

Sept. 23, 4 p.m.
McNabney Lectureship
Speaker: Karen Cosby, M.D.
Theater C

Dec. 17, TBA
UMKC SOM graduation
Swinney Recreation Center

*2011 marks the 40th Anniversary of the UMKC School of Medicine*

For special event information, please contact Ruth Grimsley at (816) 235-5281.